

Spices



VANILLA
It is the only spice original from America.

Used as condiments, spices gave rise since the Middle Age to very important trading activities especially after the discovery of America.

THE SPICE ROUTE

It started during the XIII century, when spices used to be more and more employed in the European kitchen. The rising of the demand propelled a reach trading.



CITIES FROM THE NORTH OF ITALY

With Venice as the strongest, they monopolized the spice trading during the XIII and the XIV centuries.

CONSTANTINOPLE

It was the bridge between the east and the West until 1453, when it was taken under the control of the Ottoman Empire.



97,75%
OF SPICES ARE
PRODUCED IN ASIA.

7 MAIN PRODUCERS

In metric tons (2009)

India	1,029,700
Bangladesh	140,113
Turkey	119,881
China	65,987
Pakistan	52,229
Colombia	19,760

The expedition which brought Columbus to the discovery of America had the proposition to find a route from Moluccas Islands toward the west.

PORTUGUESE ROUTE

In the XV century Portugal started to look for alternatives routes. In 1498 Portugal reached India by sailing around the African continent, establishing thus the basis for a reach maritime empire.



VASCO DA GAMA
The first European reaching India via sea.



ARABIC ROUTE

Arabs dominated the spice trading routes for centuries. The usual route was from South India to Arabia (Dhahran) and from there to Alexandria, Antioch or Constantinople.

MOLUCCAS ISLANDS
Also named Islands of the spices, it was one of the major objectives of the route.



3 THE MOST EXPENSIVE SPICES OF THE ROUTE

PEPPER

Pepper Nigrum
Original from Malabar, it has been used for more than 3000 years. It was considered for long time the most important.

CINNAMON

Cinnamomum zellanicum Nees
It originates from Ceylon (current Sri Lanka). It was utilized to make oils and unguents. It is made from the dried crust of the tree.

CLOVES

Syzygium aromaticum
The trading of this spice was started by China, but the Arabs introduced it to Europe.

GINGER

Zingiber officinale
In ancient times it was used in China and in India. During the middle age it came to Europe and reached the same value of pepper.

SAFFRON

Crocus sativus L.
It is produced from the stigma of the iris flowers. Very much used by Muslim country such as Kashmir, Persia and Asia Minor.

NUTMEG

Myristica fragrans
It originates from the Moluccas Islands. The Muslims and the Byzantines used it as deodorant and in Europe it added to beer.

Spice Route

River Stone, AI



Spice Route:

Spice Route War StoryBuddiesPlay,2024-05-15 A Queen's Quest for Peace Unraveling the Spice Route War in The Whispering Wind In a world fueled by exotic spices a young queen named Aaloka navigates a treacherous landscape of conflict in The Whispering Wind When whispers of a ruthless warlord the Iron Khan disrupt the delicate balance of the spice trade Aaloka embarks on a daring quest for peace Face the Threat of the Iron Khan As the Iron Khan disrupts trade routes with his growing desert empire Aaloka must unravel his motives Is he a bloodthirsty conqueror or a leader driven by a desperate need to secure his people's future Unveil the Secrets of the Spice Trade Delve into the vibrant world of Pazhai a kingdom built on the prosperity of the spice trade Aaloka must navigate a court filled with intrigue and forge alliances with powerful merchants to maintain this vital flow of wealth From Battlefield Maneuvers to Diplomatic Dances Witness Aaloka's strategic brilliance as she employs a multi-pronged approach From daring naval raids on the Whispering Wind to grand diplomatic gatherings in the bustling marketplace she fights for a solution beyond bloodshed Unmask the Man Behind the War Machine Embark on a covert mission with Vel a seasoned sailor who ventures into the heart of the Iron Khan's territory Uncover the harsh realities driving the warlord's ambitions and seek a path towards a peaceful coexistence A Queen's Gamble for Prosperity As Aaloka uncovers the legend of a hidden oasis brimming with spices a daring proposal emerges Can this newfound resource offer the Iron Khan the stability he craves and usher in an era of collaboration for all nations The Whispering Wind is a captivating tale of leadership diplomacy and the fight for a prosperous future It explores themes of cultural exchange the power of trade and the courage it takes to break the cycle of conflict

