

# SOCIAL WORK IN MENTAL RETARDATION

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## OPSOMMING

'n Omwenteling is vandag besig om plaas te vind binne die veld van geestesvertraagtheid. Die konsep van die totale mensbenadering wat in die psigiatrie geld, bring verrykende gevolge vir die multi-professionele span mee wat met die geestesvertraagde mens gemoed is. Daar word van die professionele persoon verwag om genoemde mens binne die gesinsverband te behandel, terwyl daar vir sommige ouers en gemeenskappe slegs een oplossing vir hul probleem bestaan, naamlik institutionalisering van so 'n persoon.

Die verwydering van 'n geestesvertraagde uit die gesinsverband is nie noodwendig 'n oplossing vir die "probleem" nie — intendeel, daar kan 'n verdere isolasie tussen die gesinslede plaasvind as gevolg van hul onverwerkte onuitgesproke gevoelens oor die aangeleentheid.

Wat dit betref, is die ingesteldheid van die maatskaplike werker wat oor die gespesialiseerde kennis van gesinsdynamika beskik, van primêre belang, en medebepalend t.o.v. hoe (en of) die houding van die gemeenskap sal verander.

“**N**owadays, the care of the mentally handicapped person at home is very much family psychiatry.”<sup>1</sup>

In this article the field of mental retardation will be examined focusing on the changes that have taken place in this field. In so doing an attempt will be made to indicate that because of these changes, new ideas and attitudes, the role of the social worker has emerged as a very important one.

The family system is regarded as the most important of all social systems. The social worker's training incorporates the study of human behaviour, human relationships and the functioning of social systems. Thus the social worker has an understanding of problems as they relate to and affect families and of problems as they relate to the community. In other words the social worker has a role in social problems and therefore possibly a specialised role in the field under discussion. A brief look at the existing institutions (centres, agencies, societies) for the mentally retarded, however, reveals that social workers are few and far between. For example at Alexandra Care and Rehabilitation Centre there is one social worker to 850 in-patients. This one social worker also works with numerous out-patients and participates in rendering the community service. The out-patients service at Alexandra Care and Rehabilitation Centre consists of family diagnostic interviews conditioned by the multiprofessional team. As a member of the team and equipped with a special knowledge of family dynamics and functioning, the social worker acts

as liaison between the Centre and the referring body or agency. Furthermore it is the responsibility of the social worker to ensure that the information provided by the referring agency is specific to the criteria laid out by the multiprofessional team. During the diagnostic interview with the family (preferably the professional involved should also be present) the social worker's presence ensures an astute diagnosis of family functioning.

The community service is a continuation of the out-patient service described above. This service also includes the social worker acting in a consultative capacity to colleagues working in the community. An integral part of the community service is to ensure that the residents' integration with the community is enhanced. The social worker is responsible for the education of the community, which is necessary in order to facilitate boarding and occupation. The existing institutions do not appear to make sufficient provision for the profession. Why?

Perhaps the answer to this lies in the fact that the entire field of mental retardation is undergoing changes — changes in attitudes, management and treatment of the mentally retarded — changes which began universally about fifteen to twenty years ago. It appears that the mental health professionals of the nineteenth century were very involved in the field of mental retardation. However, at the beginning of the twentieth century the “tragic interlude” (4, p.714) led the field of mental retardation into the darkness. The first twenty years of the twentieth century were marked by banishing the

