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THE HISTORY
OF A
TEMPTATION

SPICE

JACK TURNER



Spice The History Of A Temptation

Ammini Ramachandran



Spice The History Of A Temptation:

Spice Jack Turner,2008-12-10 In this brilliant engrossing work Jack Turner explores an era from ancient times through the Renaissance when what we now consider common condiments were valued in gold and blood Spices made sour medieval wines palatable camouflaged the smell of corpses and served as wedding night aphrodisiacs Indispensible for cooking medicine worship and the arts of love they were thought to have magical properties and were so valuable that they were often kept under lock and key For some spices represented Paradise for others the road to perdition but they were potent symbols of wealth and power and the wish to possess them drove explorers to circumnavigate the globe and even to savagery Following spices across continents and through literature and mythology Spice is a beguiling narrative about the surprisingly vast influence spices have had on human desire Includes eight pages of color photographs One of the Best Books of the Year Discover Magazine The Christian Science Monitor San Francisco Chronicle

Spice Jack Turner,2005-08-09 In this brilliant engrossing work Jack Turner explores an era from ancient times through the Renaissance when what we now consider common condiments were valued in gold and blood Spices made sour medieval wines palatable camouflaged the smell of corpses and served as wedding night aphrodisiacs Indispensible for cooking medicine worship and the arts of love they were thought to have magical properties and were so valuable that they were often kept under lock and key For some spices represented Paradise for others the road to perdition but they were potent symbols of wealth and power and the wish to possess them drove explorers to circumnavigate the globe and even to savagery Following spices across continents and through literature and mythology Spice is a beguiling narrative about the surprisingly vast influence spices have had on human desire Includes eight pages of color photographs One of the Best Books of the Year Discover Magazine The Christian Science Monitor San Francisco Chronicle

Spice Jack Turner,2005 A history of the trade that controlled the world and left an indelible impression on our taste buds a sweeping story of avarice ingenuity and exploration spanning the globe and the centuries in its epic reconstruction of this magnificent obsession Spices for centuries the staple of cuisine remedies and ritual they have commanded the highest of prices To this day saffron is per ounce one of the most expensive commodities known to man For their sake fortunes have been made and lost empires built and destroyed and new worlds discovered Astoundingly in the 17th century more people died for the sake of cloves than in all the European dynastic wars of the period However the spice trade dates bank thousands of years before this Ancient Egyptian hieroglyphs depict a merchant fleet sailing south to the Horn of Africa and returning triumphantly with a priceless cargo of cinnamon Only the story of mankind s infatuation with precious metals can rival the story of spice in scope and only the history of silver and gold rivals that of spice for its improbable and extraordinary combination of discovery and conquest heroism and savagery greed and violence

Spice: The History of a Temptation (Text Only) Jack Turner,2012-08-02 An essential history of a taste that shaped the world

The Lost Supper Taras Grescoe,2023-09-19 A New Scientist Globe and Mail and Eater Best Book of 2023 In the tradition of

Michael Pollan Anthony Bourdain and Mark Bittman a surprising flavorsome tour of ancient cuisines Kirkus STARRED from Neolithic bread to ancient Roman fish sauce and why reviving the foods of the past is the key to saving the future A fascinating look at the people who are keeping these ancient food traditions alive against the odds while offering a rough roadmap toward a more sustainable food ecosystem Eater Many of us are worried or at least we should be about the impacts of globalization pollution and biotechnology on our diets Whether it s monoculture crops hormone fed beef or high fructose corn syrup industrially produced foods have troubling consequences for us and the planet But as culinary diversity diminishes many people are looking to a surprising place to safeguard the future into the past The Lost Supper explores an idea that is quickly spreading among restaurateurs food producers scientists and gastronomes around the world that the key to healthy and sustainable eating lies not in looking forward but in looking back to the foods that have sustained us through our half million year existence as a species Acclaimed author Taras Grescoe introduces readers to the surprising and forgotten flavors whose revival is captivating food lovers around the world ancient sourdough bread last baked by Egyptian pharaohs raw milk farmhouse cheese from critically endangered British dairy cattle ham from Spanish pata negra pigs that have been foraging on acorns on a secluded island since before the United States was a nation and olive oil from wild olive trees uniquely capable of resisting quickly evolving pests and modern pathogens From Ancient Roman fish sauce to Aztec caviar to the long thought extinct silphium The Lost Supper is a deep dive into the latest frontier of global gastronomy the archaeology of taste Through vivid writing history and first hand culinary experience Grescoe sets out a provocative case in order to save these foods he argues we ve got to eat them Published in partnership with the David Suzuki Institute *How Carrots Won the Trojan War* Rebecca Rupp,2025-04-08 Discover why Roman gladiators were massaged with onion juice before battle how celery contributed to Casanova s conquests how peas almost poisoned General Washington and why some seventeenth century turnips were considered degenerate Rebecca Rupp tells the strange and fascinating history of 23 of the world s most popular vegetables Gardeners foodies history buffs and anyone who wants to know the secret stories concealed in a salad are sure to enjoy this delightful and informative collection [Food Lit](#) Melissa Brackney Stoeger,2013-01-08 An essential tool for assisting leisure readers interested in topics surrounding food this unique book contains annotations and read alike for hundreds of nonfiction titles about the joys of comestibles and cooking Food Lit A Reader s Guide to Epicurean Nonfiction provides a much needed resource for librarians assisting adult readers interested in the topic of food a group that is continuing to grow rapidly Containing annotations of hundreds of nonfiction titles about food that are arranged into genre and subject interest categories for easy reference the book addresses a diversity of reading experiences by covering everything from foodie memoirs and histories of food to extreme cuisine and food expos s Author Melissa Stoeger has organized and described hundreds of nonfiction titles centered on the themes of food and eating including life stories history science and investigative nonfiction The work emphasizes titles published in the past decade without overlooking significant

