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SOLVING YOUR CHILD'S EATING PROBLEMS

(Originally titled: *Are You Hungry?*)

A COMPLETELY NEW APPROACH
TO RAISING CHILDREN FREE OF FOOD
AND WEIGHT PROBLEMS

Jane R. Hirschmann

Co-author of *Overcoming Overeating* and

Lela Zaphiropoulos

Introduction by William B. Bateman, Jr., M.D.

Solving Your Childs Eating Problem

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