

Telling The Stories Of Life Through Guided Autobiography Groups

Ivor Goodson, Scherto Gill

Telling The Stories Of Life Through Guided Autobiography Groups:

Telling the Stories of Life Through Guided Autobiography Groups James E. Birren, Kathryn N. Cochran, 2001-07-05 Birren has conducted more than twenty five years of autobiography groups where participants recall write and share their life stories He offers how to tips for organizing complementing and understanding oral history works He finds that the exercise is rewarding for adults entering periods of transitions such as the elderly population and encourages the sharing of experiences with others on the same journey Telling the Stories of Life through Guided Autobiography Groups James E. Birren, Kathryn N. Cochran, 2003-05-22 Telling the Stories of Life through Guided Autobiography Groups based on James Birren's 25 years of conducting autobiography groups discusses all the topics an organizer faces while developing a program for adults who want to recall and write down their life histories This book is ideal for adult education programs church groups social workers psychologists gerontologists and others who work with adults who might be interested in exploring recording or sharing their personal histories It helps professionals and trained workshop leaders at community centers senior centers schools and other settings guide group participants in exploring major themes of their lives so that they can organize and write their stories and share them in a group with others on the same journey This exercise is rewarding for adults of any age in a period of transition or with interest in gaining insight from their own stories Personal development and a feeling of connection to other participants and their stories is a natural outcome of this process This book provides background material and detailed lesson plans for those who wish to develop and lead an autobiography group The authors explain the concept of guided autobiography discuss the benefits to the group participants and provide logistical information on how to plan organize and set up a group An appendix provides exercises handouts and suggested adaptations for specific groups The book also explains a systematic method of priming memories including the history of family and of one s life work the role of money health and the body and ideas about death At a time when rapid change has created a widespread yearning to write down and exchange personal accounts sharing life stories can reveal a great deal about how we have come to be the persons we are Telling the Stories of Life through Guided Autobiography Groups shows how to organize record and share life experiences through a proven and effective technique Guiding Autobiography Groups for Older Adults James E. Birren, Donna E. Deutchman, 1991-06 Mary McInerney Clergy Support NOTIFY Working with Older Adults: Group Process and Technique Barbara Haight, Faith Gibson, 2005-03-30 Beginning with an overview of the changing world of aging this book goes on to address practical principles and guidelines for group work Neurogenic Communication Disorders and the Life Participation Approach Audrey L. Holland, Roberta J. Elman, 2020-06-30 The Life Participation Approach to Aphasia LPAA is an evolutionary change in the way practitioners view aphasia intervention By focusing on meeting the needs of individuals affected by aphasia LPAA can produce real meaningful enhancement to the quality of life Neurogenic Communication Disorders and the Life Participation Approach The Social Imperative in Supporting

