

THE OFFICIAL PATIENT'S SOURCEBOOK On

ATHEROSCLEROSIS



A Revised and Updated Directory for the Internet Age

James N. Parker, M.D.
Author/Editor of MR. PARKER'S POKER, Ph.D., EDITORIAL

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The Official Patients Sourcebook On Fibromyalgia A Directory For The Internet Age

Tao Wei



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earlier Making Sense of Fibromyalgia noted medical writer Janice Wallace and Dr Daniel Wallace a leading expert on this disorder provided a comprehensive guide for both patients and professionals to this little known and poorly understood syndrome Now in All About Fibromyalgia the Wallaces provide a thoroughly revised and updated version of that highly successful volume incorporating a wealth of new information This edition provides the current understanding of the disease as well as the latest drug treatments all laid out in clear and accessible language As in the previous volume the authors provide a detailed yet clear explanation of the disease Fibromyalgia they explain is a form of chronic neuromuscular pain a pain amplification syndrome brought on by abnormal interactions between hormones the immune system neurotransmitters and the autonomic nervous system Sometimes the syndrome occurs spontaneously in most cases the authors write it is associated with trauma stress such conditions as lupus and hypothyroidism and over forty microbes from hepatitis to Epstein Barr to Lyme disease Drawing on actual cases to illustrate their points the authors help break through the isolation that patients often feel when doctors misdiagnose or simply ignore their symptoms All About Fibromyalgia addresses a desperate need for information on this disease and offers reassurance to patients and their families Fibromyalgia Dawn A.

Marcus,Atul Deodhar,2010-09-15 Caring for patients with fibromyalgia requires an understanding of the complex nature of this condition Fibromyalgia A Practical Clinical Guide is a state of the art resource designed to clarify the controversy about fibromyalgia and to provide clinicians with the latest information about its pathogenesis and clinical evaluation as well as evidence based guidelines for effective treatment This comprehensive title includes fully referenced practical information on this fast emerging field and provides useful clinical suggestions and practical office tools for effectively managing patients The good news for fibromyalgia patients and their healthcare providers is that a wide range of medication non medication and non traditional therapies have been proven to effectively reduce some of the most problematic and disabling fibromyalgia symptoms Brief case vignettes help describe many of the common presentations concerns and complexities typically seen in fibromyalgia patients Invaluable graphic aids boxes tables and figures are used widely to provide quick reference for the busy clinician seeking information In addition clinic proven assessment and documentation tools for evaluating and monitoring fibromyalgia symptoms and severity are provided along with handouts for patients to provide guidance on pain management techniques including detailed exercise and relaxation technique instructions A unique addition to the literature Fibromyalgia A Practical Clinical Guide is an indispensable reference for all clinicians who care for patients with fibromyalgia

The FibroManual Ginevra Liptan,2016-05-03 The most up to date comprehensive treatment guide to fibromyalgia by a renowned physician who herself has the condition If you suffer from fibromyalgia and are struggling to get help from your doctor you re far from alone Ten million Americans experience the widespread muscle pain profound fatigue and fuzzy brain fibrofog that have long frustrated both patients and doctors In this unique resource Ginevra Liptan M D shares a cutting edge new approach that goes far beyond mainstream medical knowledge to produce dramatic symptom improvement Dr

Liptan's program incorporates clinically proven therapies from both alternative and conventional medicine along with the latest research on experimental options like medical marijuana. Since many health care providers have limited fibromyalgia expertise, The FibroManual includes a thoroughly sourced health care provider guide that enables readers to help their doctors help them. Alleviate fibromyalgia symptoms in four simple steps: Rest, Repair, Rebalance, and Reduce, and you will restore deep, restful sleep, achieve long-lasting pain relief, optimize hormone and energy balance, and reduce fatigue. This accessible and empowering resource provides essential information about understanding and treating fibromyalgia from a physician who, as both patient and provider, understands the illness from the inside. *Fibromyalgia* Daniel J. Wallace, J. B. Wallace, 2003-04-17. Fibromyalgia is a form of chronic neuromuscular pain, a pain amplification syndrome brought on by abnormal interactions between hormones, the immune system, neurotransmitters, and the autonomic nervous system that afflicts six million Americans every year. Often misdiagnosed and widely misunderstood, the majority of patients are turned away from doctors or treated for depression. This guide offers expert advice to sufferers of this painful syndrome and gives them the education they need to get the help they require but rarely get. In their earlier books, *Making Sense of Fibromyalgia* and *All About Fibromyalgia*, noted medical writer Janice Wallace and Dr. Daniel Wallace, a leading expert on this disorder, provided comprehensive guides for both patients and professionals to this little-known and poorly understood syndrome. Now in *Fibromyalgia*, the Wallaces provide an inviting and succinct version of the syndrome they have studied, laid out in clear and accessible language. The authors provide a clear, concise explanation of the syndrome and its symptoms and also outline the recent advances in treatments. *Fibromyalgia* addresses a desperate need for concise, accessible information on this syndrome and offers reassurance to patients and their families. *Fibromyalgia* Daniel Jeffrey Wallace, Janice Brock Wallace, 2023.

The Patient's Guide to Fibromyalgia Matthew Dovie, 2023-06-22. A comprehensive review of the history, current theories, current medication treatment options, and lifestyle modifications to diagnosis and treatment of patients suffering from fibromyalgia. This book provides real-world, actionable advice to inspire, educate, and entertain. Join and become a fibro painwarrior.

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