Berenike and the Ancient Maritime Spice Route Steven E. Sidebotham,2019-05-07 The legendary overland silk road was not the only way to reach Asia for ancient travelers from the Mediterranean During the Roman Empire's heyday equally important maritime routes reached from the Egyptian Red Sea across the Indian Ocean The ancient city of Berenike located approximately 500 miles south of today's Suez Canal was a significant port among these conduits In this book Steven E Sidebotham the archaeologist who excavated Berenike uncovers the role the city played in the regional local and global economies during the eight centuries of its existence Sidebotham analyzes many of the artifacts botanical and faunal remains and hundreds of the texts he and his team found in excavations providing a profoundly intimate glimpse of the people who lived worked and died in this emporium between the classical Mediterranean world and Asia

Mauritius on the Spice Route, 1598-1810 Denis Piat,2010 This is the engrossing story of Mauritius the exotic Indian Ocean island port of call at the heart of the fabled Spice Route Although first discovered and visited by the Arabs and the Portuguese and subsequently colonised by the Dutch the French and the English it is the French influence that is most keenly felt in Mauritius today thanks to France's nearly century long rule over Mauritius from 1715 to 1810 Combining rich historical detail rare archival documents antique lithographs paintings and portraits and fascinating stories of well known figures of the period like the founder of the colony Governor

Mah de La Bourdonnais the explorer and botanist Pierre Poivre and the celebrated explorer Jean Fran ois de Lap rouse
Mauritius on the Spice Route is an invitation to step back in time and discover the fascinating history of this exotic paradise

The Spice Route John Keay,2006 The Spice Route is one of history s greatest anomalies shrouded in mystery it existed long before anyone knew of its extent or configuration Spices came from lands unseen possibly uninhabitable and almost by definition unattainable that was what made them so desirable Yet more livelihoods depended on this pungent traffic more nations participated in it more wars were fought for it and more discoveries resulted from it than from any other global exchange Epic in scope marvelously detailed laced with drama The Spice Route spans three millennia and circles the world to chronicle the history of the spice trade With the aid of ancient geographies travelers accounts mariners handbooks and ships logs John Keay tells of ancient Egyptians who pioneered maritime trade to fetch the incense of Arabia Graeco Roman navigators who found their way to India for pepper and ginger Columbus who sailed west for spices de Gama who sailed east for them and Magellan who sailed across the Pacific on the exact same quest A veritable spice race evolved as the west vied for control of the spice producing islands stripping them of their innocence and the spice trade of its mystique This enthralling saga progressing from the voyages of the ancients to the blue water trade that came to prevail by the seventeenth century transports us from the dawn of history to the ends of the earth *The complete city trip guide for Arad (Israel)* YouGuide Ltd, *Spice Grinding Days* River Stone,AI,2025-02-27 Spice Grinding Days explores the rich history and cultural significance of hand ground spices tracing their journey from cultivation to culinary use It argues that the transition to commercially processed spices represents a loss of both cultural heritage and sensory experience Did you know that hand grinding was once a deeply embedded social ritual Or that many believe it unlocks essential oils and aromas more effectively than industrial methods The book investigates the evolution of spice preparation techniques the unique tools used and the cultural impact on traditional meals The book uniquely blends historical analysis with culinary exploration presenting a multi faceted understanding of spice preparation Examining regions such as India Morocco and the Caribbean the book details iconic spice blends like garam masala ras el hanout and jerk seasoning Beginning with spice cultivation and trade routes the book progresses to specific regional spice blends concluding with practical guidance on sourcing quality spices and incorporating hand grinding techniques into modern cooking Exploring the sensory differences between hand ground and commercially processed spices Spice Grinding Days provides a valuable resource for food enthusiasts culinary students and anyone interested in the history of food Drawing from historical cookbooks trade documents and interviews it aims to foster a deeper appreciation for traditional spice preparation methods and their role in shaping our culinary landscape **Current Issues in Tourism, Gastronomy, and Tourist Destination Research** Hera Oktadiana,Myrza Rahmanita,Rina Suprina,Pan Junyang,2022-05-25 The book focuses on contemporary research on tourism gastronomy and tourist destinations presented at the 3rd Tourism Gastronomy and Destination International Conference TGDIC 2021 It serves as a platform for knowledge

