



# The **Holistic Healers** ▶ Podcast



EPISODE 19

WITH CASEY STEVENS



## Spiritual Psychotherapy

# The Holistic Healers

**Jörg Wichmann**



## **The Holistic Healers:**

**The Holistic Healers** Paul C. Reisser, Teri K. Reisser, John Weldon, 1983      *Toward an Integrative Medicine* Hans A. Baer, 2004 This book chronicles the transformation of the holistic health movement over the past three decades as it increasingly influences the delivery of health care in America In it he describes the battle for legitimacy by alternative therapeutic practitioners and the biomedical profession s increasing interest in the possibilities of a complementary and integrative medical system Baer examines a variety of professionalized and lay heterodox therapeutic systems including chiropractors naturopaths and acupuncturists homeopaths bodyworkers and lay midwives He shows ironically how the holistic movement may become more limited as it gains acceptance and becomes integrated into mainstream professional medicine This book is a valuable resource for instructors students professionals and others interested in public health issues health policy medical studies health economics medical anthropology and sociology      *Advanced Chakra Healing* Cyndi Dale, 2025-08-05 Remove Energy Blocks and Achieve True Healing through the Four Pathways Join world renowned energy healer and bestselling author Cyndi Dale as she provides a comprehensive guide to energy and chakra work using the four pathways healing system The concepts and techniques of this potent approach are designed to be totally aligned with divine love so that you can achieve the awakened state that brings true healing Featuring nearly fifty hands on exercises and a full color insert this book shows you how to negotiate the pathways elemental power imaginal and divine through the subtle energy organs known as the chakras You will explore the energy patterns and programs that underlie imbalances and illness and learn methods for energy mapping as well as Cyndi s signature Spirit to Spirit practice The four pathways are interconnected and dynamic so when you transform one you transform them all leading to healing outcomes that are based in the unifying energy of love Foreword by Dr Doc C Michael Scroggins PhD CEng CMarEng FIMarEST      **Palliative Care Nursing** Deborah Witt Sherman, 2010 This textbook has introduced concepts and methods of education which help to move palliative nursing forward as an evidenced based practice of whole person care Betty Ferrell PhD FAAN Research Scientist From the Foreword In this comprehensive textbook on palliative care nursing editors Marianne Matzo and Deborah Witt Sherman succeed in bringing together the heart of nursing and the true meaning of palliative care with the most current evidence based practice GeriPal Palliative care is a philosophy of caregiving that integrates disease modification with supportive compassionate therapies for patients at the end of life Palliative care nurses are responsible for alleviating pain and other physical symptoms along with satisfying the emotional social cultural and spiritual needs of patients who are facing life threatening illness This third edition of Palliative Care Nursing provides more comprehensive newly updated content knowledge attitudes skills and cutting edge teaching and learning strategies to achieve the AACN End of Life nursing competencies providing a lifespan approach Now in its third edition this book continues to emphasize the value of complementary holistic modalities in promoting health wholeness and wellness even as death approaches Key topics

discussed Ethical aspects of palliative care Legal aspects of end of life decision making Loss suffering grief and bereavement on the part of patients and their families Symptom specific nursing management of pain anxiety depression fatigue malnutrition and dehydration all common to palliative care How to communicate with the seriously ill and dying patients their families and their health care providers Disease specific aspects of palliative care for those battling cancer heart disease lung disease HIV AIDS end stage renal and liver disease neurological and other disorders     Healing the Homeopathic Way Jörg Wichmann, 2020-01-02 Homeopathy works heals and is easy to explain and understand All that is needed is a change of perspective to a scientific paradigm that suits homeopathy and on which basis its laws make sense In the current discussion about the effectiveness of homeopathy this book gives clear answers and illuminates the historical philosophical and scientific backgrounds of this holistic medicine It shows that there is much more to it than a healing method Homeopathy offers a medical alternative that does not produce resistant germs does not bring hormones and toxins into the body and the environment and due to its minimal consumption of resources is sustainable inexpensive and can be used worldwide Homeopathy is a healing method that moves between the worlds of modern science and the traditional holistic paths and can contribute the best from both sides It developed an accuracy of observation documentation and knowledge of remedies as well as an international exchange of experience as is only known from modern sciences And it builds on the depth of the intuition of the practitioners on the direct encounter with the essence of the remedies and on an understanding of the life force as only the holistic traditions cultivate Only those who see both sides can truly understand homeopathy and use or exercise its full potential     The Complete Guide to Natural Healing Tom Monte, 1997 Explains how to prevent and treat common illnesses with diet and nutrition herbalism homeopathy Chinese medicine massage and exercise     Yoga Journal , 1980-09 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty     **The Sounds of Furious Living** Matthew Kelly, 2023-10-13 Four decades have passed since reports of a mysterious gay cancer first appeared in US newspapers In the ensuing years the pandemic that would come to be called AIDS changed the world in innumerable ways It also gave rise to one of the late twentieth century s largest health based empowerment movements Scholars across diverse traditions have documented the rise of the AIDS activist movement chronicling the impassioned echoes of protestors who took to the streets to demand drugs into bodies And yet not all activism creates echoes Included among the ranks of 1980s and 1990s era AIDS activists were individuals whose expressions of empowerment differed markedly from those demanding open access to mainstream pharmaceutical agents Largely forgotten today this activist tradition was comprised of individuals who embraced unorthodox approaches for conceptualizing and treating their condition Rejecting biomedical expertise they shared

