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Back Stability Christopher M. Norris,2008 Back Stability Integrating Science and Therapy Second Edition aids practitioners in recognizing and managing back conditions using proven clinical approaches to help clients and patients stabilize their spines

The Sports Injuries Handbook Christer Rolf,2010

Managing Sports Injuries e-book Christopher M Norris,2011-06-30 Now in its fourth edition with the revised title Managing Sports Injuries a guide for students and clinicians this highly practical guide maintains its evidence based approach while introducing new material from both research and clinical sources It is a comprehensive resource for the management of soft tissue injuries focusing on therapy Well referenced and extensively illustrated this text continues to be invaluable to physiotherapists sports and massage therapists medical practitioners and all those involved in the treatment of athletes and sports people Approx 424 pages Full colour text and illustrations emphasizing all practical techniques Treatment notes expanded with added topics and basic examination protocols Additional material enhancing clinical value Practical how to do approach enabling application of new techniques Updated research references

Sports Injuries in Children and Adolescents Apostolos H. Karantanas,2011-03-03 The incidence of acute and overuse sports injuries in children and adolescents are increasing Radiologists need to be familiar with the advantages and limitations of the various imaging modalities used to evaluate the injured young athlete This book written by leading experts from Europe and the United States covers a wide spectrum of sports injuries seen in children and adolescents The first part comprises a series of introductory chapters on topics such as

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