

EXPLORE OR SCAN PROBLEMS

Client lists problems they want to deal with
Describe > specify > name each problem
Don't jump to solutions
Avoid 'why' questions
Are the listed problems suitable?

Should you freeze these problems to make them actionable?



PRIORITIZE GOALS AND PROBLEMS

Choose up to three problems
Balance the important against the urgent
What is the main priority and why?
Be clear about your client's motivation
Be clear about agency requirements.
Extract and agree goals for each problem



MAKE AN AGREEMENT

Agree to take on up to three priority problems
Define each problem and its goals
Identify tasks to achieve the outcomes
State or write the agreement



GOALS SHOULD BE:

S
M
A
R
T

Specific
Measurable
Attainable
Relevant
Time-bound

DECIDE AND PLAN TASKS

Identify tasks
Build motivation
Work out details and skills needed
Devise a programme
Identify and remove obstacles



TASKS SHOULD BE:

motivating
feasible
desirable
problem-focused

MIDDLE PHASE CYCLE

Timetable for task completion
Client and worker both involved in tasks



DEFINING TASKS:

What to do?
Who will do it?
How?
New skills needed?
Why it will help?

ENDING PHASE REVIEW

Repeat for each problem.



How did it go?
How did it feel?
What did you learn?
What did you achieve?

Task Centred

William James Reid, Laura Epstein



Task Centred:

The Task-centred Book Peter Marsh, Mark Doel, 2005 Peter Marsh and Mark Doel's new book is a radical departure from traditional literature on social work methods. The main reference point is the voice of practitioners, service users and carers as researched and developed by the authors over twenty years. *Handbook for Practice Learning in Social Work and Social Care* Joyce Lishman, 2007-05-15 This substantially revised, expanded and updated edition of the popular Handbook of Theory for Practice Teachers is a comprehensive summary of the theory, knowledge, research and evidence relating to practice learning in social care, focussing on knowledge-based practice with a focus on improving outcomes.

Task-Centred Social Work Mark Doel, Peter Marsh, 2017-03-02 Task-centred practice is a forward-thinking goal-orientated approach to social work. It is a practice-based approach built on research which reflects the new mood being developed in the social work field and it has now been successfully used in a wide variety of settings and circumstances. The theme of Task-Centred Social Work is partnership, exploring the principles on which task-centred practice is based while offering clear and practical guidance for work with people who seek help with social problems or with those who are involuntary clients. The book describes in detail the sequence of work to help clients move from present problems to future goals. This is illustrated by a case study which runs through the chapters and uses an imaginative recording style. Checklists and bibliographies are also used to aid understanding. The authors respond to the model's critics and explore both the scope and the limitations of the task-centred practice. Social professionals, whether working in practice or in training settings, will find this book an invaluable aid to the development of successful social practice work. **Working with People with**

Learning Disabilities David Thomas, Honor Woods, 2003 The authors bring together the relevant theory for social workers, nurses, teachers and others working with people with learning disabilities. Using jargon-free explanations and case examples, they present the information needed to inform good practice. Essential Theory for Social Work Practice Chris Beckett, 2006-04-06 I can say without equivocation this text is without doubt the best book about social work I have read. Chris Beckett explores the purpose, values, activities and theories of social work in an ever-changing social context that is clearly identified and examined. Stephanie Petrie, University of Liverpool. Every day social workers face decisions that will significantly impact others' lives and it is essential that these practical assessments are supported by a sound understanding of social work theory. In this innovative and highly accessible textbook, Chris Beckett explains how an understanding of these theoretical issues can improve the knowledge and skills base of professional practice. *Essential Theory for Social Work Practice* is an engaging and readable text with a distinctively realistic and honest approach to the realities of everyday practice. Framed in a comprehensive and logical structure, Part 1 establishes what social workers do and the tools they need. Part 2 considers how to assess, handle and support change in others. Part 3 explores the wide range of roles that social workers must fulfil. Part 4 strengthens these links between theory and practice. Exercises, case examples, chapter summaries

and practice notes are used to great effect in each chapter enabling students to apply theory to practice as they progress through the book The book is an invaluable core text for all undergraduate social work students and offers excellent support for practitioners in their every day practice

Task-centered Practice William James Reid, Laura Epstein, 1977 Based on the papers of the Conference on applications of task centered treatment held at the University of Chicago 1975

