Claus Jessen

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Temperature Regulation in Humans and Other Mammals



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Ecological and Environmental Physiology of Mammals Philip C. Withers, Christine E. Cooper, Shane K. Maloney, Francisco Bozinovic, Ariovaldo P. Cruz Neto, 2016-10-27 Mammals are the so called pinnacle group of vertebrates successfully colonising virtually all terrestrial environments as well as the air bats and sea especially pinnipeds and cetaceans How mammals function and survive in these diverse environments has long fascinated mammologists comparative physiologists and ecologists Ecological and Environmental Physiology of Mammals explores the physiological mechanisms and evolutionary necessities that have made the spectacular adaptation of mammals possible It summarises our current knowledge of the complex and sophisticated physiological approaches that mammals have for survival in a wide variety of ecological and environmental contexts terrestrial aerial and aquatic The authors have a strong comparative and quantitative focus in their broad approach to exploring mammal ecophysiology As with other books in the Ecological and Environmental Physiology Series the emphasis is on the unique physiological characteristics of mammals their adaptations to extreme environments and current experimental techniques and future research directions are also considered This accessible text is suitable for graduate level students and researchers in the fields of mammalian comparative physiology and physiological ecology including specialist courses in mammal ecology It will also be of value and use to the many professional mammologists Temperature Regulation in Laboratory Rodents Christopher J. requiring a concise overview of the topic Gordon,1993-08-27 With the help of extensive data tables and figures this book explains the key facets of rodent thermal physiology including neurological control and gender and intraspecies variations. The book should therefore find use in government academic or industrial laboratories whose researchers are working with rodents **Environmental Ergonomics - The Ergonomics of Human Comfort, Health, and Performance in the Thermal Environment** Yutaka Tochihara, Tadakatsu Ohnaka, 2005-04-02 Environmental Ergonomics addresses the problems of maintaining human comfort activity and health in stressful environments Its subject areas include thermal environments illumination noise and hypo and hyperbaric environments The book concentrates fundamentally on the way the thermal environment has affected human

comfort health and performance from the age of cave dwellings to our age of skyscrapers This book contains only papers selected from the 10th ICEE held in Japan 23 27 September 2002 The ICEE has been held biannually since 1982 and has firmly established itself as the world's most distinguished conference in its field offering the ideal forum for research scientists medical doctors engineers administrators technicians healthcare professionals and students to share their work and ideas Selected papers from the 10th International Conference on Environmental Ergonomics held in Japan 23 27 September 2002 They have been revised and peer reviewed Papers included in this text have been widely recognised as the catalyst for the recent advances witnessed in Environmental Ergonomics in Asia They strike a balance between academia and industries views on environmental ergonomics Add this volume to your copy of the Elsevier Ergonomics Book Series

