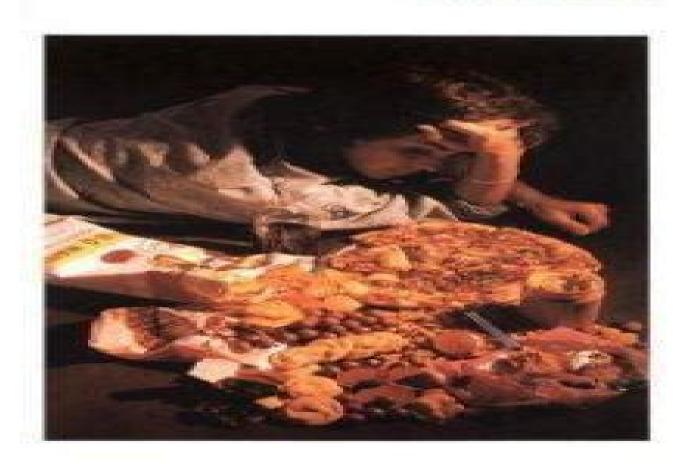
A Substance Called Food

How to Understand, Control and Recover From Addictive Eating

Second Edition



Gloria Arenson



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