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JEFFREY GARDERE, Ph.D.

Smart Parenting For African Americans

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Smart Parenting For African Americans:

Smart Parenting for African Americans Jeffrey Roger Gardere, 2002 African American children face many imposing threats in today's world academic failure drugs gangs irresponsible sex and attraction to crime among others For the parents of these children it takes knowledge effort and caring to effectively deal with such tough issues In *Smart Parenting for African Americans* Dr Jeffrey Gardere presents a savvy realistic guide for today's black parents He takes an honest look at the problems their children face and stresses the importance of strong parent child communication for fostering self esteem

STEM SMART Parenting Alan Zollman, Lisa Hoffman, Emily K. Suh, 2025-04-01 An invaluable resource for parents wishing to arm their children with the life skills necessary to succeed in a STEM driven culture In today's world of STEM all children even those with interests outside of science technology engineering and mathematics need to develop specific skills in order to flourish in a complex landscape Parents want to help their kids but are often overwhelmed by all the STEM products that aren't necessarily as valuable as they claim In *STEM SMART Parenting* educators Alan Zollman Lisa Hoffman and Emily K Suh unpack the research on STEM learning into a reader friendly practical guide for parents and caregivers It introduces activities and resources that help kids of all ages build the necessary STEM mindset includes no cost ideas that parents can use with their children to promote STEM thinking and shows readers how to evaluate which STEM games toys and activities actually deliver what they promise With real life examples daily activities and key takeaways this book shows parents how to help their children from toddlers to teenagers cultivate critical thinking skills and become intellectual risk takers prepared for a world where STEM proficiency is essential

Chicken Soup for the African American Soul Jack Canfield, Mark Victor Hansen, 2012-08-07 This is the book everyone has been waiting for an inspiring celebration of the joy challenges and triumphs of being African American

Raising Resilient Black Kids Erlanger A. Turner, 2024-10-01 Black children who've experienced systemic racism are more likely to experience stress anger anxiety and depression all of which can negatively impact their school life home and community In this much needed resource race and mental health expert Erlanger Turner offers parents evidence based cognitive behavioral therapy CBT skills to help their kids cope with race based stress and promote resilience and healing

Black Families in Therapy Nancy Boyd-Franklin, 2013-11-18 This classic text helps professionals and students understand and address cultural and racial issues in therapy with African American clients Leading family therapist Nancy Boyd Franklin explores the problems and challenges facing African American communities at different socioeconomic levels expands major therapeutic concepts and models to be more relevant to the experiences of African American families and individuals and outlines an empowerment based multisystemic approach to helping clients mobilize cultural and personal resources for change

Dr. Sylvia Rimm's Smart Parenting Sylvia B. Rimm, 1997-06-02 Today's child psychologist and author of *Why Bright Kids Get Poor Grades* Dr Sylvia Rimm offers effective down to earth advice to help parents raise their children to achieve their greatest potential during and after the school years *Ebony*, 1999-06

EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine

Screen-Smart Parenting Jodi Gold,2014-10-20 Even for today s most tech savvy parents managing kids technology use is a huge challenge fraught with uncertainties What kinds and amounts of screen time boost learning and development and what kinds may be harmful What is the right age for a game console or a smartphone How can kids and teens be protected from cyberbullying and learn to be good digital citizens What impact do parents technology habits have In her busy psychiatry practice and while raising her own kids Jodi Gold sees everyday both the mind boggling benefits and the serious downsides of technology In a positive accessible style she gives parents a wealth of practical strategies for navigating the digital frontier and creating realistic doable rules and expectations forthe whole family

Learning to Lead Rev. Willard W. C. Ashley Sr., MDiv, DMin, DH,2012-10-15 The first comprehensive resource for teaching spiritual leadership development in the twenty first century for all faith traditions America is changing Technology social networking global economics immigration migration and multiculturalism urge communities of faith to expand their vision of spiritual leadership and reflect on how leaders can better serve congregations and communities in the twenty first century In this multifaith cross cultural and comprehensive resource for both clergy and lay persons contributors who are experts in the field explore how to engage spiritual leaders and teach them how to bring healing faith justice and support to communities and congregations They offer tools advice practical methodologies and case studies on how stakeholders congregational leaders ordained religious leaders educators students and community leaders learn how to do theology in context and grow into faith leadership roles

