



SITE PLANNING AND DESIGN FOR THE ELDERLY

**ISSUES, GUIDELINES, AND
ALTERNATIVES** **Dione Y. Corstens**

Site Planning And Design For The Elderly

IM Harris



Site Planning And Design For The Elderly:

Site Planning and Design for the Elderly Diane Y. Carstens, 1993-02-15 Design for the elderly is at the forefront of architectural topics today Yet while much has been written about the design of indoor spaces little work has been done on planning outdoor spaces to accommodate the needs of the elderly Site Planning and Design for the Elderly specifically addresses this issue drawing from a large body of original research current knowledge and theory to provide the background knowledge and specific information necessary for informed decision making throughout the site planning and design process More than just a reference on accessibility standards this volume offers key insights into the needs and concerns of older people in the built environment and presents guidelines and alternatives for responsive site planning and design Organized in a clear step by step format for easy reference issues and specific guidelines are provided for each stage of the planning and design process within the context of housing for older people Moreover architects landscape architects urban designers developers and students will find the topics covered applicable to other settings where older people are a part of the user profile such as downtown renewal hospital and park planning projects Numerous illustrations and case studies highlight major points throughout the text The first sections of this volume provide valuable background information on housing options available to seniors and outline design implications of the social and physiological changes associated with advancing age Critical design and management issues are discussed objectives are outlined and implementation strategies are developed including methods for promoting wayfinding enhancing personalization and maximizing opportunities for social interaction The body of this volume provides specific guidelines for each stage of development Site planning areas addressed include site selection the layout of housing units including relationships between facilities offering different levels of care recreational amenities and circulation systems Detailed guidelines for the location spatial configuration detailing and amenities of major site components and recreational facilities are also provided Entryways parking patios rooftop developments and gardening centers are among the specific areas covered A brief outline of the major issues affecting use of each site component is particularly useful for making decisions regarding facility provision and for prioritizing development alternatives Critical detailing and amenity specifications are pinpointed and thoroughly described Paving materials signage lighting site furniture and pedestrian street crossings are among those elements examined A concise overview in tabular form of the major guidelines presented throughout closes this practical volume It is possible to design a site that will not only enhance the lives of elderly residents but will be cost effective and highly marketable as well Site Planning and Design for the Elderly provides practical solutions to the problems of exterior design for one of the fastest growing segments of the U S population today

Site planning and design for the elderly; issues, guidelines, and alternatives D.Y. Carstens, 1985

People Places Clare Cooper Marcus, Carolyn Francis, 1997-09-03 people places Second Edition Design Guidelines for Urban Open Space edited by Clare Cooper Marcus and Carolyn Francis A resurgence in the use of public space continues

throughout North America and many other parts of the world Neighborhoods have become more outspoken in their demands for appropriate park designs corporations have witnessed the value of providing outdoor spaces for employee lunch hour use the rising demand for child care has prompted increased awareness of the importance of developmentally appropriate play and learning environments and increased attention is being focused on the specific outdoor space needs for the elderly college students and hospital patients and staff Now available in an updated expanded second edition People Places is a fully illustrated award winning book that offers research based guidelines and recommendations for creating more usable and enjoyable public open spaces of all kinds People Places analyzes and summarizes existing research on how urban open spaces are actually used offering design professionals and students alike an easily understood easily applied guide to creating people friendly places Seven types of urban open space are discussed urban plazas neighborhood parks miniparks and vest pocket parks campus outdoor spaces outdoor spaces in housing for the elderly child care outdoor spaces and hospital outdoor spaces People Places contains a chapter by chapter review of the literature illustrative case studies and design guidelines specific to each type of space People Places has a number of features that can be easily incorporated into the design process Clear readable translations of existing research on people s use of outdoor spaces Performance based design recommendations that specify key relationships between design and use Design review checklists that help readers plan and critique designs A clearly organized concise format equally useful to the design practitioner and the design student The newly revised edition of People Places also includes Discussion of accessibility issues including ADA regulations and the concept of universal design and of design responses aimed at crime reduction Procedures for conducting post occupancy evaluations of designed outdoor spaces Updated and new information on each type of outdoor space with special attention to hospitals child care facilities and campus outdoor spaces where specific advances have occurred since 1990 A completely new color photo section and 50 new black and white illustrations Winner of the Merit Award in Communication from the American Society of Landscape Architects People Places is an essential working tool for landscape architects and architects city planners urban designers neighborhood groups and anyone else concerned with the quality of urban open space