Critical Practice in Social Work Robert Adams, Lena Dominelli, Malcolm Payne, 2009-04-16 What do social workers need to know in order to practise skilfully and effectively Edited by three Social Work's leading scholars the second edition of this highly respected textbook helps bridge the gap between social work theory and the challenges of day to day practice Versatile and thoughtful the book's simultaneous accessibility and depth make it essential reading suited for both social work students at undergraduate and post qualifying level Practitioners too will learn and benefit from the insights collected together in this valuable addition to their bookshelf

An Introduction to Applying Social Work Theories and Methods 3e Barbra Teater, 2019-12-02 The text is a comprehensive guide to the most commonly used theories and methods in social work practice The introductory chapter covers the similarities and differences between a theory and a method as well as psychosocial theories and concepts Each subsequent chapter then explores in detail how to implement theories and methods their strengths and limitations alongside case examples critical thinking questions and suggested further resources Key features Illustrative case studies Exercises Case examples Critical thinking questions Further readings resources Revised content including the addition of genograms and ecomaps This is a practical and essential guide for all social work students practitioners and practice educators who are working with students in field placements The book is an updated third edition to a successful and established series The clarity with which Teater describes complex concepts for social workers is refreshing This book will help promote understanding and best practice whilst being firmly grounded in key theories It is a must have for all social workers wherever they practise Dr Jonathan Parker Professor of Society Social Welfare Bournemouth University UK This latest edition of Theories and Methods is as solid as its predecessors academically with a clear and easy to follow structure that makes it accessible in a way many such books are not I have used previous editions in many situations settings and levels and endorse this latest as a must have for anyone involved with social work Explanation is clear and the use of tables diagrams and cases bring the theory alive and enable users to realistically transfer theory to practice The use of exercise and questions provide a springboard to deeper learning as do the handy references and pointers to further reading at the end of each chapter Inclusion of sections such as the cultural and ethical considerations lend themselves to self analysis exploration and ultimately self development A dream of a book to work with as an academic tutor practice educator and trainer as well as student Michele Winter Independent Social Worker Teacher Trainer Social Care Training I can wholeheartedly recommend this revised and updated edition of Barbra Teater's highly successful book It remains essential reading for practitioners undergraduate and postgraduate students of social work The book provides a

compelling and easily accessible analysis of key theories and methods It challenges both students and practitioners to consider and reconsider how they can apply theories and methods to practice more effectively Prof Hugh McLaughlin Manchester Metropolitan University UK What a great book Barbra Teater and colleagues have managed to bring together a wealth of learning about different theories and methods of social work intervention in a clearly written and accessible format Each chapter is focused on the application of theory to practice and as such helps to act as a bridge from the classroom to direct work with individuals families and groups This new and updated edition is very likely to be one of those books that students have by their side throughout their studies and bring with them into professional practice after graduation Dr John Devaney Centenary Professor of Social Work University of Edinburgh UK **Practising Social Work** Christopher Hanvey, Terry Philpot, 2002-08-26 Practising Social Work provides a systematic exploration of a range of social work approaches Each chapter focuses on a single theme and explains the practice implications of a particular method Modern Social Work Theory Malcolm Payne, 2021-01-11 Modern Social Work Theory Fifth Edition provides a comprehensive and critical overview of the main practice theories that will act as a companion for students throughout their courses and their careers as practitioners In this substantially reworked and updated edition of his best selling text Malcolm Payne presents clear and concise evaluations of the pros and cons of major theories that inform social work practice and comparisons between them

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Table of Contents Task Centred

1. Understanding the eBook Task Centred
 - The Rise of Digital Reading Task Centred
 - Advantages of eBooks Over Traditional Books
2. Identifying Task Centred
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Task Centred
 - User-Friendly Interface
4. Exploring eBook Recommendations from Task Centred
 - Personalized Recommendations
 - Task Centred User Reviews and Ratings
 - Task Centred and Bestseller Lists
5. Accessing Task Centred Free and Paid eBooks
 - Task Centred Public Domain eBooks
 - Task Centred eBook Subscription Services

- Task Centred Budget-Friendly Options
- 6. Navigating Task Centred eBook Formats
 - ePub, PDF, MOBI, and More
 - Task Centred Compatibility with Devices
 - Task Centred Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Task Centred
 - Highlighting and Note-Taking Task Centred
 - Interactive Elements Task Centred
- 8. Staying Engaged with Task Centred
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Task Centred
- 9. Balancing eBooks and Physical Books Task Centred
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Task Centred
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Task Centred
 - Setting Reading Goals Task Centred
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Task Centred
 - Fact-Checking eBook Content of Task Centred
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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