

A LITTLE SPOT™

Aa



is for **ANGER**.

Bb



is for **BRAVE**.

Cc



is for **CALM**.

Dd



is for **DISAPPOINTED**.

Ee



is for **EMBARRASSED**.

Ff



is for **FRUSTRATED**.

Gg



is for **GRATEFUL**.

Hh



is for **HAPPY**.

Ii



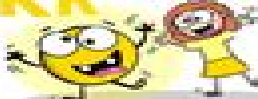
is for **IRRITATED**.

Jj



is for **JOY**.

Kk



is for **KOOKY**.

Ll



is for **LOVE**.

Mm



is for **MAD**.

Nn



is for **NERVOUS**.

Oo



is for **OVERWHELMED**.

Pp



is for **PEACEFUL**.

Qq



is for **QUEASY**.

Rr



is for **RAGE**.

Ss



is for **SAD**.

Tt



is for **THANKFUL**.

Uu



is for **UPSET**.

Vv



is for **VALUED**.

Ww



is for **WORRIED**.

Xx



is for...

Yy



is for **YUCKY**.

Zz



is for **ZEN**.

Feeling Spots are in us all,
they may be big, or they may be small.
Some may come and go, and some may stay...
What SPOT are you feeling today?

Spots Alphabet

Wolfgang Guggemos

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the name bar.

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