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PACIFIC CREST TRAILSIDE READER EBOOK brings together short excerpts from classic works of regional writing with boot tested stories from the trail The heart of this anthology is these real trail tales stories taken from PCT hikers trailside humor and traditions trail angels and trail magic encounters with wildlife and wild weather stories of being lost and found rescues and unusual incidents Revealing a larger context are historical accounts of events such as Moses Schallenberger's winter on Donner Pass and pioneer efforts like the old Naches Road that ended up creating access to today s trails Native American myths and legends such as that of Lost Lake near Mount Hood and selections from highly regarded environmental writers who have captured the region in print including Mary Austin in The Land of Little Rain John Muir in The Mountains of California and Barry Lopez in Crossing Open Ground Readers will also enjoy a few more surprising contributions from the likes of Mark Twain and Ursula Le Guin For this digital edition of the PCT READER we combined our two print volumes into a single robust ebook that features stories from both the CALIFORNIA and OREGON WASHINGTON volumes Because the two volume set is a compilation of old and new essays however the editors were not able to obtain digital publication rights for some of the previously published material So while this combination ebook includes all the newly commissioned stories as well as many other pieces for which the editors did have digital access there are approximately four contributions from each of the printed books that do not appear here Summary of Trail of the Lost by Andrea Lankford GP SUMMARY, 2023-09-17 DISCLAIMER This book does not in any capacity mean to replace the original book but to serve as a vast summary of the original book Summary of Trail of the Lost by Andrea Lankford The Relentless Search to Bring Home the Missing Hikers of the Pacific Crest Trail IN THIS SUMMARIZED BOOK YOU WILL GET Chapter astute outline of the main contents Fast simple understanding of the content analysis Exceptionally summarized content that you may skip in the original book Andrea Lankford a former law enforcement park ranger and investigator embarks on a quest to find missing hikers along the Pacific Crest Trail After leaving the National Park Service after twelve years she discovers three young men have vanished from the trail She joins an eclectic team of amateurs including a mother of the missing a retired pharmacy manager and a mapmaker They track kidnappers murderers cults psychics and international fugitives The search for the missing is a brutal psychological and physical test but their hardships lead them to unexpected places and people The book explores hiker culture determination generosity and hope and the vast and treacherous nature of the natural world **Endurance** Jennifer Pharr Davis, 2019-04-09 National Geographic Adventurer of the Year Jennifer Pharr Davis unlocks the secret to maximizing perseverance on and off the trail Jennifer Pharr Davis a record holder of the FKT fastest known time on the Appalachian Trail reveals the secrets and habits behind endurance as she chronicles her incredible accomplishments in the world of endurance hiking backpacking and trail running With a storyteller's ear for fascinating detail and description Davis takes readers along as she trains and sets her record analyzing and trail testing the theories and methodologies espoused by her star studded roster of mentors She distills complex rituals and histories into easy to understand tips and action items that will help you take perseverance to the next level The Pursuit of Endurance empowers readers to unlock phenomenal endurance and leverage newfound grit to achieve personal bests in everything from sports and family to the boardroom Pacific Crest Trail: Oregon & Washington Jordan Summers, 2020-11-10 The PCT s 1 Guide for More Than 45 Years First published in 1974 The Pacific Crest Trail Vol 2 Oregon Washington guickly established itself as the book trekkers could not do without Now thoroughly updated and redesigned Pacific Crest Trail Oregon Washington starts at the California Oregon border and guides you to the edge of Canada It winds past rivers peaks forests meadows fascinating geological formations and other natural wonders such as Mount Hood Mount Rainier and Glacier Peak Let PCT gurus Jordan Summers Jeffrey P Schaffer and Andy Selters share more than four decades of expertise with you They ll help you with everything you need to know about this 1 005 5 mile section of the 2 650 mile trail which traverses 24 national forests 37 wilderness areas and 7 national parks In this book you ll find All in one guide by accomplished hikers who have logged over 5 000 trail miles Detailed trail descriptions and alternate routes Full color customized maps drawn to scale with one another Need to know information for day hikes weekend backpacks and an ambitious thru hike Tips for locating the trail water

sources and resupply access routes This guidebook will be your truest companion So now s the time to get going The trail On the Trail Silas Chamberlin, 2016-10-25 The first history of the American hiking community and its contributions awaits to the nation's vast network of trails In the mid nineteenth century urban walking clubs emerged in the United States A little more than a century later tens of millions of Americans were hiking on trails blazed in every region of the country This groundbreaking book is the first full account of the unique history of the American hiking community and its rich nationwide culture Delving into unexplored archives including those of the Appalachian Mountain Club Sierra Club Green Mountain Club and many others Silas Chamberlin recounts the activities of hikers who over many decades formed clubs built trails and advocated for environmental protection He also discusses the shifting attitudes of the late 1960s and early 1970s when ideas about traditional volunteerism shifted and new hikers came to see trail blazing and maintenance