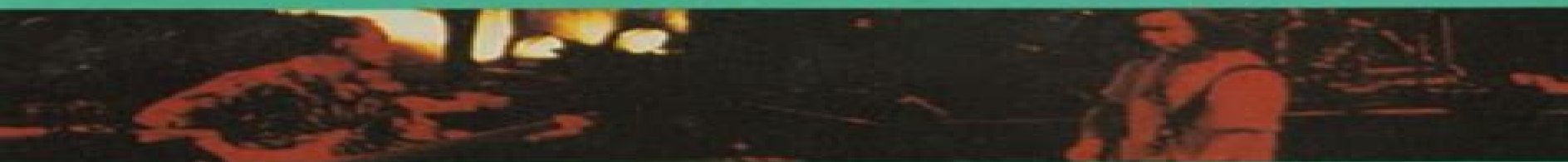




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To Heaven Through Hell: A Book About Challenging and Changing Destructive Religious Beliefs Sue Wilson,2014-03-13 Whether we re talking about eternal Heaven and Hell in Western religions or Reincarnation and Karma in religions of the East Sue Wilson shares overwhelming evidence that what most religions teach about what happens when we die is totally wrong and fosters irrational fear and extreme codependency She asserts that contrary to these unsubstantiated teachings death is a positive experience for everyone Wilson is not an outsider looking in on this subject She s a former minister s wife and missionary to Africa a world traveler and a retired world history and geography teacher In To Heaven Through Hell she shares an incredible journey into the invisible realm beyond the physical world through a number of spontaneous paranormal or sixth sense experiences along with her extensive research from theologians psychologists psychiatrists doctors scientists and a host of others in the helping professions all of which refute religion s erroneous teachings concerning life after death Among her many sixth sense experiences are a powerful near death experience in which she cries out to the God she has learned to fear in fundamental Christianity and is assured that God s love is unconditional not only for herself but for all of us the appearance of her father s ghost who tells her that when he died he went to God immediately and was fully immersed in love and understanding as we ll all be when we die and an amazing regression experience which helps her understand that the purpose of reincarnation is opportunity not karma Wilson encourages readers to formulate healthy beliefs about God and the universe She shows how embracing positive beliefs about life after death especially removes the fear of dying and enables us to get on with the wonderful business of living She helps readers tap their own sixth sense and gives a problem solving model that incorporates all the senses the five traditional ones the controversial sixth and a seventh sense we often overlook in our desperate search for answers common sense And though she acknowledges that religious institutions have done much good in the world she

challenges them to admit to the damage they have also done with destructive teachings about life and death and to replace them with better ones To acknowledge that all religions are resources not roadmaps including their own And to turn their buildings into lively classrooms where their members can find solutions to the real problems they face as human beings using good ideas from all disciplines in society and rejecting the rest

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