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DELECTABLE DIETETIC DISHES FOR SUGAR-RESTRICTED DIETS

# SUGARLESS COOKERY FOR THE GOURMET

HUNDREDS OF SUGAR-FREE RECIPES . . . FROM BREAKFAST TO BEDTIME SNACK, FROM APPETIZER TO DESSERT

## ELSIE MAYE PECKHAM, R.N.

FOREWORD BY JAMES R. HILL, M.D., PRESIDENT INTERNATIONAL ACADEMY OF METABOLOGY, INC.

**Bob Kenneth** 

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