

SUE KREITZMAN'S

LOW-FAT DESSERTS



"The undisputed queen of low-fat cookery"

The Sunday Times Magazine

Sue Kreitzmans Low Fat Desserts

Michael Hoelscher



Sue Kreitzmans Low Fat Desserts:

Sue Kreitzman's Low Fat Desserts Sue Kreitzman,1998 *Low-Fat Desserts* Sue Kreitzman,1999 For many people a meal is not complete without dessert If you are weight or health conscious the options have been limited to yogurt or fruit For dessert lovers everywhere Sue Kreitzman has developed and perfected a mouthwatering collection of 100 low fat dessert recipes Included are irresistible recipes for cheesecakes chocolate cakes tortes roulades trifles tarts ice cream and puddings as well as low fat sauces fillings and toppings It even includes a special Christmas section featuring Sue s specially created low fat Christmas pudding cake mince meat and Buche de Noel

Sue Kreitzman's Complete Low Fat Cookbook Sue Kreitzman,1996 A book containing over 250 low fat recipes including reduced fat versions of family favourites such as hamburgers chips cakes and desserts Sue Kreitzman also demonstrates how to make a variety of breads soups pasta meat and fish allusing the minimum of fat

Sue Kreitzman's Complete Low Fat Cookbook Sue Kreitzman,1996
Complete Low-fat Cookbook Sue Kreitzman,1995-11 A book containing over 250 low fat recipes including reduced fat versions of family favourites such as hamburgers chips cakes and desserts Sue Kreitzman also demonstrates how to make a variety of breads soups pasta meat and fish allusing the minimum of fat *Sumptuous Desserts the Slim Cuisine Way* Sue Kreitzman,1993 Luscious desserts that contribute to a healthy low fat life style Over 130 kitchen tested low fat recipes that taste just as delicious as the old fashioned high fat ones feature puddings mousses pies souffles meringues cakes muffins cookies ice creams frozen yogurts milk shakes sorbets sherbets and cheesecakes Photographs

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Rose Army,1998-04 **Books in Print** ,1991 **The Library Journal** ,1998 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately **The New York Times Index** ,1993 *Library Journal* ,1998 Comfort Food Sue Kreitzman,1999 Offering recipes from chicken soup and meat loaf to apple crumble and rice pudding a best selling cookbook author has compiled 102 hearty old fashioned recipes in a beautifully designed format With black and white line drawings throughout as well as food related quotes from personalities such as Nora Ephron Christopher Morley and Craig Claiborne

Comfort Food will nourish the soul as well as the body

Unveiling the Magic of Words: A Overview of "**Sue Kreitzmans Low Fat Desserts**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Sue Kreitzmans Low Fat Desserts**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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