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Doug Lalli

Swimming Across the Hudson

a novel

Swimming Across The Hudson

Terry C. Jones



Swimming Across The Hudson:

Swimming Across the Hudson Joshua Henkin, 1997 An adopted Jew discovers his birth mother was a Christian Ben Suskind 31 of New York always believed he was Jewish so the letter from his birth mother throws his life in confusion But he recovers decides he is a Jew after all and for the first time attends a synagogue A first novel **Nine Ways to Cross a River** Akiko Busch, 2008-12-10 From Thoreau to Edward Abbey to Annie Dillard American writers have looked at nature and described the sublime and transcendent Now comes Akiko Busch who finds multitudes of meaning in the practice of swimming across rivers The notion that rivers divide us is old and venerated but they also limn our identities and mark the passage of time they anchor communities and connect one to another And in the hands of writer and swimmer Akiko Busch they are living archives of human behavior and natural changes After a transformative swim across the Hudson just before September 11 Busch undertook to explore eight of America's great waterways the Hudson twice the Delaware the Connecticut the Susquehanna the Monongahela the Mississippi the Ohio and the Current She observes each river's goings on and reflects on its history human and natural and possible futures Some of the rivers have rebounded from past industrial misuse others still struggle with pollution and waste The swims are also opportunities to muse on the ordinary passages faced by most of us the death of a parent raising children becoming older and the ways in which the rhythms and patterns of the natural world can offer reassurance ballast and inspiration A deeply moving exploration of the themes of renewal and reclamation at midlife *Nine Ways to Cross a River* is a book to be treasured and given to friends *The Complete Book of Swimming* Phillip Whitten, 2012-03-07 The all purpose guide to swimming for beginners and experts alike that will help make you fitter faster more efficient and more knowledgeable about this wonderful sport *The Complete Book of Swimming* is written for those folks who want to become physically fit and stay physically for the rest of their lives for folks who are seeking to enhance their lives There are chapters on the different strokes that provide the how to information people need to get started Equally important are the chapters that answer such questions as Why should I swim Why swimming and not some other sport How can swimming improve my health How can it enhance my life How will I become a better person more vital more competent vigorous sexy alive by swimming Praise for *The Complete Book of Swimming* Phil Witten not only explains the how to of swimming in clear easy to understand language but he also explains the why of swimming why swimming can make you healthier happier and sexier and can make you feel younger If *The Complete Book of Swimming* doesn't convince you that swimming is the best thing you could possibly do for your health then nothing will Mark Spitz Finally a book has been written that will put swimming on the map for the general public Phil Witten combines a storyteller's gift for creating excitement with scientific knowledge and personal experience *The Complete Book of Swimming* is a must read for swimmers and coaches at every level and for anyone interested in lifelong fitness and health Skip Kennedy Olympic coaching staff men's swimming men's swimming coach Stanford University NCAA champions Dr Whitten has written the

perfect all purpose guide It s a useful tool for both experienced swimmers who want to improve and for rookies who aren t sure where to begin The Complete Book of Swimming is an invaluable source for all aging baby boomers Karen Allen USA Today Passion arouses passion and Dr Whitten surely cannot fail to persuade aspiring swimmers of all ages and abilities that the sport of swimming is the way to a healthier happier existence This is a splendid invitation to beginners while offering a clearer insight to those who have already donned their suits and goggles The writing is instructive and entertaining and the illustrations depict the very latest techniques used in the pool Craig Lord The Times London *Nine Ways to Cross a River* Akiko Busch,2007-07-10 The author of Geography of Home shares a series of meditations and reflections on her transformative swims across eight of America s great rivers including the Delaware Mississippi Ohio and twice across the Hudson discussing their meaning in terms of the passages of life natural and human history and the inspirational rhythms of the natural world **Matrimony** Joshua Henkin,2008-08-26 It s the fall of 1986 and Julian Wainwright an aspiring writer arrives at Graymont College in New England Here he meets Carter Heinz with whom he develops a strong but ambivalent friendship and beautiful Mia Mendelsohn with whom he falls in love Spurred on by a family tragedy Julian and Mia s love affair will carry them to graduation and beyond taking them through several college towns over the next fifteen years Starting at the height of the Reagan era and ending in the new millennium Matrimony is a stunning novel of love and friendship money and ambition desire and tensions of faith It is a richly detailed portrait of what it means to share a life with someone to do it when you re young and to try to do it afresh on the brink of middle age *Boys' Life* ,1942-08 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting **The Michigan Alumnus** ,1996 In v 1 8 the final number consists of the Commencement annual **True Stories** C.J. Ott,2010-09-21 In True Stories Memories Musings Odds and Ends C J Ott tells of the first seven years of his childhood in New York City and the next seven years in the Saugerties area a hundred miles north of the city He recounts his experiences as a postulant novice and scholastic in the Marianist religious order four years of military service in the U S Air Force and a twenty five year career as a teacher and principal in Trotwood Madison City Schools by Dayton Ohio Along the way he recalls the Great Depression World War II the Korean and Viet Nam Wars and the tumultuous 60s The author is a lifelong student and by his own admission addicted to reading The musings cover a broad range of topics from philosophy economics politics and religion to the good life the golden years and death and dying True Stories looks back over more than seventy five years of living It was written for family friends and progeny but others will find it a pleasure to read *Powerless* Tim Washburn,2015-11-01 When a disaster plunges civilization back into the Dark Ages one man will do whatever it takes to reunite with his family in this apocalyptic thriller It strikes without warning A massive geomagnetic solar storm that destroys every power grid in the northern hemisphere In Boulder Colorado weather technicians watch in horror as civilization collapses around them Planes are falling out of the skies Cars are dead

