Clinical Practice Guideline

Number 18

# Smoking Cessation

U.S. Department of Health and Human Services
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Agency for Health Care Policy and Research
Centers for Disease Control and Prevention

## **Smoking Cessation Clinical Practice Guideline**

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## **Smoking Cessation Clinical Practice Guideline:**

**Smoking Cessation** S. Nardini, 2008-12-01 Smoking has been practised for more than 7 000 years and is today the most common form of drug abuse worldwide The use of tobacco seems to have started in South America and was brought to Europe in the 16th century and was after that spread out into most major societies within the next 100 years Today there are more than one billion smokers worldwide There is no doubt that smoking poses the greatest single individual risk factor for premature death It is alarming to note that among the five highest risk factors for premature death in 2020 four are closely related to tobacco smoking I Clinical Practice Guidelines We Can Trust Institute of Medicine, Board on Health Care Services, Committee on Standards for Developing Trustworthy Clinical Practice Guidelines, 2011-06-16 Advances in medical biomedical and health services research have reduced the level of uncertainty in clinical practice Clinical practice guidelines CPGs complement this progress by establishing standards of care backed by strong scientific evidence CPGs are statements that include recommendations intended to optimize patient care These statements are informed by a systematic review of evidence and an assessment of the benefits and costs of alternative care options Clinical Practice Guidelines We Can Trust examines the current state of clinical practice guidelines and how they can be improved to enhance healthcare quality and patient outcomes Clinical practice guidelines now are ubiquitous in our healthcare system The Guidelines International Network GIN database currently lists more than 3 700 guidelines from 39 countries Developing guidelines presents a number of challenges including lack of transparent methodological practices difficulty reconciling conflicting guidelines and conflicts of interest Clinical Practice Guidelines We Can Trust explores questions surrounding the quality of CPG development processes and the establishment of standards It proposes eight standards for developing trustworthy clinical practice guidelines emphasizing transparency management of conflict of interest systematic review guideline development intersection establishing evidence foundations for and rating strength of guideline recommendations articulation of recommendations external review and updating Clinical Practice Guidelines We Can Trust shows how clinical practice quidelines can enhance clinician and patient decision making by translating complex scientific research findings into

recommendations for clinical practice that are relevant to the individual patient encounter instead of implementing a one size fits all approach to patient care This book contains information directly related to the work of the Agency for Healthcare Research and Quality AHRQ as well as various Congressional staff and policymakers It is a vital resource for medical specialty societies disease advocacy groups health professionals private and international organizations that develop or use clinical practice guidelines consumers clinicians and payers Best Practices for Comprehensive Tobacco Control Programs, August 1999 National Center for Chronic Disease Prevention and Health Promotion (U.S.). Office on Smoking and Health,1999 Best Practices for Comprehensive Tobacco Terry F. Pechacek,2001-04 Tobacco use is the single most preventable cause of death chronic disease programs to reduce the burden of tobacco related diseases school programs enforcement statewide programs cessation programs counter marketing surveillance administration management

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