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Marino, 2008-01-01 Over the last decades our understanding of the relationship between thermoregulation performance and fatigue has changed dramatically New advances in technology and methodology permitted the study of rising and decreasing body temperature on metabolism and provided insights into the role the nervous system plays in determining human performance under thermally stressful situations Further analysis of previous research has been necessary in addition to considering theories derived from complimentary areas of research such as evolutionary biology anthropology and cellular and molecular biology This publication provides different interpretations of recent research for a better understanding of the limitations of thermoregulation In particular it presents evidence for the human s ability to anticipate thermal limits and adjust their performance accordingly so that cellular homeostasis is preserved Further the book is featuring the inclusion of the effect of reduced body temperature on muscular performance and endurance which today is a popular method for providing avenues of reduced thermal strain and recovery from exercise This publication will be an essential read for those working in thermal medicine exercise physiology and human performance in Extreme Environments Hanns-Christian Gunga, 2014-11-26 Human Physiology in Extreme Environments is the one publication that offers how human biology and physiology is affected by extreme environments while highlighting technological innovations that allow us to adapt and regulate environments Covering a broad range of extreme environments including high altitude underwater tropical climates and desert and arctic climates as well as space travel this book will include case studies for practical application Graduate students medical students and researchers will find Human Physiology in Extreme Environments an interesting informative and useful resource for human physiology environmental physiology and medical studies Presents human physiological challenges in Extreme Environments combined in one single resource Provides an excellent source of information regarding paleontological and anthropological aspects Offers practical medical and scientific use of current concepts Human Thermal Comfort Ken Parsons. 2019-11-20 Thermal comfort is a desirable state familiar to all people Providing inspirational indoor and outdoor environments that provide thermal comfort in the context of energy use and climate change is a challenge for the 21st century This book provides an up to date comprehensive coverage of thermal comfort from principles and theory to practical application. 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Piantadosi, 2003-09-11 This fascinating book explains how humans can live in extreme environments from a physiologist's perspective using modern concepts of stress tolerance and adaptation The book examines how individuals cope with life under extremes of immersion heat cold and altitude emphasizing the body s recognition of stress and the brain s role in the responses needed to escape or to adapt It also explores how humanity deals with problems of adaptation first by trial and error then by scientific experimentation and finally through technological innovation **Fundamentals of Sleep and** Circadian Science Chiara Cirelli, 2025 NEW Living Science BIOLOGY for CLASS 9, Medical Physiology Rodney Rhoades, David R. Bell, 2009 Now in its Third Edition this text clearly and concisely presents the physiological principles that are essential to clinical medicine Outstanding pedagogical features include Active Learning Objectives that emphasize problem solving applications of basic principles conceptual diagrams that help students visualize complex processes case studies Clinical Focus boxes and From Bench to Bedside boxes a comprehensive glossary and online USMLE style questions with answers and explanations This edition features a new Immunology and Organ Function chapter and a completely rewritten and reorganized cardiovascular section A companion Website will include the fully searchable text an interactive question bank case studies with practice questions animations of complex processes an image bank and links for further **A-level Biology** W. D. Phillips, T. J. Chilton, 1989 Human Fatique Francesco E. Marino, 2019-03-15 Fatique is a condition spanning the breadth of human functioning in health and disease and is a central concern in sport and exercise Even so we are yet to fully understand its causes One reason for this lack of understanding is that we seldom consider fatigue from an evolutionary perspective as an adaptation that provided reproductive success This ground breaking book outlines the evidence that fatigue is a result of adaptations distinctive to humans It argues that humans developed adaptations which led to enhanced fatigue resistance compared with other mammals and discusses the implications in the context of exercise health and performance Highly illustrated throughout it covers topics such as defining and measuring fatigue the emotional aspect of fatigue how thermoregulation affects the human capacity to resist fatigue and fatigue in disease Human Fatigue is essential reading for all exercise scientists as well as graduate and undergraduate students in the broad field of physiology and exercise physiology Systemic Homeostasis and Poikilostasis in Sleep Pier Luigi Parmeggiani, 2011 This book aims at presenting biologists and clinicians with a compact description of the physiological manifestations of sleep that are significant from the viewpoint of the principle of homeostasis In the jargon of the physiological literature the word homeostasis introduced by W B Cannon 1926 refers to the existence of a constant state of extracellular body fluids with regard to their physical and chemical properties Since normal cell function depends on the constancy of such fluids in multicellular animals there are many regulatory mechanisms under the control of the central nervous system that act to maintain the constancy of the internal environment The experimental study of homeostasis in wakefulness already revealed the nature and complexity of the underlying physiological mechanisms Many of these regulatory mechanisms trigger compensatory changes according to the principle of negative feedback In contrast the control of homeostasis across sleep states is still an issue under debate concerning its physiological persistence and significance. The author's aim is to find the specific mechanistic proofs of the actual consistency or inconsistency of the principle in different states of sleep In this