and experience sharing and invites tourism scholars practitioners decision makers and stakeholders from all parts of society and from various regions of the world to share their knowledge experience concepts examples of good practice and critical analysis with their international peers The research papers presented at the conference were organized into three main categories tourism gastronomy and tourist destinations written by authors from various countries such as Indonesia China India Switzerland UK Portugal and Hungary

The Silk and Spice Routes Paul Strathern,1994 From the Mediterranean to the China Sea the Silk Routes stretched for almost 5 000 miles through the heart of Asia They crossed some of the most dangerous and spectacular terrain on Earth including the Pamir Mountains called The Roof of the World the Hindu Kush and the notorious Taklamakan desert whose shifting sands have been known to swallow up great cities For the past two thousand years people have been tempted to travel these routes They looked for trade or treasure or just to satisfy their curiosity This book tells of the adventures these travelers had what they found and the contacts they made exploring the Silk Routes Book jacket

A Land of Spices and Storms Pasquale De Marco,2025-07-07 In A Land of Spices and Storms renowned culinary explorer Maya Devi takes you on a tantalizing journey through the diverse regions of India where each chapter unfolds a new chapter in the story of Indian cuisine From the bustling markets of Kerala where the air is perfumed with the heady scent of cardamom and pepper to the hidden gems of Coorg where coffee plantations thrive amidst lush greenery Maya Devi uncovers the secrets of India's rich culinary heritage Delve into the culinary secrets of Hyderabad where the Nizams once ruled and their legacy lives on in the flavors of Hyderabadi cuisine Discover the sacred city of Varanasi with its ancient temples and serene ghats where the Ganges River nourishes the land and the soul Journey to the vibrant metropolis of Mumbai with its Bollywood dreams and street food delights where the flavors of India come alive in a symphony of tastes and textures From the fiery chilies of Andhra Pradesh to the delicate sweetness of Kashmiri saffron the spices of India reflect its rich history culture and traditions A Land of Spices and Storms is more than just a cookbook it is an invitation to explore the heart of India through its cuisine Maya Devi's evocative storytelling and stunning photography capture the essence of each region bringing the flavors aromas and stories of India to life Whether you are a seasoned traveler a food enthusiast or simply someone who loves to explore new cultures through their taste buds A Land of Spices and Storms will take you on an unforgettable culinary adventure that will leave you craving more If you like this book write a review on google books

Promoting Creative Tourism: Current Issues in Tourism Research Ahmad Hudaiby Galih Kusumah,Cep Ubad Abdullah,Dewi Turgarini,Mamat Ruhimat,Oce Ridwanudin,Yeni Yuniawati,2021-04-23 The papers presented in this work cover themes such as sustainable tourism ICT and tourism marine tourism tourism and education tourism economics and finance tourism marketing recreation and sport tourism halal culture and indigenous tourism destination management tourism gastronomy politic social and humanities in tourism heritage tourism medical film induced tourism community based tourism tourism planning and policy meeting incentive convention and exhibition supply chain management hospitality

management restaurant management and operation safety and crisis management corporate social responsibility CSR tourism geography disruptive innovation in tourism infrastructure and transportation in tourism development urban and rural tourism planning and development community resilience and social capital in tourism The 4th ISOT 2020 aimed at 1 bringing together scientists researchers practitioners professionals and students in a scientific forum and 2 having discussions on theoretical and practical knowledge about current issues in tourism The keynote speakers contributing to this conference are those with expertise in tourism either in an academic or industrial context

