

The Open Gate

Meditations
from the
High Country

Don Ian Smith



The Open Gate Meditations From The High Country

David Hinton



The Open Gate Meditations From The High Country:

The Open Gate Don Ian Smith,1989 **Meditations with Cows** Shreve Stockton,2022-02-08 An intimate memoir on the work and wonder of ranch life critiquing the inhumane and environmentally destructive factory farm system and offering sustainable alternatives for ethical omnivores Although there are nearly 100 million cattle in the United States these animals are often ignored or dismissed In *Meditations with Cows* Shreve Stockton inspires a more reverential attitude toward these affectionate and intelligent creatures as she shares captivating stories and photos of ranch life At the center of the narrative is Daisy the matriarch of the herd Through the daily ritual of milking Stockton forges a relationship with Daisy that deepens with each passing season When you have a milk cow you are together every day no matter the weather no matter either of your moods The hind leg of this twelve hundred pound animal towers over you as you crouch beside her both of you aware of the fact that one well aimed kick could kill you if she wished Yet you are allowed to rest your cheek and forehead against her warm belly as you milk her trust in you entwined with your trust in her you become family For anyone who loves animals or cares about the environmental impact of their food Stockton explores conservation and the important role of cattle in local ecosystems models the humane treatment of animals and shows how pastured cattle can be our allies in averting climate crisis Blending together narrative science and thoughtful reflection *Meditations with Cows* offers a moving portrait of the rhythms of work life and hardship on the ranch [Open Me the Gates, Meditations of a Convert](#) Barbara Dent,1963

Books in Print ,1991 **Meditations on the Mysteries of Our Holy Faith** Luis de la Puente,1853 **Three Gates to Meditation Practices** Rabbi David A. Cooper,2011-10-06 A spiritual memoir by the author of *God Is a Verb* This book is a treasure map but not like any you have seen before Most people believe that the object of a treasure hunt is to find a chest of gold The mystical approach however is that the search itself is the treasure Here is an invitation to begin an exploration of the treasure fields of your own mind the most exciting and rewarding adventure you will ever take from the Introduction Here is an insider s look at a spectrum of mystical traditions by someone who is remarkably fluent in the language of each Three Gates to Meditation Practice chronicles more than fifteen years in the spiritual journey of post denominational Rabbi David A Cooper and his wife Shoshana years that led the Coopers everywhere from a secluded mountain hut in New Mexico to the Sinai desert from chanting Sufi dhikr and meditation with Buddhist masters to studying Kabbalah and esoteric Judaism in the Old City of Jerusalem The Coopers story is an intimate account of what intensive spiritual practice is like with an ultimate message that is supremely inspiring The spiritual path is completely within our reach whoever we are whatever we do as long as we are willing to try *Dancing in the Dharma* Sandy Boucher,2006-06-01 Ruth Denison was one of the great innovators in the early years of Buddhism in the West In this portrait of her extraordinary life from a youth in Nazi dominated Germany to the center of the counterculture in the sixties and seventies Boucher captures Denison s distinctive voice and the journey of her remarkable spirit *Mountain Home* David Hinton,2014-10-10 The earliest and most extensive literary

engagement with wilderness in human history Mountain Home is vital poetry that feels utterly contemporary China's tradition of rivers and mountains poetry stretches across millennia This is a plain spoken poetry of immediate day to day experience and yet seems most akin to China's grand landscape paintings Although its wisdom is ancient rooted in Taoist and Zen thought the work feels utterly contemporary especially as rendered here in Hinton's rich and accessible translations Mountain Home collects poems from 5th through 13th century China and includes the poets Li Po Po Chu i and Tu Fu The rivers and mountains tradition covers a remarkable range of topics comic domestic scenes social protest travel sage recluses and mountain landscapes shaped into forms of enlightenment And within this range the poems articulate the experience of living as an organic part of the natural world and its processes In an age of global ecological disruption and mass extinction this tradition grows more urgently important every day Mountain Home offers poems that will charm and inform not just readers of poetry but also the large community of readers who are interested in environmental awareness [Subject Guide to Books in Print](#) ,1975 [Divine Blueprints for Meditation](#) Al Carlucci,2021-06-08 Divine Blueprints for Meditation by Al Carlucci [_____](#)

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