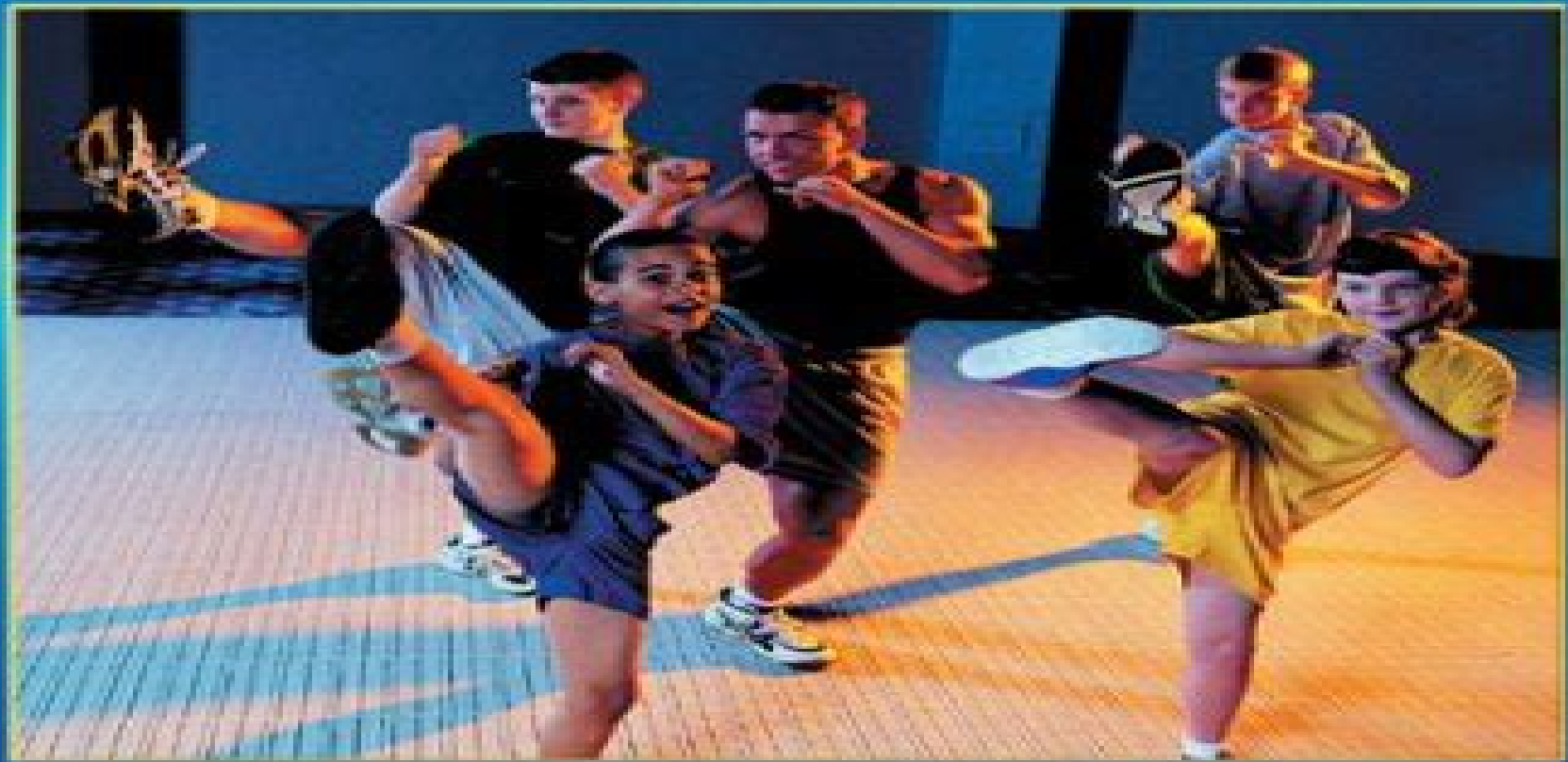


Teaching Martial Arts for Fitness and Fun

A Noncontact Approach for Young People



Jason M. Winkle and John C. Ozmun

Teaching Martial Arts For Fitness And Fun A Noncontact Approach For Young People

Todd Whitaker, Jason Winkle



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