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Midwifery Practice Jo Alexander, Valerie Levy, Sarah Roch, 1993-11-11 This latest volume in the immensely popular Midwifery Practice Series deals with a further set of important issues this time drawn from all three stages of care during pregnancy The chapter structure adopted in the first three books is retained and as before presentation of a broad ranging survey and analysis of key research literature placed in the context of clinical practice is the guiding philosophy behind the whole book

The National Childbirth Trust Book Of Breastfeeding Mary Smale, 2011-08-31 There is no doubt that breast is best and it is the most natural way of feeding your baby The majority of mothers approach breastfeeding with an optimism and a desire to succeed but in many cases this soon disintegrates into failing milk supplies and sore nipples No one ever tells you how difficult and painful it can be is the usual cry from a new mother Now you can have help permanently on hand in your own home Fully updated and packed with practical advice on every aspect of breastfeeding from positioning your baby correctly and latching on to timing and successful weaning THEN NATIONAL CHILDBIRTH TRUST BOOK OF BREASTFEEDING offers solutions to the kind of day day problems and emotional concerns that affect breastfeeding women every day Written by a counsellor with fifteen year experience and published in association with Britain's largest childbirth charity this book will give you the confidence to make your baby's first months happy and trouble free for both of you

Pregnancy and Childbirth Jan de Vries, 2011-06-10 Allaying the doubts and fears which surround the most natural and yet probably the most traumatic experience a woman will go through Pregnancy and Childbirth takes you step by step through conception pregnancy labour and the care of your baby Calling upon a lifetime's experience in helping couples who have come to him following years of trying for a baby Jan de Vries explains how he has helped them with either herbal or homoeopathic medicine acupuncture or osteopathy He describes how acupuncture can help especially during labour and provides advice for couples who have undergone severe stress when dealing with problems such as impotence or feelings of inadequacy or rejection What emerges from his extensive research is an overwhelming sense of hope in the wonder of nature and joy at the miracle of each new birth

Complete Book of Pregnancy Daphne Metland, 2000 Drawing on the National Childbirth Trust's expertise and experience in the field of childcare to guide new mothers calmly through what can be one of the most daunting periods of their life this book focuses on a young mother 20-25 an older mother 35-40 and a second time mother through their pregnancy

The Complete Guide to Pregnancy and Fitness Morc Coulson, Sarah Bolitho, 2013-05-09 The Complete Guide to Pregnancy and Fitness is an invaluable reference manual for anyone involved in prescribing exercise programmes for pregnant women The book is packed with practical tips on designing activity programmes as well as how to apply the correct techniques to over 40 exercises aided by full colour photos This is an up to date practical guide to the underpinning theory and includes comprehensive recommended reading for each chapter Learn about the physiological changes during pregnancy and how this affects exercise programmes including contra indications to

be considered when working with pregnant clients Also covered are the required legal and insurance elements **Myles' Textbook for Midwives E-Book** Jayne E. Marshall, Maureen D. Raynor, 2014-09-05 The most popular midwifery textbook in the world The sixteenth edition of this seminal textbook Myles Textbook for Midwives has been extensively revised and restructured to ensure that it reflects current midwifery practice with an increased focus on topics that are fundamental to midwifery practice today Well illustrated to assist visual learning Boxes highlighting significant information to aid study Introduction Aims of the chapter and Conclusion for each chapter References Further Reading and Useful websites to promote further learning Glossary of terms and acronyms provide simple definition of more complex terminologies Additional online resources Over 500 multiple choice questions enable students to test their knowledge Unlabelled illustrations help reinforce learning Full image bank of illustrations to make study more visual and assist with projects Full colour illustrations now used throughout the book in response to student feedback Contains many new chapters some of which are authored by members of the multi professional team Up to date guidance on professional regulation midwifery supervision legal and ethical issues risk management and clinical governance Recognition that midwives increasingly care for women with complex health needs in a multicultural society Examination of the dilemmas involved in caring for women with a raised body mass index Chapter on optimising care of the perineum for women with perineal trauma including those who have experienced female genital mutilation Guidance to support the trend for midwives to undertake the neonatal physical examination of the healthy term infant Additional coverage of basic neonatal resuscitation *Reproductive Governance and Bodily Materiality* Corinna Sabrina Guerzoni, Claudia Mattalucci, 2022-04-07 Reproductive Governance and Bodily Materiality explores the growing centrality and power of the medical professional and lay practices within the field of human reproduction as they entangle with political economic processes providing examples from multiple countries **Psychology and Sociology in Nursing** Benny Goodman, Tim Ley, 2012-06-22 This book explores the sociology and psychology relevant to nursing and explains why it is so important to understand these subjects in order to be a good nurse It has been written specifically for nursing students and explains clearly the key concepts in both disciplines that they need to grasp Chapters move from the individual to wider societal issues and look at the psychological and sociological basis of professional values interpersonal relationships nursing practice decision making leadership and management and teamworking Each of the fields of nursing are explored to show the specific application of these disciplines to each *Social Policy and the Body* K. Ellis, H. Dean, Jo Campling, 1999-09-22 The opening chapters suggest that transitions in welfare capitalism can be understood in terms of shifts in dominant corporeal discourses The body as a focus for power and resistance in differing welfare regimes is further explored in individual contributions on health and social care bodily metaphors in social policy and the relationship between animal and human welfare In highlighting the significance of the body in social policy the book opens up a novel and potentially rich vein of academic enquiry *Your Pregnancy Week by Week* Philippa Kaye, 2010-08-05 The wonderful news

of a new addition to the family will leave you and your loved ones eager to prepare for their arrival. However, it is you, with the support of your partner, who will experience your child's first nine months of development during pregnancy. Your Pregnancy Week by Week tells you everything you need to know about your pregnancy. On a week-by-week basis, you can learn how your baby is developing, how and why your body is changing, and what you can do to ensure a smooth and comfortable pregnancy every step of the way. With clear, authoritative advice that demystifies complex medical jargon, this indispensable guide takes you through each stage of pregnancy, addressing common concerns and questions to ensure a healthy start for your baby.

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