as government responsibilities Chamberlin explores the implications for hiking groups future club leaders and the millions of others who find happiness inspiration and better health on America's trails With rich historical context Silas Chamberlin inspires new appreciation for trailblazers while sharing the legacy of hiking and its growing importance today as people find their way to a new relationship with the natural world Richard Louv author of Last Child in the Woods and Vitamin N Chamberlin has demonstrated that what at first looks simple walking on our own two feet has a complex history of changing cultural associations social infrastructure and national significance James Longhurst University of Wisconsin La Crosse Trail of the Lost Andrea Lankford, 2023-08-22 From an award winning former law enforcement park ranger and investigator this female driven true crime adventure follows the author's quest to find missing hikers along the Pacific Crest Trail by pairing up with an eclectic group of unlikely allies As a park ranger with the National Park Service's law enforcement team Andrea Lankford led search and rescue missions in some of the most beautiful and dangerous landscapes across America from Yosemite to the Grand Canyon But though she had the support of the agency Andrea grew frustrated with the service s bureaucratic idiosyncrasies and left the force after twelve years Two decades later however she stumbles across a mystery that pulls her right back where she left off three young men have vanished from the Pacific Crest Trail the 2 650 mile trek made famous by Cheryl Strayed s Wild and no one has been able to find them It s bugging the hell out of her Andrea s concern soon leads her to a wild environment unlike any she s ever encountered missing person Facebook groups Andrea launches an investigation joining forces with an eclectic team of amateurs who are determined to solve the cases by land and by screen a mother of the missing a retired pharmacy manager and a mapmaker who monitors terrorist activity for the government Together they track the activities of kidnappers and murderers investigate a cult rescue a psychic in peril cross paths with an unconventional scientist and reunite an international fugitive with his family Searching for the missing is a brutal psychological and physical test with the highest stakes but eventually their hardships begin to bear strange fruits ones that lead them to places and people they never saw coming Beautifully written heartfelt and at times harrowing TRAIL OF

THE LOST paints a vivid picture of hiker culture and its complicated relationship with the ever expanding online realm all while exploring the power and limits of determination generosity and hope It also offers a deep awe of the natural world even as it unearths just how vast and treacherous it can be On the TRAIL OF THE LOST you may not find what you are looking for but you will certainly find more than you seek THE INSTANT NEW YORK TIMES BESTSELLER **Pacific Crest Trail:** Northern California Jeffrey P. Schaffer, 2012-09-01 From the time the PCT leaves the Mexican border until it reaches Canada it has traveled 2 650 miles through 24 national forests 37 wilderness areas and 7 national parks In Pacific Crest Trail Northern Cali fornia you ll meet up with the PCT in Yosemite National Park s Tuolumne Meadows then hike climb descend and switchback your way to the Oregon border You ll discover rivers peaks forests meadows fascinating geological formations and other natural wonders You ll pass through Emigrant Desolation and Marble Mountain wildernesses Trinity Alps and Lassen National Park and you ll see Lake Tahoe Burney Falls Mt Shasta and Castle Crags This book helps you locate the PCT and side trips find water sources and access resupply routes Jeffrey P Schaffer also describes the rich geological and natural history of these mountains Information on camping permits and the best seasons to go is provided along with updated In the Zone Michael Murphy, Rhea A. White, 2011-06-07 DIVDIVMichael Murphy bestselling author of Golf in the maps Kingdom explains the power of athletics to transform the body mind and spirit divDIV divDIVAthletes and coaches often say they feel in the zone while participating in sports or other endeavors and Esalen Institute cofounder Michael Murphy carefully documents this phenomenon in one of the most comprehensive works of its kind Murphy and coauthor Rhea A White categorize twenty types of extraordinary athletic feats exalted states of consciousness and altered perceptions that they say evoke the richness of a spiritual practice divDIV divDIVThis wide ranging compendium includes insights from amateur Olympic and professional athletes such as Michael Jordan Mario Andretti Jack Nicklaus and Arnold Schwarzenegger div div Pacific Crest Trail: Southern California Laura Randall, 2020-11-10 The PCT s 1 Guide for More Than 45 Years First published in 1973 The Pacific Crest Trail Vol 1 California quickly established itself as the book trekkers could not do without Now thoroughly updated and redesigned Pacific Crest Trail Southern California starts at the Mexican border and quides you to Yosemite's beautiful backcountry It winds past deserts scales high peaks and cools off in Sierra lakes Let PCT gurus Laura Randall Ben Schifrin Ruby Johnson Jenkins Thomas Winnett and Jeffrey P Schaffer share more than four decades of expertise with you They ll help you with everything you need to know about this 942 5 mile section of the 2 650 mile trail which traverses 24 national forests 37 wilderness areas and 7 national parks In this book you ll find All in one guide by accomplished hikers who have logged over 5 000 trail miles Detailed trail descriptions and alternate routes Full color customized maps drawn to scale with one another Need to know information for day hikes weekend backpacks and an ambitious thru hike Tips for locating the trail water sources and resupply access routes This guidebook will be your truest companion So now s the time to get going The trail awaits Pacific Crest Trail: Southern California Ben Schirfin, Jeffrey P.

