

Slow-wave sleep



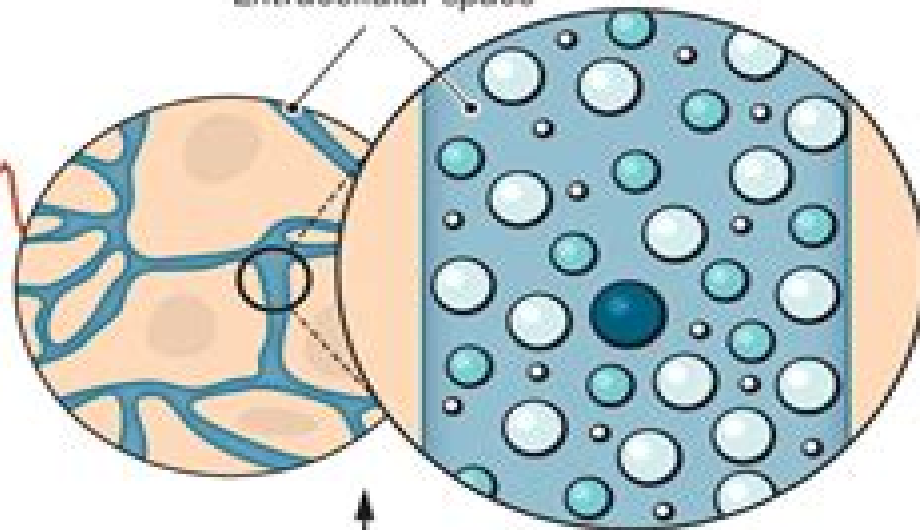
Electrical activity
(EEG)

Decreased
neuromodulator
activity

Neuromodulators
produced by
basal forebrain,
hypothalamus,
and brain stem

Acetylcholine
Hypocretin
Histamine
Serotonin
Noradrenaline

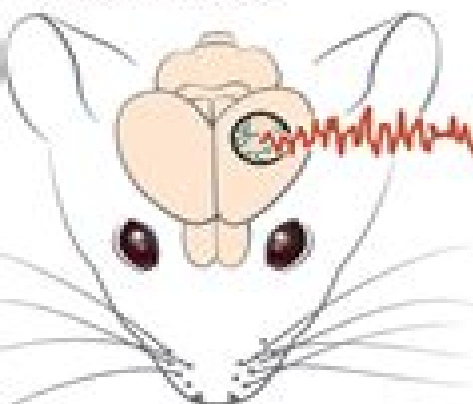
Extracellular space



Sleep-wakefulness
transitions are accompanied
by changes in extracellular
space volume and concentration
of extracellular ions

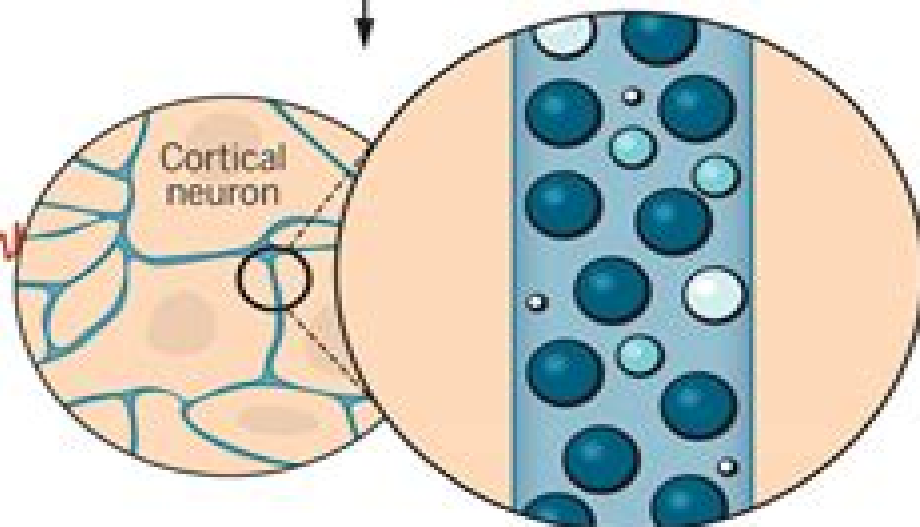
K^+
 Ca^{2+}
 Mg^{2+}
 H^+

Wakefulness



Increased
neuromodulator
activity

Electrical activity
(EEG)



Sleep And Wakefulness

L Manion



Sleep And Wakefulness:

Whispering the Strategies of Language: An Emotional Journey through **Sleep And Wakefulness**

In a digitally-driven world wherever displays reign supreme and instant transmission drowns out the subtleties of language, the profound techniques and emotional nuances hidden within words frequently get unheard. Yet, set within the pages of **Sleep And Wakefulness** a captivating fictional treasure pulsating with organic emotions, lies an exceptional journey waiting to be undertaken. Written by a skilled wordsmith, that wonderful opus encourages viewers on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within the material of every word. Within the mental depths of the emotional evaluation, we shall embark upon a heartfelt exploration of the book's key themes, dissect their captivating publishing type, and yield to the powerful resonance it evokes heavy within the recesses of readers' hearts.

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