

Lab 5: Skeletal and Muscular Systems

LABORATORY OBJECTIVES

- Identify a male versus a female skeleton
- Identify the bones that make up the human body
- To investigate articulations and synsial joint movement
- To investigate muscles and bones working together-using dissection of a chicken wing
- muscle fatigue



INTRODUCTION:

Our skeletal and muscular systems work together to support our bodies and allow us to move in the various ways we do. The skeletal system also does other important things for our bodies; it protects our soft body parts, produces blood cells, and stores minerals and fats.

Our muscular system also has other functions; it helps maintain internal body temperature and assists with movement of fluid in our veins and lymphatic vessels - it also protects the organs of the abdominal region, and stabilizes joints.

ACTIVITY 1: Is the skeleton male or female?

MATERIALS

- Sammy the skeleton (Sammy could stand for Samuel or Samantha!)

METHODS

"The pelvis tells the story": Distinct features adapted for childbearing distinguish adult females from males. Other bones and the skull also have features that can indicate sex, though less reliably. In young children, these sex-related features are less obvious and more difficult to interpret. Subtle sex differences are detectable in younger skeletons, but they become more defined following puberty and sexual maturation.¹

The differences:

Female pelvic bones

- Broader sciatic notch
- Rounded articular surface

Male pelvic bones

- Narrower sciatic notch
- Flat articular surface

¹ From Smithsonian Institution: <http://www.siphi.org/teaching-materials/sex-differences-in-human-skeletons>, accessed 10/26/2016

Skeletal And Muscular Systems Lab Manual

Connie Allen, Valerie Harper



Skeletal And Muscular Systems Lab Manual:

Skeletal and Muscular Systems Deloris Johnson, 1997-12-01 **Laboratory Manual for Clinical Anatomy and Physiology for Veterinary Technicians - E-Book** Thomas P. Colville, Joanna M. Bassert, 2023-01-18 Learn to apply your A P learning in the lab setting with the Laboratory Manual for Clinical Anatomy and Physiology for Veterinary Technicians 4th Edition This practical laboratory resource features a variety of activities such as terminology exercises illustration identification and labelling case presentations and more to help reinforce your understanding of veterinary anatomy and physiology The laboratory manual also features vivid illustrations lists of terms and structures to be identified and step by step dissection guides to walk you through the dissection process Clinically oriented learning exercises introduce you to the language of anatomy and physiology as you identify structures and learn concepts Clear step by step dissection instructions for complex organs such as the heart familiarize you with the dissection process in a very visual easy to understand format Learning objectives the clinical significance of the content and lists of terms and structures to be identified appear at the beginning of each chapter Review activities and study exercises are included in every chapter to reinforce important information High quality full color illustrations provide a solid understanding of the details of anatomic structure

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Clinical Guide to Sonography - E-Book Charlotte Henningsen, Kathryn Kuntz, Diane J. Youngs, 2023-04-07 I really like the design and clinical focus of this book and believe that it will stimulate critical thinking among its transatlantic target audience Hazel Edwards Senior Sonographer Lister Hospital Stevenage Organized by clinical problem rather than by body system Clinical Guide to Sonography enables you to quickly find information related to the symptom being reported by the patient This unique format covers various pathologies that may be related to a patient s symptoms and features illustrations and sonograms that demonstrate each pathology The book is divided into five major sections abdomen obstetrics gynecology superficial structures and a miscellaneous section to include pediatric and vascular clinical indications Each chapter within those sections focuses on a clinical indication and incorporates background information a clinical scenario discussions of pathologies and differential diagnoses illustrations sonograms patient scenarios with multiple choice and case based questions to ensure you have a solid understanding of the material This book covers a wide range of ultrasound examinations looking at the clinical question first Reviewed by Allison Harris Clinical Co Ordinator City University London Date Oct 14 I really like the design and clinical focus of this book and believe that it will stimulate critical thinking among its transatlantic target audience For UK readers though I feel it has less appeal Reviewed by RAD Magazine Date July 2014 Symptom based presentation makes it easy for beginning and experienced sonographers to quickly find information related to the patient s symptom Summary tables of differential diagnoses and sonographic findings provide you with a brief overview of all chapter material for quick reference Clinical scenarios at the beginning of each chapter help you learn to apply information to the clinical setting Case studies and discussion questions give you the opportunity to enhance your critical thinking skills and measure your comprehension of material Over 900 ultrasound images correlated to the pathology illustrate what you ll encounter in the clinical setting Glossary helps you define important terminology New chapters provide you with more complete coverage of the pathology sonographers encounter in practice New case studies with critical thinking questions set

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