



The Actor's Triune Nature: Balancing Character, Actor, and Spectator in Performance

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Abstract

Acting is a challenging and complex field requiring performers to possess unique skills and qualities. To portray a character successfully on stage or screen, actors must be able to step into the role while still being aware of their presence during the performance. Additionally, actors must maintain a connection with their audience to engage them in the performance. This paper explores the idea that an actor is three people in one: the character, the actor, and the spectator. The paper examines various theories, methodologies and field experiences and argues that this three-fold personhood is essential for a successful performance. It also analyzes the internal and external processes involved in acting, including character development, emotional connection, and physical embodiment as well as the importance of maintaining a connection with the audience throughout the performance. Ultimately, the paper aims to provide insight into the intricacies of acting as well as highlight the crucial role which balancing character, actor and spectator play in achieving a successful performance.

Keywords: *Actor, character, nature, spectator, synergy, triune*

Introduction

Acting is an art form that requires individuals to take on different identities and exceed their limits. Actors must embody multiple personas to bring a character to life, including that of the character, the performer, and the observer. This triadic nature of an actor's existence is the foundation of their craft, allowing them to achieve a balance that captivates audiences and resonates with their emotions. The character persona is the gateway to exploring the depths of human experience. It demands that the actor delves into the characters' psyche, empathizes with their struggles, and authentically portray their emotions. On the other hand, the performer persona utilizes the actor's unique skills, training, and artistic choices to infuse the character with vitality and bring a personalized interpretation to the role. Finally, the observer persona enables the actor to step back, evaluate their performance, and continuously refine their approach to improve. The study aims to uncover the intricacies of the actor's triune nature and shed light on the interplay between the character, performer, and observer personas. By embracing and understanding this trinity, actors can achieve perceptive mastery beyond simply playing a role. The researcher will explore each persona, revealing the techniques,

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