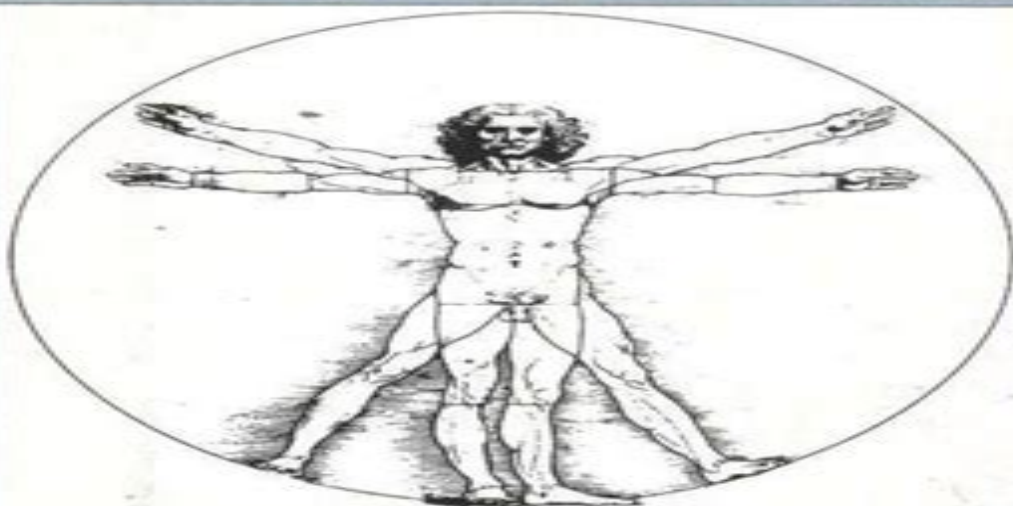


Y O C H A N A N · R Y W E R A N T

THE FELDENKRAIS METHOD

Teaching by Handling

A Technique for Individuals



**Authorized by
Moshe Feldenkrais ■ Author of
Awareness Through Movement**

The Feldenkrais Method Teaching By Handling A Technique For Individuals

K Morrison



The Feldenkrais Method Teaching By Handling A Technique For Individuals:

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