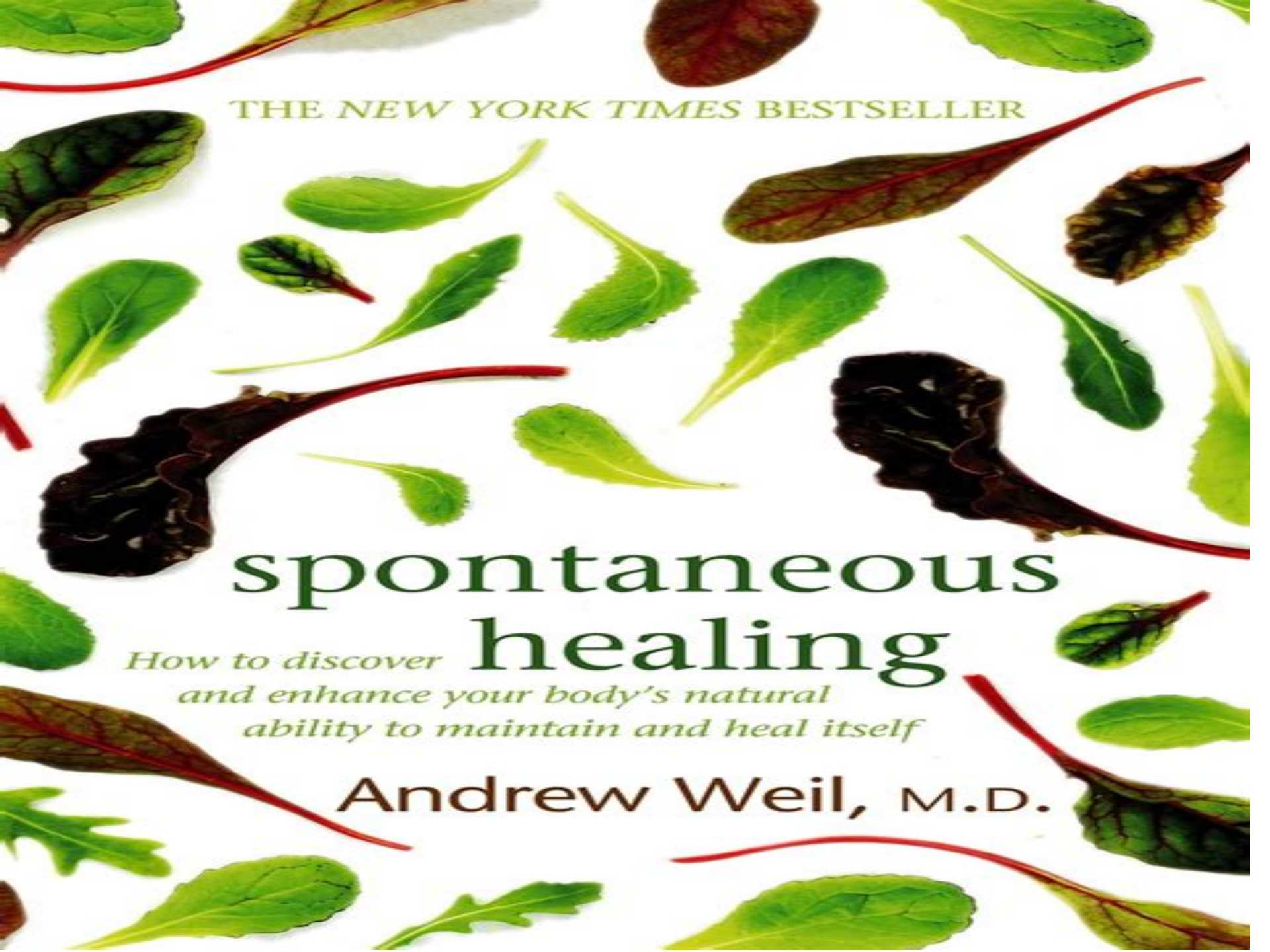




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spontaneous healing

*How to discover
and enhance your body's natural
ability to maintain and heal itself*