Schaffer, Thomas Winnett, Ruby Johnson Jenkins, 2012-11-21 First published in 1973 The Pacific Crest Trail Vol 1 California quickly established itself as the PCT Bible the book trekkers could not do without Now thoroughly updated and redesigned into two portable volumes Pacific Crest Trail Southern California starts at the Mexican border and guides you to Yosemite s beautiful back country Its companion volume meets the trail at Tuolumne Meadows and drops you at Oregon s door Thru hikers to Canada will find the rest of their journey in Pacific Crest Trail Oregon Washington Our PCT gurus help you locate the trail water sources and resupply access routes with detailed descriptions customized maps and tips on alternate routes Whether you re planning day hikes weekend or week long backbacks or an ambitious thru hike everything you need to know about from bears to trees is here Pacific Crest Trail: Northern California Jordan Summers, 2020-11-10 The PCT s 1 Guide for More Than 45 Years First published in 1973 The Pacific Crest Trail Vol 1 California quickly established itself as the book trekkers could not do without Now thoroughly updated and redesigned Pacific Crest Trail Northern California starts in Yosemite National Park's beautiful backcountry and guides you to the California Oregon border It winds past rivers peaks forests meadows fascinating geological formations and other natural wonders Let PCT gurus Jordan Summers and Jeffrey P Schaffer share more than four decades of expertise with you They ll help you with everything you need to know about this 776 4 mile section of the 2 650 mile trail You ll pass through Emigrant Desolation and Marble Mountain wildernesses Shasta Trinity National Forest and Lassen Volcanic National Park and you ll see Lake Tahoe Burney Falls Mount Shasta and Castle Crags In this book you ll find All in one guide by accomplished hikers who have logged over 5 000 trail miles Detailed trail descriptions and alternate routes Full color customized maps drawn to scale with one another Need to know information for day hikes weekend backpacks and an ambitious thru hike Tips for locating the trail water sources and resupply access routes This guidebook will be your truest companion So now s the time to get going The trail awaits **Pacific Crest Trail: Oregon and Washington** Jeffrey P. Schaffer, Andy Selters, 2012-09-01 The 2650 mile Pacific Crest Trail adopted by Congress as a National Scenic Trail passes through some of the most breathtaking scenery in the United States Hiking along this ridge crest route you ll see Mt Jacinto Mt Whitney Lassen Peak Mt Shasta Mt Hood Mt Adams Mt Rainier and Glacier Peak You ll traverse 24 national forests 34 wilderness areas 7 national parks plus numerous other parks and recreational areas Trail elevations range from near sea level at the Columbia River on the Oregon Washington border to 13 180 feet at Forester Pass in the High Sierra Written by accomplished hikers who have each logged over 5 000 trail miles this book is the only accurate comprehensive guide to the Pacific Crest Trail in Oregon and Washington Featuring a complete map of the route in the form of 149 topographic strip maps Pacific Crest Trail Oregon Washington will give you an extensive description of the trail tips on planning your hike history of the trail and information on the region's natural history geology and ecology Backpacker, 1974 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world s first GPS enabled

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