

SOLID GOLD *5 Day Workout*

Starring the SOLID GOLD DANCERS
from the hit television series.



PARAMOUNT VIDEO PRESENTS "SOLID GOLD 5 DAY WORKOUT"
Executive Producer BRAD LACHMAN • Directed by LOUIS J. HORVITZ
Written by BRAD LACHMAN • Choreographed by KEVIN CARLISLE
Exercise Program Designed by SALLY LINDEN
Art Director RENE LAGLER
SOLID GOLD DANCERS
DARCEL • KAHEA • GAYLE • CHELSEA • TONY
COOLEY • DEBORAH • PAMELA

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Solid Gold Five Day Workout

Joy Masoff



Solid Gold Five Day Workout:

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