# Social Work And Mental Retardation

**RS Peters**



## **Social Work And Mental Retardation:**

**Social Work and Mental Retardation** National Association of Social Workers. Ad Hoc Committee on Social Work and Mental Retardation,1970      **Social Work in Mental Health** Bruce A. Thyer,John S. Wodarski,2007-06-30 An essential desk reference for all helping professionals Social Work in Mental Health An Evidence Based Approach is a comprehensive and contemporary guide to the delivery of evidence based care Covering a wide spectrum of mental health disorders editors Thyer and Wodarski have brought together noted experts to provide the most current empirically supported techniques in the assessment diagnosis and treatment of disorders as classified by the DSM IV TR Coverage ranges from disorders seen in early infancy and childhood through the adolescent and adult years Disorders covered include Autism ADHD Substance abuse Schizophrenia Mood disorders Anxiety disorders Eating disorders Sexual disorders Personality disorders Mental Retardation Written and organized in an accessible style Social Work in Mental Health An Evidence Based Approach provides helping professionals with an engaging and easy to follow guide to learning how to deliver the most up to date mental health care Examples of evidence based interventions guide the reader through the process and provide insight into the philosophy as well as the scientific basis underlying each technique and intervention presented Chapters begin with learning objectives that alert you to the main ideas covered and conclude with provocative study questions that are designed to test your understanding while providing an opportunity for review and reinforcement of the key concepts covered Ideal for all helping professionals from those just starting out to the most seasoned clinician this guide is a vital reference for anyone looking to stay abreast of contemporary techniques in the delivery of mental health services      Social Work and Mental Retardation Meyer S. Schreiber,1970      **Understanding Mental Retardation** Edward Zigler,Robert M. Hodapp,1986      The Mentally Subnormal Margaret Adams,Howard Lovejoy,2014-05-20 The Mentally Subnormal Social Work Approaches Second Edition provides a discussion of the various issues faced by mentally challenged individuals The book is comprised of eight chapters that talk about the role of social workers in mitigating the problem The text first details the development of ideas and legislation relating to the mentally subnormal and then proceeds to presenting a view of the issue in a medical perspective The next chapter discusses the principles of casework in the field Chapter 4 talks about the role of community social care while Chapter 5 deals with social services to the mentally retarded and their families The sixth chapter covers social work in residential settings The remaining chapters tackle the employment problem of mentally handicapped and the implications for services of social research in mental retardation The book will be of great interest to students researchers and practitioners of disciplines that deal with the implication of mental incapacity for society such as psychology sociology and psychiatry      Understanding Mental Retardation Dale Brantley,1988      Selected Annotated Bibliography on Mental Retardation for Social Workers United States. Children's Bureau,1963      *Handbook of Social Work in Health and Aging* Barbara Berkman,2006-02-09 The Handbook of Social Work in Health and Aging is the first reference to combine the fields of health

care aging and social work in a single authoritative volume These areas are too often treated as discrete entities while the reality is that all social workers deal with issues in health and aging on a daily basis regardless of practice specialization As the baby boomers age the impact on practice in health and aging will be dramatic and social workers need more specialized knowledge about aging health care and the resources available to best serve older adults and their families The volume s 102 original chapters and 13 overviews written by the most experienced and prominent gerontological health care scholars in the United States and across the world provide social work practitioners and educators with up to date knowledge of evidence based practice guidelines for effectively assessing and treating older adults and their families new models for intervention in both community based practice and institutional care and knowledge of significant policy and research issues in health and aging A truly monumental resource this handbook represents the best research on health and aging available to social workers today

**Texas Law for the Social Worker** Jay Ray Hays, 2007-05 Texas Law for the Social Worker provides licensed social workers social work students and professors with the key legal and policy issues specific to the state of Texas today Issues directly affecting practitioners and their students have been carefully selected from statutes case laws official archives of the Attorney General Opinions and Open Records Opinions No other compilation of such critical up to date material exists for the state of Texas Produced in collaboration with the Texas Psychological Association

**Child Health Projects for Mentally Retarded Children**, 1963 *Mental retardation and social workers* Nancy Kerstein, 1966 *Social Work and Health Care in an Aging Society* Barbara Berkman, Linda Harootyan, 2003-06-01 This book places significant issues related to the health mental health and well being of older adults and their caregivers within the context of social work service delivery By presenting the research of social work scholars all experts in specific research areas the editors clarify the value that social work brings to the larger realm of health care for older adults and their families Special consideration is given to such issues as case management urban African American elders grandmothers raising grandchildren aging persons with developmental disabilities home health care and more For Further Information on Dr Berkman Please Click Here

**Research Grants Index** National Institutes of Health (U.S.). Division of Research Grants, 1967 [American Journal of Mental Deficiency](#), 1912 Includes the association s conference proceedings and addresses

