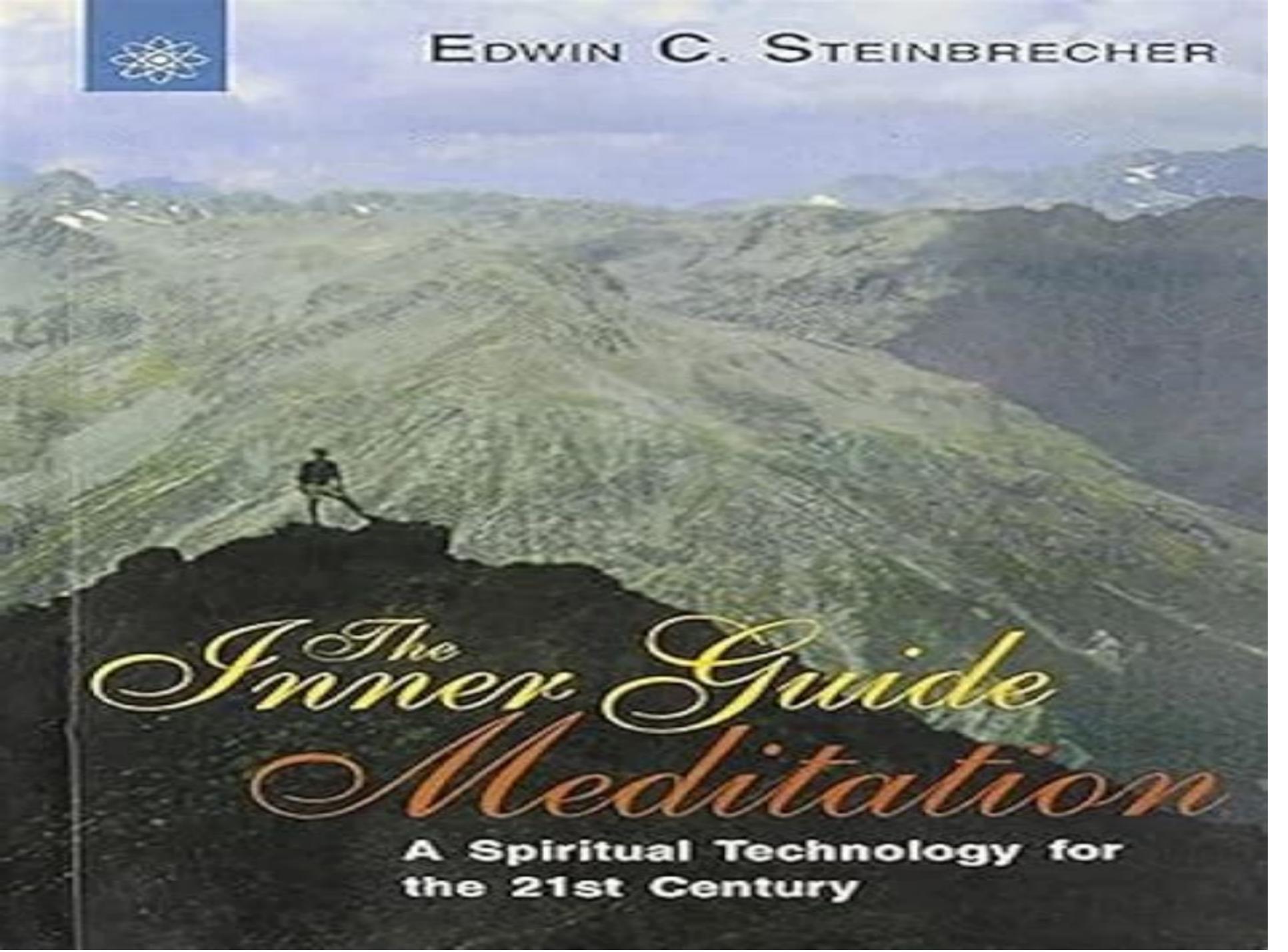




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*The Inner Guide
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**A Spiritual Technology for
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A Special Illumination Rollan McCleary, 2017-07-28 Gay spirituality represents a hidden strand in Western thought that was only publically declared from the Gay Liberation of the 1970s Since coming out expressions of gay spirituality have proliferated in both number and diversity Beginning with gay theology within Christianity the phenomenon has now reached as far as Buddhism and neo paganism But so far critical analysis of the movement has been very limited largely because gay spirituality has been treated as a political and social movement arguing for rights and acceptance within religious circles *A Special Illumination* offers an indepth analysis and argues that gay spirituality should be placed at the heart of religion

Sin or Salvation Amy Mahoney, Oliva M. Espin, 2013-10-18 When in therapy women inevitably present both sexual and spiritual issues of importance However there has yet to be brought forth an integrating approach to women s sexuality and spirituality The book fills this gap integrating these two diverse yet connected aspects of therapy This innovative exploration of women s experiences of their sexuality and spirituality is presented from a feminist psychological perspective clearly illustrating the dichotomy that exists in Western culture and offering a unique approach for convergence This book provides therapists with positive and self affirming viewpoints and practical strategies to help harmonize sexual and spiritual issues in women clients The book uses a synergistic perspective to facilitate healing for women s psycho sexual spiritual growth and development Therapists are provided with invaluable tools for personal understanding and clinical practice when considering sexuality and spirituality and how they interact in a client s life This book is crucial reading for psychotherapists counselors social workers educators pastoral counselors and anyone interested in learning more about the intersections between sexuality and spirituality This book was published as a special issue of *Women Therapy A Feminist Quarterly*

112 Guided Meditations of Vigyan Bhairav Tantra by Shiva Denis Nikulin (tounknown.com), 2023-11-11 Prepare for a profound meditation journey through the oldest science from Shiva Vigyan Bhairav Tantra an ancient meditation masterpiece This text unveils 112 meditation techniques each leading to love cultivation and self realization In our adaptation we ve distilled each of these 112 meditation techniques into unique 15 minute guided sessions making them easily accessible and practical for your daily practice These guided sessions incorporate breathing techniques based on Anapanasati offer a profound exploration of your inner mind body world through Vipassana and introduce a variety of chanting and dance techniques that enhance your meditation experience and women s love power It s a divine dialogue between Lord Shiva and Devi Parvati sparked by Devi s questions about reality s essence the universe and transcending space and time Shiva responds not with explanations but with a mesmerizing progression of methods He guides Devi and you toward understanding reality through 112 distinct self centering techniques Tantra transcends the realm of sexuality entirely It is in fact a profound science aimed at elevating consciousness facilitating a rendezvous with the

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Shamanic Secrets for Spiritual Mastery Robert Shapiro,2006 Shamanism *Yoga Journal* ,1988-07 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

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