

8 Time to Spare

Reading

A Read the Exam Reminder. What should you do before you read the answer options?

B Now complete the Exam Task.

Exam Reminder

Reading around the gap

- Remember to read the text quickly first to get the general meaning.
- Before you look at the answer options, read the sentences with gaps again and try to think of a word that would fit.
- Then read the answer options. Eliminate the obviously wrong answers before looking at the answers that are left.
- Sometimes, two options seem possible. Make sure you read 'around' the gap so you understand the whole sentence.

Free time for teens



The way teenagers spend their free time changes from generation to generation. Playing sport, going out with friends, going (1) _____ the cinema, listening (2) _____ music and watching TV – all of these activities continue to be enjoyed by today's teens as they were by their parents. But there are new interests that are taking up much of their time, due to more and more people having tablets and smart phones. Let's look at the statistics. How much time do you spend online? A British research group (3) _____ out that the average UK teenager spends an incredible 31 hours a week online – that's nearly 4.5 hours per day! And what does the average British teen do online? The usual things – social networking, watching videos on YouTube, finding out about health and

beauty, and reading about celebrities and sports. To their parents, it (4) _____ seem like they're just wasting their time. Fortunately, they're also spending three hours a week doing research for school projects and homework.

American teenagers, (5) _____ the other hand, spend most of their free time in front of the television. An American study found (6) _____ that teenagers spent more time with traditional media such as television and radio than had been expected. In fact, the study found that the amount of television watched by the typical American teenager has increased in the past five years to three hours and 20 minutes a day. (7) _____ people thought that the availability of computers and the Internet at home would encourage American teens to reduce their TV viewing time, (8) _____ this hasn't happened. Internet time was found to be two hours and 20 minutes a day and most of that time is spent on social networking sites, such as Facebook.

So, UK teens are to be found online while US teens are sitting in front of the TV. What about teenagers from mainland Europe? How do they spend their free time? A study into their habits has shown that when it comes to free time, boys prefer watching TV and (9) _____, while girls spend more time studying and surfing the Net.

The results show a generation that is more traditional than some might expect. European teenagers still spend more time watching television than they spend online – 10.3 hours a week, on average, compared to 9.1 hours spent on the Internet. But video games, at 11.2 hours per week, now consume even more time than TV for European teens. It was also discovered that European teens like doing something else while online. Nearly 50% listen to music on their PC, while 45% watch TV online, for example. Understandably, such statistics are causing concern among parents, doctors and teachers around the world. They believe that teenagers (10) _____ be more physically active in order to stay strong and healthy, and to be able to cope with the demands of school. A life spent in front of a screen is not the way to health and happiness!



Exam Task

Read the text and choose the correct word for each space. For each question, mark the correct letter a, b, c or d.

- | | | | | | | | |
|------------|---------|---------|----------|------------|----------|-------------------|--------------|
| 1 a to | b at | c in | d out | 6 a up | b out | c off | d for |
| 2 a at | b - | c to | d with | 7 a A lot | b Much | c Many | d Few |
| 3 a called | b took | c found | d showed | 8 a but | b so | c that | d also |
| 4 a can't | b ought | c able | d must | 9 a gaming | b gamers | c game stationing | d game |
| 5 a on | b in | c at | d over | 10 a could | b should | c ought | d should not |

Student Workbook For Time To Spare

Guy Brook-Hart, Vanessa Jakeman

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the authors' names.

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Table of Contents Student Workbook For Time To Spare

1. Understanding the eBook Student Workbook For Time To Spare
 - The Rise of Digital Reading Student Workbook For Time To Spare
 - Advantages of eBooks Over Traditional Books
2. Identifying Student Workbook For Time To Spare
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Student Workbook For Time To Spare
 - User-Friendly Interface
4. Exploring eBook Recommendations from Student Workbook For Time To Spare
 - Personalized Recommendations
 - Student Workbook For Time To Spare User Reviews and Ratings
 - Student Workbook For Time To Spare and Bestseller Lists
5. Accessing Student Workbook For Time To Spare Free and Paid eBooks
 - Student Workbook For Time To Spare Public Domain eBooks
 - Student Workbook For Time To Spare eBook Subscription Services
 - Student Workbook For Time To Spare Budget-Friendly Options

6. Navigating Student Workbook For Time To Spare eBook Formats
 - ePub, PDF, MOBI, and More
 - Student Workbook For Time To Spare Compatibility with Devices
 - Student Workbook For Time To Spare Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Student Workbook For Time To Spare
 - Highlighting and Note-Taking Student Workbook For Time To Spare
 - Interactive Elements Student Workbook For Time To Spare
8. Staying Engaged with Student Workbook For Time To Spare
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Student Workbook For Time To Spare
9. Balancing eBooks and Physical Books Student Workbook For Time To Spare
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Student Workbook For Time To Spare
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Student Workbook For Time To Spare
 - Setting Reading Goals Student Workbook For Time To Spare
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Student Workbook For Time To Spare
 - Fact-Checking eBook Content of Student Workbook For Time To Spare
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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