- Academic Listening Survival Strategies: A guide for students who want to improve their listening skills at English medium universities. The guide covers four strategy areas:
 - 1.1. Perceptive

Perceptive strategies: These are about recognizing the sounds, words, and expressions that the lecturer uses.

1.2. Cognitive

These are about understanding and making sense of the lecture content.

1.3. meta-cognitive

These are about planning, monitoring, and evaluating the listening process.

1.4. socio-affective

Socio-affective strategies: These are about managing social relationships and negative emotions during listening.

Some examples of socio-affective strategies are:

- 1.4.1. Asking for help: Listeners can ask other people, such as teachers, classmates, or native speakers, for clarification, repetition, or explanation of what they hear. This can help them to understand the message better and learn new words or expressions.
- 1.4.2. Cooperating with others: Listeners can work together with other listeners, such as in pairs or groups, to share their ideas, opinions, or questions about what they hear. This can help them to improve their listening skills and confidence, as well as to learn from each other.
- 1.4.3. Lowering anxiety: Listeners can use techniques to reduce their stress or nervousness when listening, such as breathing deeply, relaxing their muscles, or thinking positively. This can help them to focus on the meaning and enjoy the listening process more.
- 1.4.4. Self-encouragement: Listeners can motivate themselves to keep listening, even when they encounter difficulties or challenges, such as unfamiliar words, fast speech, or complex topics. They can use positive self-talk, such as "I can do this". "I'm doing well", or "I'm learning a lot". This can help them to overcome their frustration and increase their self-esteem.

- The challenge of academic listening: The guide explains the difficulties that students may face when listening to lectures in English, such as different accents, speech styles, vocabulary, and lecture formats. It also emphasizes the benefits of better academic listening for learning and career development.
- 3. Three steps to improving academic listening: The guide suggests a three-step approach for students to identify and overcome their listening challenges. The steps are: 1) completing a questionnaire 2) looking up the strategies and tips related to their areas of need, and 3) doing the lecture tasks relevant to their needs.
- 4. Academic Listening Questionnaire: The guide provides a questionnaire with 25 listening challenges that students can rate according to their level of difficulty. The questionnaire helps students to pinpoint their strengths and weaknesses in academic listening and to focus on the strategy areas that are most challenging for them.
- Tips Ketika listening di kelas :
 - Mastering distractions: It is a life skill that will help you in university and your future career. You can choose not to bring electronic devices to class or use them only when necessary
 - Tips for avoiding distractions: making learning in class your priority, handwriting notes in class, treating lectures like a future workplace, and using a printed dictionary if you get distracted by an app.
 - 3. Focusing on the lecture: The page advises you to organize your studies so that you can focus in lectures. It warns you that multitasking during a lecture may cause you to miss key information, get further behind, distract your classmates, and offend your lecturer. It suggests that you plan ahead, create a reward system, and get the most out of a lecture by being there mentally as well as physically.

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Chao Zhang

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Spanish Second Language Acquisition Barbara Armstrong Lafford, M. Rafael Salaberry, 2003 While the focus is on the acquisition of Spanish as a second language this is also an extremely useful volume for second language theoreticians and practitioners involved in all aspects of the pedagogy of other second languages Students teachers program administrators and scholars alike will benefit from the insights that the contributors bring to the myriad issues that language professionals Forthcoming Books Rose Arny, 2000 LPN to RN Transitions - E-Book Lora confront BOOK JACKET Claywell, 2021-05-25 LPN to RN Transitions 5th Edition makes it easy for you to advance in your nursing career with all of the essential information you need to pursue your RN degree and practice as a registered nurse This new edition includes practical information on role transition cultural competency delegation interprofessional collaboration professional writing and more Plus newly revised and updated chapters provide the latest information for one complete indispensable resource to help you succeed in everything from the classroom to clinical practice Clear succinct coverage helps you understand the issues that an RN must address for a successful practice Respect for the accomplishments of the LPN is emphasized throughout the text Engaging design and thoughtful exercises keep you focused on key concepts and learning objectives Critical thinking questions at the end of every chapter reinforce your understanding of important content Patient scenarios and Application to Practice boxes challenge you to apply your knowledge to real world clinical situations FYI boxes encourage you to think about how your day to day interactions will change as an RN Key Terms and Key Points help you learn vocabulary words and concepts related to the topic being discussed NEW Interprofessional collaboration coverage prepares you to work effectively with other members of the healthcare team NEW Information on trauma Informed care

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