



Spa At Home

James Conway Walter



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The Spa Lover's Guide to Europe Sarah Woods, 2016-12-01 A guide to around 50 of the most beautiful and historic spa destinations in Europe taking in day spas getaway spas and medical spas Unlike so many spa guides this title focuses on destinations with natural spas where wellness treatments have been a part of the heritage and culture for hundreds of years From Bath to Budapest the Spa Lover's Guide examines the fascinating history and curative powers of the spa towns explaining what makes each special and giving detailed information on individual venues and the range of treatments on offer Feature boxes give essential booking and price information As well as spa treatments a range of suggestions for things to do in the local area are given for each historic destination

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