*Handbook of Empirical Social Work Practice, Volume 1* Bruce A. Thyer, John S. Wodarski, 1998-01-29 Covers clinically effective treatments for over twenty of the major mental behavioral and emotional diagnoses in the DSM IV The last two decades in social work have seen tremendous strides in field research from the development of improved research designs to more accurate methods of problem measurement and outcome analysis Drawing upon these significant advances the two volume Handbook of Empirical Social Work Practice brings together empirically validated interventions for many of the psychosocial problems most frequently encountered by social workers in their daily practice Unlike other books in the field that employ a theory based approach to treatment this handbook focuses on the best supported methods of helping clients with particular problems

irrespective of theoretical biases offering clinicians a valuable compendium of practice guidelines for treatment Edited and authored by recognized experts in the field the Handbook of Empirical Social Work Practice is clearly written and organized for easy reference Volume One covers clinically effective treatments for over twenty of the major mental behavioral and emotional diagnoses in the DSM IV TM including Disorders typically diagnosed in infancy childhood or adolescence Substance related disorders Schizophrenia and other psychotic disorders Mood and anxiety disorders Sexual and eating disorders Personality disorders With information that is at once accessible and up to date the Handbook of Empirical Social Work Practice is a vital source of guidance for today s clinical social workers and other practicing mental health professionals as well as students One of the best tools to promote the values of the social work profession is that of empirical social work practice Telling the truth is one of these values and discovering the truth is something that empirical research is very good at This book presents credible reviews of contemporary empirical literature pertaining to selected behavioral affective and intellectual disorders and their psychosocial assessment and treatment That such a book is now possible is a striking affirmation of the merits of the approach to social work called empirical clinical practice from the Handbook of Empirical Social Work Practice

Outline of Mental Deficiency for Social Workers, Teachers, and Others in Minnesota Frederick Kuhlmann,1925

Cultural Sociology of Mental Illness Andrew Scull,2013-12-20

Cultural Sociology of Mental Illness An A to Z Guide looks at recent reports that suggest an astonishing rise in mental illness and considers such questions as Are there truly more mentally ill people now or are there just more people being diagnosed and treated What are the roles of economics and the pharmacological industry in this controversy At the core of what is going on with mental illness in America and around the world the editors suggest is cultural sociology How differing cultures treat mental illness and in turn how mental health patients are affected by the culture In this illuminating multidisciplinary reference expert scholars explore the culture of mental illness from the non clinical perspectives of sociology history psychology epidemiology economics public health policy and finally the mental health patients themselves Key themes include Cultural Comparisons of Mental Health Disorders Cultural Sociology of Mental Illness Around the World Economics Epidemiology Mental Health Practitioners Non Drug Treatments Patient the Psychiatry and Psychology Psychiatry and Space Psychopharmacology Public Policy Social History and Sociology Key Features This two volume A Z work available in both print and electronic formats includes close to 400 articles by renowned experts in their respective fields An Introduction a thematic Reader s Guide a Glossary and a Resource Guide to Key Books Journals and Associations and their web sites enhance this invaluable reference A chronology places the cultural sociology of mental illness in historical context 150 photos bring concepts to life The range and scope of this Encyclopedia is vivid testimony to the intellectual vitality of the field and will make a useful contribution to the next generation of sociological research on the cultural sociology of mental illness Key Themes Cultural Comparisons of Mental Health Disorders Cultural Sociology of Mental Illness Around the World Economics Epidemiology Mental Health Practitioners

Non Drug Treatments Patient The Psychiatry and Psychology Psychiatry and Space Psychopharmacology Public Policy Social History Sociology      *Mental Health and the Elderly* Francis J. Turner, 2010-06-15 The demographic shift to a much older population is having a large impact on social work professionals who have traditionally been the primary caretakers of the elderly As more people are living into advanced old age it is becoming increasingly important to understand and treat the wide range of psychological disorders which may affect them rather than simply attributing the disorders to senescence as was frequently done in the past Mental Health and the Elderly A Social Work Perspective is a comprehensive guide to diagnosis and treatment of the range of disorders affecting the elderly      **"Code of Massachusetts regulations, 1987"**, 1987 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      **Tredgold's Mental Retardation** Alfred Frank Tredgold, 1979 Little Mouse takes part in a wonderful wedding celebration

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