respect there are several interacting physiological functions that ought to be examined across the sleep states The selection of the most significant experimental data is carried out with a view to present a simple but not simplistic approach to the issue The book brings forth the evidence that the systemic homeostatic regulation of many physiological variables underlying cellular life is not active in a particular state of the ultradian sleep cycle in mammals It also shows the theoretical and functional importance of the principle of homeostasis as a criterion of the systemic characterisation of the integrative control of physiological functions by the central nervous system during sleep in mammals The Minder Brain Joe Herbert, 2007 Ambition genius thought imagination love hate greed and above all consciousness ourselves as alive and as part of our world all this is somehow enabled by the brain The brain is the person and if it goes wrong a person is ruined This book is about part of what the brain does a role of which many of us are hardly aware but one that has ensured the survival of mankind Despite famine drought wars cold infections and hostile environments we survive as a species though not always as individuals All this time our brains have been coping with what fate throws at us a process that some call adaptation How does the brain do it How does it know what s needed How does it enable us to provide that need How much do we depend on our own brains or on those of others This book is different from other books on the brain It deals with the brain s role in survival rather than higher cognitive functions such as language or thought It describes the special part of the brain that keeps you alive that makes you feel hungry when you need energy makes you feel thirsty when you need water drives you to reproduce so that your species survives makes you fearful of things or individuals that might harm you and defends you against adversity **Anatomy and Physiology of Farm Animals** Mr. Rohit Manglik, 2024-04-28 EduGorilla Publication is a trusted name in the education sector committed to empowering learners with high quality study materials and resources Specializing in competitive exams and academic support EduGorilla provides comprehensive and well structured content tailored to meet the needs of students across various streams and levels Minder Brain, The: How Your Brain Keeps You Alive, Protects You From Danger, And Ensures That You Reproduce Joe Herbert, 2007-06-15 Ambition genius thought imagination love hate greed and above all consciousness ourselves as alive and as part of our world all this is somehow enabled by the brain The brain is the person and if it goes wrong a person is ruined This book is about part of what the brain does a role of which many of us are hardly aware but one that has ensured the survival of mankind Despite famine drought wars cold infections and hostile environments we survive as a species though not always as individuals All this time our brains have been coping with what fate throws at us a process that some call adaptation How does the brain do it How does it know what s needed How does it enable us to provide that need How much do we depend on our own brains or on those of others This book is different from other books on the brain It deals with the brain s role in survival rather than higher cognitive functions such as language or thought It describes the special part of the brain that keeps you alive that makes you feel hungry when you need energy makes you feel thirsty when you need water drives you to reproduce so that your species

survives makes you fearful of things or individuals that might harm you and defends you against adversity Clinical Physiology of Sleep Ralph Lydic, Julien F. Biebuyck, 2013-05-27 ROBERT WILLIAM McCARLEY Laboratory of Neuroscience Department of Psychiatry Harvard Medical School Boston and Brockton V A Medical Center Brockton Massachusetts The alternation of waking and sleeping the daily course of the ad vancing and receding tides of consciousness has long been a familiar part of our experience But it is a new idea that autonomic and respiratory phys iology are equally and dramatically altered in a parallel fashion and it is this concept that is summarized and developed here The editors have drawn together thematically related chapters written by researchers with direct experience and a high level of expertise in the areas they address The main theme is the relationship of general physiological alterations during sleep to cellular physiology and to the pathology of sleep What is distinctive and especially appealing about this book on sleep is its emphasis on the autonomic and respiratory systems. This volume is I believe the first to explore these topics systematically and to blend phe nomenological description with possible cellular mechanisms and ties to clinical pathology As such this book should find an important place in the library of workers in the fields of sleep research autonomic and respiratory physiology and related neuroscience disciplines it also belongs in the li brary of clinicians concerned with the disorders of sleep This overview of topics and chapters gives an indication of their cath olicity Respiratory Control Dexter F. Speck, Michael S. Dekin, W. Robert Revelette, Donald A. Frazier,

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