Individuals and Families breaks down the past present and future of the LPAA movement with contributions from a range of new and experienced practitioners In addition this text provides a roadmap for professionals interested in incorporating person centered intervention for aphasia and other neurogenic communication disorders including primary progressive aphasia dementia and traumatic brain injury Within this book clinicians will find tips tools and guidance for integrating a life participation approach into their practice as well as first hand descriptions of the positive benefits this approach can have for those living with neurogenic communication disorders Critical Advances in Reminiscence Work Jeffrey Dean Webster, MEd, Barbara K. Haight, DrPh, RN, FAAN, 2002-06-27 This book is a mind opener to many important issues of human behavior from the Foreword by James E Birren Reminiscence work continues to develop in exciting and productive ways In this volume Webster and Haight along with multidisciplinary contributors point out ways of improving the quality of life through the processes of reminiscence They present examples of cutting edge treatments in reminiscence work Organized into sections the book sets the stage with a valuable review of the literature and then focuses on conceptual issues developmental sociocultural contexts special populations and clinical applications Topics addressed include reminiscence and development in late life personal identity social discontinuity spiritual reminiscence story telling integrating reminiscence and life review techniques with therapy and reminiscence groups for people with dementia among them Critical Advances in Reminiscence Work will help shape the direction of the field in the future and should be read by every practitioner researcher and senior undergraduate graduate student interested in biographical approaches Health Promotion and Aging David Haber, 2016-03-28 The seventh edition of this classic text champions healthy aging by demonstrating how to prevent or manage disease and make large scale improvements toward health and wellness in the older adult population The text synthesizes state of the art research findings providing convincing evidence that health promotion truly works with practical effective strategies Encompassing important research results that supplant prior recommendations this new edition provides updated best practices and strategies to ensure the active participation of older adults in all aspects of life Completely reorganized for ease of use this textbook features updated demographics and rankings for leading causes of death new blood pressure screening guidelines and data on obesity and diabetes updated exercise regimens older driver statistics and innovations such as the driverless car cautions regarding ineffective brain training programs and more Highly practical the text includes health promoting tools resource lists assessment tools illustrations checklists and tables Additionally the book includes key terms and learning objectives at the start of each chapter along with thought provoking questions and reflection boxes An Instructor's Manual and PowerPoint slides are available to facilitate teaching New to the Seventh Edition Provides updated blood pressure cholesterol Ductal Carcinoma In Situ DCIS and lung cancer screening guidelines Presents updates on exercise regimens ranging from yoga to the tango Expands and updates section on emotional regulation and conflict resolution skills with aging Discusses Boomer Entrepreneurism Provides new policy recommendations

including student loan debt among older adults Expands gerotechnology and smart home innovations Updates on Obamacare and health care delivery recommendations Addresses Buyer Beware regarding brain training programs Expands global aging The SAGE Handbook of Interview Research Jaber F. Gubrium, 2012-02-14 The complete and LGBT aging content handbook on interviewing the Second Edition deals with conceptual and methodological challenges to interviewing in addition to the nuts and bolts of the interview process Gerontological Nursing Kristen Mauk, 2010-10-25 Gerontological Nursing Competencies for Care Second Edition is a comprehensive and student accessible text that offers a holistic and interdisciplinary approach to caring for the elderly The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing Building upon their knowledge in prior medical surgical courses this text gives students the skills and theory needed to provide outstanding care for the growing elderly population It is the first of its kind to have more than 40 contributing authors from many different disciplines Some of the key features include chapter outlines learning objectives discussion questions personal reflection boxes and case studies Pastoral Care in a Korean American Context Angella Son, 2021-01-04 This book provides theoretical background and pastoral strategies for pastors lay leaders and congregation members to foster a restoration of the human dignity imputed by God and the good community God desires It addresses issues in pastoral care and pays particular attention to Korean and Korean American contexts Some of the specific issues addressed include wisdom for common life Chung Yong as a theological and pastoral task tension between Confucianism and feminism care of the abused and abusers in intimate violence ageism and elderly care racism and cultural identity of Korean youth sexual ethics among Korean young adults and depression and addiction among Korean American youth and young adults All of the contributors have a strong background in clinical and or pastoral practices in addition to theoretical Oxford Textbook of Spirituality in Healthcare Mark Cobb, Christina M Puchalski, Bruce Rumbold, 2012-08-09 expertise Spirituality and healthcare is an emerging field of research practice and policy Healthcare organisations and practitioners are therefore challenged to understand and address spirituality to develop their knowledge and implement effective policy This is the first reference text on the subject providing a comprehensive overview of key topics Preparing Your Children for Goodbye Lori A. Hedderman, 2011-02-15 Preparing Your Children For Goodbye is a supportive guidebook for parents who are terminally ill This book is divided into three parts End of life issues to consider How children cope with death A Life Review workbook The book will help you plan for your own end of life care prepare your children for your death and record memories of your life The book includes a Bibliography and a list of Places to Turn To for Help Your most important role as a parent is raising your child All along you are attempting to impart into them your values as well as teach them the skills that they will need to be successful as they grow into adulthood No parent expects to leave a child to journey through life without his or her direct guidance As that day approaches and you begin to accept that you will not have the time that you thought