benchmark and classic titles It also provides lists of suggested read alike for those titles and includes several helpful appendices of fiction titles featuring food food magazines and food blogs *Grains, Greens, and Grated Coconuts* Ammini Ramachandran,2008-11-13 Other books have ably explored India s far southern territory but Ms Ramachandran reveals amazing range and depth in Kerala s Hindu vegetarian traditions The New York Times review Ammini Ramachandran a Texas based food writer with roots in the Indian state of Kerala has self published an authoritative cookbook cum memoir *Grains Greens and Grated Coconuts* on that region s elaborate nuanced cuisine Saveur February 2008 Recipes that make me want to rush to the kitchen intriguing techniques that could be used with other cuisines fascinating personal stories about growing up in a big Kerala household all embedded in a deep understanding of Kerala as a pivot of Asian history It s a wonderful tribute to Kerala and a stunning gift for the rest of us Rachel Laudan author of *The Food of Paradise Exploring Hawaii s Culinary Heritage* *Grains Greens and Grated Coconuts* is a jewel of a cookbook from its authentic recipes many published here for the first time to Ammini Ramachandran s evocative personal anecdotes of Kerala s culinary traditions It is at once scholarly yet accessible and especially charming for its delicious recipes and intriguing stories from the royal kitchens of Kochi Grace Young author of *The Wisdom of the Chinese Kitchen* **Wonderland** Steven Johnson,2016-11-15 A house of wonders itself *Wonderland* inspires grins and well what d ya knows The New York Times Book Review From the New York Times bestselling author of *How We Got to Now* and *Extra Life* a look at the world changing innovations we made while keeping ourselves entertained This lushly illustrated history of popular entertainment takes a long zoom approach contending that the pursuit of novelty and wonder is a powerful driver of world shaping technological change Steven Johnson argues that throughout history the cutting edge of innovation lies wherever people are working the hardest to keep themselves and others amused Johnson s storytelling is just as delightful as the inventions he describes full of surprising stops along the journey from simple concepts to complex modern systems He introduces us to the colorful innovators of leisure the explorers proprietors showmen and artists who changed the trajectory of history with their luxurious wares exotic meals taverns gambling tables and magic shows In *Wonderland* Johnson compellingly argues that observers of technological and social trends should be looking for clues in novel amusements You ll find the future wherever people are having the most fun **Compound Remedies** Paula S. DeVos,2020-12-22 *Compound Remedies* examines the equipment books and remedies of colonial Mexico City s Herrera pharmacy natural substances with known healing powers that formed part of the basis for modern day healing traditions and home remedies in Mexico Paula S De Vos traces the evolution of the Galenic pharmaceutical tradition from its foundations in ancient Greece to the physician philosophers of medieval Islamic empires and the Latin West and eventually through the Spanish Empire to Mexico offering a global history of the transmission of these materials knowledges and techniques Her detailed inventory of the Herrera pharmacy reveals the many layers of this tradition and how it developed over centuries providing new perspectives and insight into the development of Western

science and medicine its varied origins its engagement with and inclusion of multiple knowledge traditions the ways in which these traditions moved and circulated in relation to imperialism and its long term continuities and dramatic transformations De Vos ultimately reveals the great significance of pharmacy and of artisanal pursuits more generally as a cornerstone of ancient medieval and early modern epistemologies and philosophies of nature

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