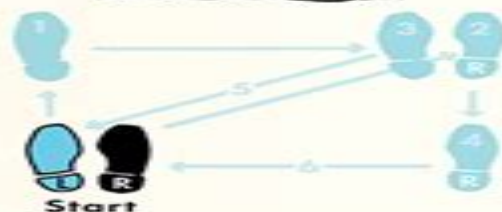


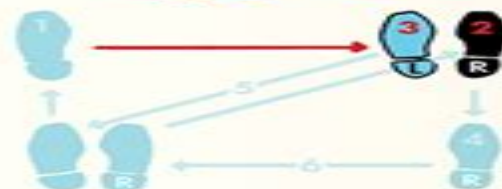
# THE BASIC DANCE STEP EVERY MAN SHOULD KNOW



**1:** Start with your feet together and your weight on your right foot.



**2:** Step forward with your left foot (1) and then to the side on your right foot (2).



**3:** Bring your feet together and transfer your weight to your left foot (3).



**4:** Step back with your right foot (4) and then to the side with your left foot (5).



**5:** Bring your feet together and transfer your weight to your right foot (6) to set up to begin again.



# Social Dance Instruction

**Ian Pickup**



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