you would the pressure mounts to prepare your child for the future The process of looking back over your life and thinking about what has mattered most to you is a natural part of facing death There is a formal discipline called Life Review in which people are encouraged to discuss and write down aspects of their past This Life Review workbook is specifically designed for use by parents of children and teenagers It includes questions to help you consider issues relating to your children as well as more general questions that will trigger memories about other parts of your life This Life Review process can be used by anyone who is interested in thinking about their own past even if they do not have children You can use the workbook on your own or with someone else It's a nice activity for two people to do together using a conversational approach An adult child could use the conversational method with an elderly parent It can be an enjoyable way to reminisce about the past and capture memories This type of conversational approach can be helpful as a tool to use with older people who are having memory problems The workbook can be used in hospice settings by hospice volunteers to use with patients who want to reflect on their lives If someone is too sick to take on a major writing project the volunteer can ask questions from the workbook to help the person recall anything that they want to have remembered A volunteer could also work with family members to explain life review ideas and introduce the workbook as something they can use on their own Any parent who wants to record family history can also use this book Perhaps you have a high risk profession in an area such as law enforcement firefighting or serve in the military and are concerned about the future Who hasn t thought What if

Narrative Medicine in Hospice Care Tara Flanagan, 2019-12-13 Narrative medicine an interdisciplinary field that brings together the studies of literature and medicine offers both a way of understanding patient identity and a method for developing a clinician s responsiveness to patients While recognizing the value of narrative medicine in clinical encounters including the ethical aspects of patient discourse Tara Flanagan examines the limits of narrative practices for patients with cognitive and verbal deficits In Narrative Medicine in Hospice Care Identity Practice and Ethics through the Lens of Paul Ricoeur Flanagan contends that the models of selfhood and care found in the work of Ricoeur can offer a framework for clinicians and caregivers regardless of the verbal and cognitive capabilities of a patient at the end of life In particular Ricoeur s concept of patient identity connects with the narrative method of life review in hospice and offers an opportunity to address the religious and spiritual dimensions of the patient experience The Human Quest for Meaning Paul T. P. Wong, 2013-06-19 The first edition of The Human Quest for Meaning was a major publication on the empirical research of meaning in life and its vital role in well being resilience and psychotherapy This new edition continues that quest and seeks to answer the questions what is the meaning of life How do we explain what constitutes meaningful relationships work and living The answers as the eminent scholars and practitioners who contributed to this text find are neither simple nor straightforward While seeking to clarify subjective vs objective meaning in 21 new and 7 revised chapters the authors also address the differences in cultural contexts and identify 8 different sources of meaning as well as at least 6 different stages

in the process of the search for meaning They also address different perspectives including positive psychology self determination integrative narrative and relational perspectives to ensure that readers obtain the most thorough information possible Mental health practitioners will find the numerous meaning centered interventions such as the PURE and ABCDE methods highly useful in their own work with facilitating healing and personal growth in their clients The Human Quest for Meaning represents a bold new vision for the future of meaning oriented research and applications. No one seeking to truly understand the human condition should be without it **Critical perspectives on ageing societies** Miriam Bernard, Thomas Scharf, 2007-05-16 This important book brings together some of the best known international scholars working within a critical gerontology perspective Together they review and update our understanding of how the field has developed over the last twenty five years and through the lens of passionate scholarship provide a challenging assessment of the complex practical and ethical issues facing older people and those who conduct research on ageing in the 21st century The contributions extend the critical gerontological approach conceptually methodologically and practically They offer close and scholarly analysis of policies affecting the lives of older people and provide insights into why research is done in particular ways Special attention is paid to feminist contributions and new approaches to working in partnership with older people age discrimination and ageism the impact of neo liberal policies and the passage of various human rights instruments the re medicalisation of later life the participation of older people in research and justice between generations The editors and contributors offer suggestions for promoting change and an exciting set of visions and perspectives for the renewal and development of critical gerontology in the years ahead Critical Perspectives on Ageing Societies will be a valuable resource for all students academics and practitioners interested in ageing and the life course Writing Your Legacy Richard Campbell, Cheryl Svensson, 2015-04-29 Craft a meaningful life story A written legacy of your life one that encompasses experiences lessons learned failures and triumphs is a gift your family and friends will cherish for years to come Writing this story may seem daunting but it doesn't have to be Writing Your Legacy is a step by step guide to chronicling a life story that reflects your true self Through a series of 35 guided themes as well as supplementary exercises you ll explore milestones relationships career paths and major choices and leave an eloquent record of your life for future generations You ll also learn how to Become the hero of your story Employ vibrant sensory details Discover your unique voice Dig up memories from your childhood and teen years Overcome writer s block address common fears and stay motivated Prepare your story for publication Writing your life story can grant you insight and clarity help you heal past wounds and serve as a treasured account you ll be proud to share Your story deserves to be told Capture the spirit of your life with Writing Your Legacy

