

Tempeh, Tofu, & Chili Sauce

(Sambal Goreng Krechek Tempeh) SERVES 6 TO 10

A close relative of Oseng-Oseng Tempeh (but without the soy sauce), this recipe takes its name from krechek, dried cow's skin, which, when fried, becomes crisp like cracklings. A small amount (50 grams) of fried krechek is traditionally added after the tofu and simmered for 5 minutes. We omit it in this recipe (with little or loss of flavor) since this book uses no meat.

- ¼ cup oil
- 5 shallots
- 2 laos roots, each 3 inches long
- 2 cloves of garlic
- 5 red chilies
- 4 whole salam leaves
- ½ cup fresh peté beans, slivered lengthwise (or substitute fresh green soybeans or baby limas)
- 3 cups coconut milk, made from 3 cups each freshly grated coconut and water (page 42)
- 7½ ounces (210 grams) tempeh (regular or overripe), cut into ½-inch cubes
- 1½ teaspoons dark-brown or palm sugar
- 1 to 2 teaspoons salt
- 1½ cups tofu (½-inch cubes)

Heat a wok or skillet and coat with the oil. Add the next three ingredients and sauté for 1 minute. Add chilies and salam leaves and sauté for 3 minutes. Add the next five ingredients and one-half the tofu, and simmer for 2 minutes. Add rest of tofu and simmer for 2 minutes more. (Plenty of liquid should be left.) Remove salam leaves. Serve over rice.

Deep-Fried Onions (Onchor)

- 1 clove of garlic
- 1 teaspoon oil
- ¼ to ½ teaspoon salt
- ¼ cup water
- 1 cup (coconut milk)
- 8 to 10 slices
- 3 by ¼ in

Combine the ingredients and fry until smooth. Fry at 375° F. (190° C) until the onions are deep-fried and golden brown. Serve in a dish, or on a stick.

VARIATION

- *Bandung Grind 2 cups of coconut milk and ¾ cup of water to make a smooth paste. Fry in oil until golden brown. Serve in a dish, or on a stick.

Tempeh Cookbook

Dorothy R. Bates



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