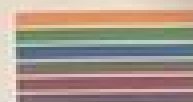


The Six Stages of Parenthood



"A book that is useful and important."

The New York Times

"Galinsky explores her intriguing theory in detail in this book, and the stories of the parents she interviewed make that theory come to life."

Parenting Advisor

Almost all books for parents focus on the way children develop. Ellen Galinsky, instead, writes about how parents develop. Drawing on the work in adult development of Erik Erikson and Daniel Levinson, she describes six distinct stages in the life of a parent: the image-making that occurs during pregnancy; the nurturing role that swallows parents up from birth through the first couple of years; the authority parents must develop as small children show independence; the interpretive stage when parents explain the world and their values to school-age children; the interdependent stage when teenagers challenge authority; and the departure years when parents let go and take stock of their accomplishments and failures.

Few parents will be able to resist tracing their own "passages" with the help of this book, and all those who do will find new insight and enjoyment at each stage.

Ellen Galinsky has been on the faculty of Bank Street College of Education in New York City for over twenty years. She directs many national and international research projects there and is a consultant on child and adult development to day-care programs, corporations, and the media. She is the author of *The New Extended Family*, *Family Matters in the Preschool Years*, and *Beginnings*.

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