



ONE WOMAN'S  
JOURNEY  
THROUGH  
POSTPARTUM  
DEPRESSION

# SLEEPLESS DAYS

"Susan Kushner Resnick has written a real page-turner, a fast-paced, terrifying story of one woman's descent into a type of depression little discussed. Little known, but here, finally, illustrated in prose that rings clear and sharp." — Lauren Slater, author of *Lyrics & Hallelujahs*  
*Atlanta Journal-Constitution*, and *Believer in My Country*

SUSAN KUSHNER RESNICK

# Sleepless Days One Womans Journey Through Postpartum Depression

**Michal Rosen-Zvi**



## **Sleepless Days One Womans Journey Through Postpartum Depression:**

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