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Spontaneous Healing MD, Andrew Weil, 1997-01-02 *Spontaneous Healing* Andrew Weil, 2000 [Alternative Medicine Resource Guide](#) Francine Feuerman, Marsha J. Handel, 1997 Contains information on resources and publications in the general field of alternative medicine and thirty two specific modalities [The Wisdom to Know the Difference](#) Eileen Flanagan, 2009-09-17 This wise book guides readers in discovering what they can and should change in their lives accepting what they cannot and discovering the wisdom to know the difference Thousands of people have been moved by the famous last lines of the Serenity Prayer God give us grace to accept with serenity the things that cannot be changed courage to change the things that should be changed and the wisdom to distinguish the one from the other But how exactly can we know the difference How can we acknowledge our true limits without negating the possibility for dramatic change In this inspiring book Eileen Flanagan draws on her own Quaker faith as well as a range of other religious and spiritual traditions to show readers how they can learn to listen to their own inner voice in determining when a change is needed in their lives or when instead acceptance is the answer These lessons come to life through the inspiring stories of various individuals including the mother of a fallen soldier in Iraq who talks about the power of forgiveness and her work to end the war A Katrina survivor who describes how she learned inner peace the hard way a family therapist who shares what he learned about accepting the things he cannot change from the car accident that left him paralyzed This illuminating book leads readers to discover the serenity that comes when one has gained the wisdom to know the difference

The Seeker's Guide to The Secret Teachings of All Ages Mitch Horowitz, 2020-09-30 A KEY TO THE MYSTERIES No other book in history has done more to clarify the Esoteric mystical and occult traditions of the world than Manly P Hall s *The Secret Teachings of All Ages* Now historian Mitch Horowitz provides the first companion work to Hall s opus *The Secret Teachings of All Ages* helps twenty first century readers enter and experience or re experience Hall s hallowed pages and also clarifies and expands on some of the book s key themes and topics Mitch explores developments and historical discoveries since hall published his Great Book nearly a century ago and adds fresh dimensions to subjects including The antiquity and legacy of Ancient Egypt The mystical origins of the world s major faiths Strange beasts and anomalies in history

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The Encyclopedia of Work-related Illnesses, Injuries, and Health Issues Ada P. Kahn,2004 Presents articles on health in the workplace including injuries physical and mental illnesses worker s compensation and social issues **Finding the One** Barbra White,2016-08-05 Peace and authenticity are inseparable Your purpose in life is to Be Yourself YOU are the One Many women and men have used Finding The One principles and processes to find The One within and consequently an amazing mate Finding The One is an accumulation of life changing wisdom tools to discover your innate worth and inspirational teachings Each of the 41 small chapters contain the message of the entire book this gives the necessary support to find the one and empowers the reader to apply the teachings to everyday life Chapters contain Finding the One Love principles suggestions for application and a spiritual sex in the city like dating quips The Perceived Protector section contains additional processes for clearing limiting beliefs and letting down walls The Masters Paper section is the scientific historical religious and Eco psychology base for connecting to The One through holistic sexuality nature and body intimacy

Quantum-Touch 2.0 - The New Human Richard Gordon,Chris Duffield, Ph.D.,Vickie Wickhorst Ph.D.,2013-02-12 Quantum Touch 2 0 The New Human endeavors to significantly enlarge the possibilities of what humans can be and do In clear step by step instructions the reader will learn to easily demonstrate that human limits are as yet unknown Readers can learn to do healing on multiple people at once to reduce their pain in minutes work on multiple conditions at once help people shift their own beliefs with the use of energy and work across time and space Readers will even learn to safely and visibly adjust the posture of multiple people simultaneously without touching Science assumes that we are separate and that our thoughts don t affect the outer reality This notion is something that each of us can now clearly demonstrate to be untrue The originator of the Quantum Touch energy healing method and a popular workshop leader and speaker at conferences and holistic health institutes Richard Gordon has been developing and refining Quantum Touch since the publication of his best

selling Quantum Touch The Power to Heal Gordon shares his discoveries in this new book which takes Quantum Touch to a far more powerful level To enrich the book with scientific insights and commentary Gordon sought out coauthors Vickie Wickhorst PhD and Chris Duffield PhD As academics investigating the convergence of science technology and the power of the human energy field Wickhorst and Duffield serve as perfect guides to help readers even skeptical ones uncover their own process of discovery This book is a must for all world travelers

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