Pandemonium and terror grip the planet As nuclear reactors across North America face inevitable meltdowns the US President remains powerless in a heavily guarded White House From London to Boston to Anchorage there is no food no water no hope It s every man for himself and it will only get worse Army veteran Zeke Marshall is the one man prepared to handle a nightmare like this But when he tries to reunite with his family in Dallas across a lawless terrain as deadly as any battlefield he discovers there are worse things in life than war And what he ll have to do to survive is unthinkable **A Biological Investigation of the Hudson Bay Region** Edward Alexander Preble,1902 **A Journey from Prince of Wales's Fort in Hudson's Bay to the Northern Ocean in the Years 1769, 1770, 1771, and 1772** Samuel Hearne,Joseph Burr Tyrrell,1911 *Federal Register* ,2012-07 Charlie Estrella Theodore Huntington,2021-12-27 He s the greatest musician the world has ever seen or heard But what is the secret behind Charlie Estrella s magical musical gifts In the second book in Theodore Huntington s The Storm Trilogy we follow a tale of another supernatural hero in the real world This time it is young Charlie Estrella who is granted his greatest wish by the Storm But can he find his true destiny in time or will he be thwarted by his evil foes A Journey from Prince of Wale's Fort in Hudson's Bay to the Northern Ocean Samuel Hearne,1911 *The World Without You* Joshua Henkin,2013-04-09 It s July 4 2005 and the Frankel family is descending upon their beloved summer home in the Berkshires They have gathered to memorialize Leo the youngest of the four siblings and an intrepid journalist killed on that day in 2004 while on assignment in Iraq But Leo s parents are adrift in a grief that s tearing apart their forty year marriage his sisters are struggling with their own difficulties and his widow has arrived from California bearing a secret Here award winning writer Joshua Henkin unfolds this family story as over the course of three days the Frankels contend with sibling rivalries and marital feuds with volatile women and silent men and ultimately with the true meaning of family **The Forever Swim** Antonio Argüelles,2020-04-21 Plunge into the water accompany Antonio Arg elles on his Oceans Seven adventure and along the way find out how to achieve your own dreams and goals On August 3 2017 Antonio Arg elles swam 35 kilometers from Northern Ireland to Scotland When he arrived on the Scottish shore after a swim of nearly 14 hours through hypothermic currents wearing only a speedo cap and goggles he became just the seventh person ever to conquer the Oceans Seven an aquatic achievement on par with the Seven Summits His feat made international news in part because at 58 years old he became the oldest athlete ever to complete the challenge Despite all warnings and his own self doubt he endured stormy seas 24 hour swims venomous jellyfish blooms and a host of other hazards to accomplish his dream But no goal seized is an isolated incident and Antonio s story is no exception The Forever Swim is not only a tale of success it is also the tale of how a hyperactive overweight boy would discover swimming chase an Olympic dream attend Stanford and wade into the tangled web of Mexican politics This is a story of risk fear confidence failure and loss It shows how the ability to adapt focus and manage the mind enabled Antonio to overcome each setback that sought to take him down in and out of the water The Forever Swim illuminates key strategies anyone can utilize

to pursue their own goals and reminds us that no dream however bold is ever out of reach as long as we are willing to chase it down with relentless discipline and joy **Forgotten Patriots** Edwin G. Burrows, 2008-11-11 Between 1775 and 1783 some 200 000 Americans took up arms against the British Crown Just over 6 800 of those men died in battle About 25 000 became prisoners of war most of them confined in New York City under conditions so atrocious that they perished by the thousands Evidence suggests that at least 17 500 Americans may have died in these prisons more than twice the number to die on the battlefield It was in New York not Boston or Philadelphia where most Americans gave their lives for the cause of independence New York City became the jailhouse of the American Revolution because it was the principal base of the Crown s military operations Beginning with the bumper crop of American captives taken during the 1776 invasion of New York captured Americans were stuffed into a hastily assembled collection of public buildings sugar houses and prison ships The prisoners were shockingly overcrowded and chronically underfed those who escaped alive told of comrades so hungry they ate their own clothes and shoes Despite the extraordinary number of lives lost **Forgotten Patriots** is the first ever account of what took place in these hell holes The result is a unique perspective on the Revolutionary War as well as a sobering commentary on how Americans have remembered our struggle for independence and how much we have forgotten **The Posen Library of Jewish Culture and Civilization** Deborah Dash Moore, Nurith Gertz, 2012-11-20 Presents an encyclopedia of Jewish culture from 1973 to 2005 including secular and religious examples from the visual arts literature and popular culture **New York Magazine** , 1976-10-04 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea **Vanity Fair** , 1928

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