Herbs and Spices Eva Ivanišová, 2023-03-29 Phytotherapy is attracting increased interest for several reasons It differs from medical procedures in that it uses the whole herb although there is often only one component of the plant that works effectively to manage the problem Plants contain many natural chemicals or phytochemicals that interact with the active ingredient and help prevent any side effects Medicinal herbs and spices are investigated for their suitability in daily diets for maintaining general wellness or preventing disease In the past decade natural health products dietary supplements foods with added value or nutraceuticals have emerged due to the increasing demand for non pharmaceutical healthcare products Medical herbs and spices are potential sources for developing new effective and safe ingredients to capture a rapidly expanding opportunity in global marketplaces This book presents up to date information on the chemical pharmacological and nutritional uses of medicinal herbs and spices in folk medicine pharmaceuticals the food industry veterinary practice and gastronomy

Indian Spice Traditions Clive Whitmore, AI, 2025-02-20 Indian Spice Traditions explores the rich history and multifaceted role of Indian spices revealing them as more than just flavor enhancers The book intricately connects these spices to Indian cuisine traditional medicine and cultural heritage Delving into the origins of spices like turmeric ginger cumin and cardamom the narrative traces their journey from cultivation to their integral role in Ayurvedic medicine By understanding the spice trade's historical and economic impact readers gain a deeper appreciation for their significance in contemporary Indian society The book unveils the sophisticated system of knowledge surrounding spices meticulously developed over generations It presents a balanced perspective examining their culinary applications across regional cuisines and their uses in treating ailments For instance the book highlights how specific spice combinations aren't arbitrary but rooted in medicinal traditions Modern scientific research is also considered validating some traditional uses while acknowledging ongoing debates Structured as both a historical and practical journey Indian Spice Traditions first introduces core spices and their properties then explores their culinary uses across India's diverse regions Finally it analyzes their role in traditional medicine and considers modern scientific validation This approach provides readers with a holistic understanding appealing to culinary enthusiasts healthcare professionals and anyone interested in the cultural and health benefits of Indian spices

Cultural Dimensions of India's Look-Act East Policy Sarita Dash, 2023-09-09 Tracing the cultural interactions between South and Southeast Asia since prehistoric times the book critically scrutinizes the current cultural diplomacy initiatives of India's Look Act East

Policy Reminding the need to look at culture as a two way process and the need to re define the understanding of culture in its Space Age setting the author emphasizes on India realising its unique multicultural potentiality to broaden the outlook and parameters of cultural diplomacy to suit the unfolding World Order in the region The nature and composition of the demography of Southeast Asia and its Indian diaspora calls for a balanced approach in covering the land and maritime sectors the book further observes Adopting a peoples centric approach the author argues for cultural interactions to go beyond the union government and its agencies and advocates for the role of state governments non governmental actors and other community initiatives as well

Bo-Kaap Michael Hutchinson,2006 The Bo Kaap contains a wealth of stories of slavery and emancipation far away exotic lands food and spices music and culture and most of all everyday life