Recent Advances in Materials, Mechanics and Management Sheela Evangeline, M.R. Rajkumar, Saritha G.

Parambath, 2019-05-14 These proceedings present a selection of papers presented at the 3rd International Conference on Materials Mechanics and Management 2017 IMMM 2017 which was jointly organized by the Departments of Civil Engineering Mechanical Engineering and Architecture of College of Engineering Trivandrum Developments in the fields of materials mechanics and management have paved the way for overall improvements in all aspects of human life The quest for meeting the requirements of the rapidly increasing population has led to revolutionary construction and production technologies aiming at optimum management and use of natural resources The objective of this conference was to bring together experts from academic institutions industries research organizations and professionals for sharing of knowledge

expertise and experience in the emerging trends related to Civil Engineering Mechanical Engineering and Architecture
IMMM 2017 provided opportunities for young researchers to actively engage in research discussions new research interests
research ethics and professional development **Healing Gardens** Clare Cooper Marcus, Marni Barnes, 1999-06-15
Although the healing qualities of nature have been recognized and relied on for centuries as a valuable part of convalescence
recent history has seen nature's therapeutic role virtually eclipsed by the technological dominance of modern medicine As
the twentieth century comes to a close and the medical community reacknowledges the importance of the environment to
recovery the healing garden is emerging as a supplement to drug or technology based treatments Healing Gardens
celebrates this renewed interest in nature as a catalyst for healing and renewal by examining the different therapeutic
benefits of healing gardens and offering essential design guidance from experts in the field Unique and comprehensive
Healing Gardens provides up to date coverage of research findings relevant design principles and approaches and best
practice examples of different types of healing gardens It begins by exploring what current research reveals about the
connection between nature human stress reduction and medical outcomes It then presents case studies and design
guidelines for outdoor spaces in medical settings that include general psychiatric and children's hospitals as well as hospices
nursing homes and Alzheimer's facilities Historical information literature reviews and studies on use are included for each
type of outdoor space covered offering important insights into what works in healing gardens and what doesn't Generously
supplemented with photographs site plans anecdotes and more Healing Gardens is an invaluable practical guide for
landscape architects and others involved in creating and maintaining medical facilities and an extremely useful reference for
those responsible for patient care A unique and comprehensive look at the therapeutic effects and design of healing gardens
For more and more people the shortest road to recovery is the one that leads through a healing garden Combining up to date
information on the therapeutic benefits of healing gardens with practical design guidance from leading experts in the field
Healing Gardens is an important resource for landscape architects and others working in this emerging area With the help of
site plans photographs and more it presents design guidelines and case studies for outdoor spaces in a range of medical
settings including Acute care general hospitals Psychiatric hospitals Children's hospitals Nursing homes Alzheimer's facilities
Hospices Shelter and Service Issues for Aging Populations Leon A Pastalan, 2014-01-09 Shelter and Service Issues for
Aging Populations takes you for an inside look at what policies in Western Europe Canada and the United States have done to
meet the housing and service needs of the elderly and the disabled and what policies have yet to accomplish As you learn
about a wide range of cost effective and successful housing options such as congregate housing home equity conversions and
homesharing you will learn about the challenges of providing responsive high quality housing and living arrangements to
meet the needs of different populations As this insightful book reveals the psychosocial needs of elderly and disabled persons
have often been neglected in efforts to provide appropriate physical accommodation and services and shelter are seldom