Gerontological Nursing Competencies for Care Kristen L. Mauk,2017-04-14 Gerontological Nursing Competencies for Care Fourth Edition focuses on caring for the elderly by employing a holistic and interdisciplinary approach The text follows the framework of the core competencies for baccalaureate nursing education published by the American Association of

Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing This framework is structured to ensure nursing students attain the recommended knowledge to achieve the competencies necessary to provide excellent care to older adults Back cover Gerontological Nursing Kristen L. Mauk, 2013-03-15 Important Notice The digital edition of this book is missing some of the images or content found in the physical edition Gerontological Nursing Competencies for Care Second Edition is a comprehensive and student accessible text that offers a holistic and inter disciplinary approach to caring for the elderly The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing Building upon their knowledge in prior medical surgical courses this text gives students the skills and theory needed to provide outstanding care for the growing elderly population This innovative text is the first of its kind to have over 40 contributing authors from many different disciplines Some of the key features of the text include chapter outlines learning objectives discussion questions personal reflection boxes case studies and more Narrative Pedagogy Ivor Goodson, Scherto Gill, 2011 It is widely recognised that we are living through an age of the narrative Many of the constituent disciplines in the social sciences resonate with this trend by using life history and narrative approaches and methods As we move on from the modernist period which prioritised objectivity into the postmodern regard for subjectivity this resort to narrative is likely to become more apparent and explicit in academic as well as social and commercial discourse One aspect of this narrative form which is commonly overlooked is that of the pedagogic encounter This is the phenomenon which is addressed by all narrative and biographical research Fundamentally reflecting and examining the narrative of our lives in the process of learning this book provides a series of studies and guidelines for what we have termed narrative pedagogy It presents a resource for an exploration of those narrative processes that can lead to meaningful change and development for individuals and groups within a learning environment and in life learning This focus on life history allows us to identify and support routes to learning within the narrative landscape of learners and through these pedagogic encounters **Storving Later Life** Garv Kenyon, Ernst Bohlmeijer, William L. Randall, 2010-12-20 In its brief but vigorous history gerontology has spawned a broadening range of specializations One of the newest of such specializations is narrative gerontology so named for its emphasis on the biographical or inside dimensions of the experience of aging Telling stories about our world our relationships and ourselves is fundamental to how we make meaning Everything from our history to our religion and our memories to our emotions is linked to the tales we tell ourselves and others about where we have come from and where we are going They are central to who we are The biographical side of human life is every bit as critical to fathom as the biological side if we seek a more balanced positive and optimistic perspective on what aging is about if we would honor the dignity and complexity the humanity and uniqueness of the lives of older persons no matter what their health or economic standing In this respect a narrative approach is particularly suited to the exploration of such topics as meaning spirituality

and wisdom and the connections they share This volume reflects a selection of new directions and insights and constitutes a general broadening and deepening of narrative gerontology exploring its implications for theory and research in the field of aging and for the quality of life of older adults themselves Such deepening indicates a greater refinement of thought method and intervention The evolution of narrative gerontology is also evidenced by a significant increase in the number of faculty and graduate students engaged in research in this area as well as by increasing collaboration among researchers practitioners and administrators in applying narrative insights to contexts such as long term care indeed healthcare in general These initiatives have given rise to the phrase narrative care as core care

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