Spices of Desire Pasquale De Marco,2025-05-22 In Spices of Desire we take a culinary journey around the world exploring the origins history and uses of spices From the pungent aroma of cumin to the warmth of cinnamon spices have the power to transform a simple meal into a culinary masterpiece But spices are more than just a culinary delight they are also a window into the world s cultures and traditions We will meet the spice merchants who risked their lives to bring these precious commodities to our tables and we will visit the spice islands where they are grown We will also learn about the different ways that spices are used in cooking medicine and other applications Spices have been used for centuries to add flavor and complexity to dishes From the spice filled markets of the Middle East to the spice laden dishes of India spices have inspired artists writers and musicians for centuries This book is a celebration of spices their history and their role in our lives Whether you are a seasoned chef or a home cook a history buff or a traveler this book has something for everyone So sit back relax and let the spices take you on a journey around the world In Spices of Desire you will discover The history of spices from their origins to their role in trade exploration and warfare The different types of spices their flavors and their uses in cooking The medicinal properties of spices and their use in traditional medicine The cultural significance of spices from their role in religious rituals to their use in art and literature How to use spices to create delicious and flavorful dishes Whether you are a seasoned chef or a home cook Spices of Desire is the perfect book for anyone who wants to learn more about the world of spices If you like this book write a review on google books

Cultures and Civilizations Struan Reid,1994 The history of humankind its cultures and civilizations is inextricably linked with the development of trade Cities grew up around the markets it took place in and empires were built on the wealth it created Across Asia the paths of the Silk and Spice Routes brought together the many different peoples of these empires and cites When meeting to trade they not only exchanged precious goods but also the ideas and beliefs that shaped each of their cultures ideas expressed in their lifestyles their arts and even in the goods they had to sell By these means cultures slowly changed amalgated and developed Splendidly illustrated with dozens of historic visuals Cultures and Civilizations explores the interrelations of trade and cultures as they developed along the Silk and Spice Routes

Spice Up Your Life: Cooking Tips And Tricks For Bold Flavors Marlin Stout,2025-04-01 Imagine a world

where your kitchen transforms into a culinary playground where ordinary meals become extraordinary feasts You re not just cooking you re creating crafting bold flavors that tantalize your senses and leave you craving for more This is the promise of *Spice Up Your Life Cooking Tips And Tricks for Bold Flavors* a guide designed to unlock the secrets of exciting and adventurous cuisine This book goes beyond basic recipes delving into the art of flavor You ll discover how to use spices to create unique taste profiles learn techniques to elevate even the simplest ingredients and master the art of balancing bold flavors with subtle nuances Whether you re a seasoned chef or a kitchen novice *Spice Up Your Life* offers a wealth of practical knowledge easy to follow instructions and inspiring ideas to ignite your culinary passion Unlock the power of your pantry and awaken your inner gourmand *Spice Up Your Life* empowers you to explore new cuisines experiment with bold flavors and transform your everyday meals into culinary adventures With this book as your guide you ll gain confidence in the kitchen discover a world of flavor possibilities and create dishes that will impress your family and friends

Spices and Tourism Lee Jolliffe,2014-06-23 This is the first book to explore the relationship between tourism and spices It examines the various layers of connection between spices and tourism in the context of destinations attractions and cuisines This volume will be useful for researchers and students in cultural tourism culinary tourism anthropology of food and food history

Everything is on the Move Stephan Conermann,2014-08-13 In this volume we try to understand the Mamluk Empire not as a confined space but as a region where several nodes of different networks existed side by side and at the same time In our opinion these networks constitute to a great extent the core of the so called Mamluk society they form the basis of the social order Following in part concepts refined in the New Area Studies recent reflections about the phenomenon of the Empire State trajectories in today s Global History and the spatial turn in modern historiography we intend to identify a number of physical and cognitive networks with one or more nodes in Mamluk controlled territories In addition to this one of the most important analytical questions would be to define the role of these networks in Mamluk society

Proceedings of the International Conference of Innovation in Media and Visual Design (IMDES 2023) Yusup Sigit

Martyastiadi,Lalitya Talitha Pinasthika,Aditya Satyagraha,2023-12-03 This is an open access book The existence of digital virtuality in the midst of an information society has become an integral component of the human existential condition New spaces for exploring the engagement of design and its impact on humans in digital virtuality continue to grow exponentially Innovation in Media and Visual Design IMDES 2023 welcomes thoughts and works of academics researchers and practitioners related to virtuality design technology mass media and people from various perspectives disciplines and fields of knowledge

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