coordinated to respond to the changes individuals experience Shelter and Service Issues for Aging Populations shows you how federal and state provincial governments nonprofit organizations and private groups have all implemented policies to create barrier free housing Yet at the same time most Western countries have not developed comprehensive grant and loan programs to allow the elderly and disabled to modify their homes As this book walks you through the problems that exist it shows you how policymakers architects social work practitioners and academics housing developers and community leaders can work together to improve housing conditions and services Along the way you will learn about the failure of health care systems to cover home modifications the Fair Housing Act Amendment stigmatizing effects of the elderly label in obtaining community accommodation differences between environmental needs of rural and urban seniors current patterns of housing and living arrangements of older Canadians the effects of demographic aging on the urban ecology the Abbeyfield model of congregate housing continuing care retirement communities aging in place Shelter and Service Issues for Aging Populations looks at the strengths and weaknesses of different approaches to housing and service provision to help housing policy specialists gerontologists social workers community leaders architects and housing developers find stronger more effective solutions for giving people the home environments they need Don't continue to supply inadequate housing to people with special needs Let this book inform you guide you and contribute to the shaping of important new housing and service policies

Design Intervention (Routledge Revivals) Wolfgang F. E. Preiser, Jacqueline Vischer, Edward White, 2015-05-15

Design Intervention Toward a More Humane Architecture first published in 1991 intends to demonstrate that interest in social issues is alive and well in architecture that there is a small but effective cadre of dedicated professionals who continue to commit themselves to solving social problems and that architecture is being applied to the alleviation of the social ills of our time The editors and contributors in this book have all grappled with their own definitions of design innovation and express in practical and useful ways their ideas for contributing to a better and less needy world through the architecture they describe This book will be of interest to students of architecture

The Role of the Outdoors in Residential Environments for Aging Susan Rodiek, Benjamin Schwarz, 2006-09-11 The Role of the Outdoors in Residential

Environments for Aging presents new insights on the positive role nature and the outdoors can play in the lives of older adults whether they live in the community in an assisted living environment or in a skilled nursing facility Current research suggests that increased contact and activity levels with the outdoors can be an important therapeutic resource for the elderly with significant mental and physical health benefits This unique book examines how to make the most of outdoor spaces in residential settings exploring attitudes and patterns of use the effect of plants the physical environment and health related outcomes from contact with nature and enhanced physical activity

Annual Review of Gerontology and Geriatrics, Volume 23, 2003 Hans-Werner Wahl, PhD, Rick Scheidt, PhD, Paul Windley, PhD, 2003-11-12 Print CourseSmart

Building Type Basics for Senior Living Bradford Perkins, 2004-01-26 Publisher description **Environmental Gerontology in Europe**

and Latin America Diego Sánchez-González, Vicente Rodríguez-Rodríguez, 2015-11-03 This book looks at the relationships between the physical social environment and the elderly in Europe and Latin America from the Environmental Gerontology perspective and through geographical and psychosocial approaches It addresses the main environmental issues of population ageing based on an understanding of the complex relationships adjustments and adaptations between different environments home residence public spaces landscapes neighbourhoods urban and rural environment and the quality of life of the ageing population associated with residential strategies and other aspects related to health and dependency The different levels of socio spatial analysis are also explored macro urban and rural environments regions and landscapes meso neighbourhood public space and micro personal home and institution New theoretical and methodological approaches are proposed to analyse the attributes and functions of the physical social environment of the elderly as well as new ways of living the ageing process All will have to respond to the challenges of urbanisation globalisation and climate change in the 21st century Also the different experiences and challenges of public planning and management professionals involved with the growing ageing population are presented and will require greater association and collaboration with the academic and scientific fields of Environmental Gerontology

