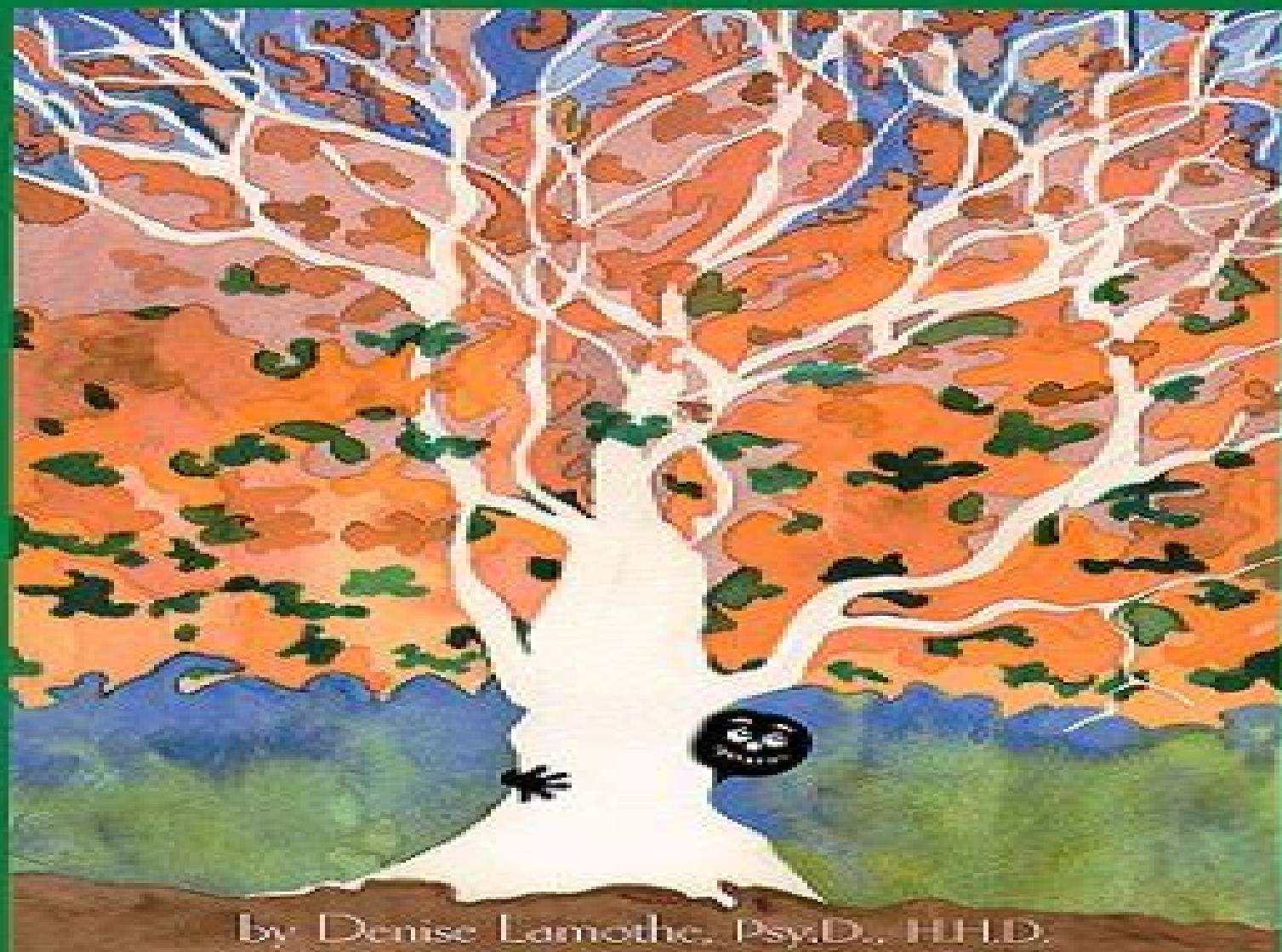


The Taming of the Chew

A Holistic Guide to Stopping Compulsive Eating



by Denise Lamothe, Psy.D., H.H.D.

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