Reaching Out in Family Therapy Nancy Boyd-Franklin,Brenna Hafer Bry,2012-08-22 This book has been replaced by Adolescents at Risk Home Based Family Therapy and School Based Intervention ISBN 978 1 4625 3653 5

The Diary of a Mad Public School Teacher David A. Hancock MA,2017-07-21 Many are asking what is wrong with teaching learning schooling and education and what can be done You will get the answers panacea from the letters of a mad public school teacher intrepid irascible cantankerous provocative passionate thought provoking iconoclastic and enhanced with vitriolic demagoguery As a grad student colleague said Thanks for an enjoyable class on education issues in society I also enjoyed your letters to the editor Ive been told that I say what other people think Well you write and publish what were all thinking

Adolescents at Risk Nancy Boyd-Franklin,Brenna Hafer Bry,2019-01-09 Rich with illustrative case material this book guides mental health professionals to break the cycle of at risk behavior by engaging adolescents and their families in home school and community contexts The authors explore the multigenerational patterns that shape the lives of poor and ethnic minority adolescents and present innovative strategies for intervening beyond the walls of the agency or clinic Grounded in research the book shows how to implement both home based family therapy and school based achievement mentoring to provide a comprehensive web of support Building on the earlier Reaching Out in Family Therapy this book reflects the ongoing development of the authors multisystems approach

and many other important changes in the field the majority of the content is completely new It is an indispensable resource for beginning and experienced professionals or text for courses on adolescent intervention or adolescent mental health

Love Prescription Jeffrey Gardere,2003-12 Offering candid supportive sometimes startling observations and advice the highly respected and recognised Dr Jeffrey Gardere instructs his readers how to cut through the layers of distrust faithlessness and resentment to reach the core of the warm loving relationship that could be theirs A frequent guest on TV shows Dr Jeff lives on the front lines of the war that rages between the sexes Filled with real life stories packed with drama heartbreak and steamy roller coaster passion to help guide readers on their way to their heart s fulfilment *Smart*

Parenting Bill J. Duke,1996 **Yes, You Can Survive Adolescence and Beyond: Real Talk** Jeffrey D. Harris,2011-06-28 Yes You Can Survive Adolescence and Beyond was inspired by Jeffrey Harris childhood and life long experience Growing up without knowing his biological father reared in a financially challenged household Mr Harris makes no excuses of what he didn t have but talks about how he achieved what he does have He learned the values of hardwork at an early age Self determination never left him although hard times challenged him Reflecting on how he walked around with cardboard stuffed at the bottom of his shoes to replace their worn soles drug dealing and use and gang involvement Mr Harris knows that there is a much better life for everyone despite their challenges The book captures such experiences of everyday people and prominent people we all know His experience in the United States Army awakened him to his life s purpose Although those years were not his best they were the years that fertilized the seed his grandfather planted within him to cultivate the man he is today This book is straight talk It is nothing spectacular but provocative practical profound and to the point His advice to young people is believable and achievable The book is trusting and real Now you be the judge *The African American*

Guide to the Bible H.C. Felder,2018-10-31 The African American Guide to the Bible makes the case for the relevance of the Bible from the perspective of people of color It presents a comprehensive biblical view of topics of interest to African Americans and clarifies racial issues for white people Part 1 addresses the inspiration of the Bible by giving evidence for its authenticity A considerable amount of time is spent on examining the original text of the Bible the archeological evidence and the evidence from predictive prophecy to demonstrate the uniqueness of the Bible Part 2 deals with the black presence in the Bible by demonstrating the prominence of people of color and black people in particular by highlighting their importance in the plan of God It explains what it means to be black and demonstrates that the scientific and biblical evidence are both consistent with respect to race Part 3 is a response to the arguments of racism used by critics of the Bible for example Christianity is the white man s religion and Bible supports slavery and racism These arguments are examined and evaluated in light of scripture and the context of history Part 4 deals with the unity of humanity from a biblical perspective It shows why racism is not only unbiblical but is evil when understood from the perspective of God Bibliographic Guide to Womens

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Encyclopedia R. Kent Rasmussen,2001
Harley,John M. Dillard,2005

Contemporary Mental Health Issues Among African Americans Debra A.

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