University-Linked Retirement Communities Leon A Pastalan, Benjamin Schwarz, 2016-09-16 *University Linked Retirement Communities* focuses on the special attributes of a retirement community designed as an integral part of a university It discusses the theoretical and practical aspects of such a retirement community which provides a rich and varied context for older people to be exposed to new ideas and learning opportunities for personal growth The book centers on the premise that knowledge of basic principles of human behavior helps clarify understanding of the relationship between environment and behavior Grounded in current research in the field of environment and aging the book helps readers consider how the environment lends different aesthetic experiences and activity patterns to people of different backgrounds and capabilities Some of the major environment and design issues chapters address are person environment fit privacy personal space wayfinding barrier free design healthcare personal growth site development

University Linked Retirement Communities was developed from a two term course offered at the University of Michigan College of Architecture and Urban Planning that dealt with aging and the environment The book is divided into two parts Chapters in the first section discuss a variety of issues including the meaning of community a day in the life of an elderly person living in a retirement community site evaluation for a theoretical retirement community and reviews of different physical components for a retirement community The second section contains four student presentations of designs for a retirement community and comments on the projects from a design jury This book is a valuable source of information for a variety of readers *University Linked Retirement Communities* is of interest to potential users of eldercare services and their families service providers designers architects policymakers and developers dealing with the elderly and educators and students of architecture environmental design and other fields who are involved in housing and care options for senior adults

Therapeutic

Landscapes Clare Cooper Marcus, Naomi A Sachs, 2013-09-20 This comprehensive and authoritative guide offers an evidence based overview of healing gardens and therapeutic landscapes from planning to post occupancy evaluation It provides general guidelines for designers and other stakeholders in a variety of projects as well as patient specific guidelines covering twelve categories ranging from burn patients psychiatric patients to hospice and Alzheimer s patients among others Sections on participatory design and funding offer valuable guidance to the entire team not just designers while a planting and maintenance chapter gives critical information to ensure that safety longevity and budgetary concerns are addressed

Low Rise Housing for Older People John Zeisel, Zeisel Research, 1977 *Getting to Smart Growth II*, 2003 *Aging in the Designed Environment* Margaret Christenson, Ellen D Taira, 2014-04-08 *Aging in the Designed Environment* is the key sourcebook for physical and occupational therapists developing and implementing environmental designs for the aging The physical environment remains one of the most overlooked areas in environmental design In order to move beyond this status quo persons responsible for planning elderly environments must develop a new understanding of ways in which their influence can improve the older adult s physical and mental functioning Occupational and physical therapists as well as other health care professionals will benefit tremendously from the information presented in this unique volume Designers developers and others with minimal health care background will also find a wealth of possibilities within *Aging in the Designed Environment* Many concerns are dealt with in the book s five sections The first section describes the implications that occur when there are changes in vision hearing taste smell touch and the kinesthetic systems Recommendations for environmental adaptation and modifications which may compensate for the changes in each of these systems are suggested The second section stresses the relationship between behavior and environment A variety of environmental attributes comfort privacy accessibility control security dignity and their impacts are discussed along with information on ways that attributes can be incorporated into the living settings of older people In section three the focus is on the older person living independently in his or her own home and section four covers exclusively the design and selection of chairs for older adults New ways to assess and evaluate the home to promote independence beyond the traditional activities of daily living are addressed The last section deals with redesigning the existing long term care facility The author examines some of the environmental conditions existing in specific facilities and provides recommendations to compensate for these circumstances

Journal of Rehabilitation Research & Development, 2007 *Growing with Gardening* Bibby Moore, 1989 Offers guidance in planning a year round horticultural program with activities organized by month plus program development and evaluation guidelines and a teacher s guide to gardening skills *Design for Assisted Living* Victor Regnier, 2003-02-28 Destined to become the defining work on the subject this timely reference addresses the single fastest growing segment of the senior living industry assisted living for those who are unable to live independently but who do not need intensive nursing home care meals housekeeping or twenty four hour access to medical assistance Victor Regnier s visually rich guide includes

dozens of design solutions from successful assisted living facilities along with fifteen case studies from the U S and Europe The book also covers recent developments in the industry including major changes in financing growth of dementia and interest in aging in place All in all this is the most comprehensive guide to assisted living design that you ll find in any single volume

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