alternative clinical paradigms created underground networks for distributing unorthodox nostrums and endorsed etiological models that challenged the association between HIV and AIDS. The theatre of their protests was not the streets of New York City's Greenwich Village but rather their bodies. And their language was not the riotous chants of public demonstration but the often invisible embrace of contrarian systems for defining and treating their disease. *The Sounds of Furious Living* seeks to understand the AIDS activist tradition identifying the historical currents out of which it arose. Embracing a patient-centered social historical lens, it traces historic shifts in popular understanding of health and perceptions of biomedicine through the nineteenth and twentieth centuries to explain the lasting appeal of unorthodox health activism into the modern era. In asking how unorthodox health activism flourished during the twentieth century's last major pandemic, Kelly also seeks to inform our understanding of resistance to biomedical authority in the setting of the twenty-first century's first major pandemic, COVID-19. As a deeply researched portrait of distrust and disenchantment, *The Sounds of Furious Living* helps explain the persistence of movements that challenge biomedicine's authority well into a century marked by biomedical innovation while simultaneously posing important questions regarding the meaning and metrics of patient empowerment in clinical practice.

**Beyond the Pandemic** O'Murchu, Diarmuid, 2022-11-03. Sets out some of the leading features of the evolutionary spiritual reawakening initiated in part by the COVID-19 pandemic and their implications for our time.

*The Healing Spirit* Leo O. Stossich, 2019-02-26. This book traces the journeys of seven victims of childhood sexual abuse who have experienced recovery through the activity of the Holy Spirit within the context of the local church. These recovered victims have been enabled to move beyond the devastation of abuse by others whom they trusted to a place of emotional and psychological stability, appropriate sexual intimacy with their spouses, and a growing level of spiritual maturity. While the Christian community has been slow to grasp the severity and extent of the problem or to provide the healing resources of the gospel, some victims have found recovery in local churches. The author has undertaken in-depth interviews to elicit and explore the narratives of their journeys from woundedness to well-being. These narratives are an important source of information on the activity of the Holy Spirit in healing. While the Spirit is an entity hidden to us, the author has explored the experiences of seven recovered victims to disclose meaning for the work of the Spirit in all areas of Christian ministry.

The Encyclopedic Sourcebook of New Age Religions James R. Lewis, 2004-08-30. In the late 1980s the New Age movement became the focus of both media attention and widespread ridicule as some of the more outlandish aspects of the movement, such as channeling and the use of crystals for healing, briefly piqued the public's curiosity. While the movement was at its height, scholars of religion generally sneered at what was perceived to be a daffy, shallow craze and ignored it as a subject of serious study. Professor James R. Lewis was among the first to examine this growing religious phenomenon scientifically. In previous books, he has investigated the New Age as the most visible manifestation of a significant spiritual subculture, the roots of which reach back to Theosophy, Spiritualism, and New Thought. The present collection pursues this theme, bringing

together some of the best recent scholarship on new religions Since the height of its popular influence the New Age has declined in strength but has given rise to a plethora of new denominations all shaped by New Age ideas and spirituality Reflecting the emergence of this new denominational structure the core chapters of this book focus on specific groups Other chapters examine the movement s historical roots A unique feature of Dr Lewis s work is his inclusion of extensive selections from New Age literature thus allowing readers to experience firsthand the unusual perspectives of the various groups This is a fascinating examination of a significant and persistent religious and social phenomenon Healing Hearts: Embracing Sacrifice for Personal Growth Dr. Mark A. McConnell, 2025-02-20 Discover the transformative power of sacrifice and faith in Healing Hearts Embracing Sacrifice for Personal Growth In these pages you will embark on a journey that turns life s deepest challenges into stepping stones toward healing and renewal Drawing on personal experience and timeless biblical wisdom this book reveals how letting go of what no longer serves you be it old habits toxic relationships or the weight of past hurts can create space for profound growth and spiritual awakening Through relatable stories practical exercises and inspirational reflections rooted in the King James Version of Scripture you will learn to nurture your inner self and embrace change with courage Each chapter guides you step by step offering tools to rebuild resilience establish healthy routines and integrate faith seamlessly into everyday life Whether you re seeking to mend a broken heart or striving to find balance in a chaotic world this book provides the encouragement and insights needed to transform pain into power and despair into hope Let Healing Hearts be your companion as you journey toward a life of authenticity strength and divine purpose Embrace the sacrifices that pave the way for growth and discover how every challenge can lead to a brighter more fulfilling tomorrow

**Healing with Spiritual Practices** Thomas G. Plante Ph.D., 2018-06-21 This interdisciplinary study details spiritual approaches including meditation and yoga shown to be helpful in improving physical and psychological well being Whether a person suffers from a psychological or physical malady such as depression addictions chronic pain cancer or complications from pregnancy the best practice treatments likely include one common thread spiritual practice From meditation and yoga to spiritual surrender and religious rituals spiritual practices are increasingly being recognized as physically and mentally beneficial for recovering from illness and for retaining optimal health Healing with Spiritual Practices Proven Techniques for Disorders from Addictions and Anxiety to Cancer and Chronic Pain edited by the director of one of the nation s best known university institutes of spirituality and health explains current and emerging practices their benefits and the growing body of research that proves them effective Comprising chapters from expert contributors this book will appeal to students scholars and other readers interested in psychology medicine nursing social work pastoral care and related disciplines Integrating Traditional Healing Practices Into Counseling and Psychotherapy Roy Moodley, William West, 2005-04-20 Integrating Traditional Healing Practices Into Counseling and Psychotherapy critically examines ethnic minority cultural and traditional healing in relation to counseling and psychotherapy Authors Roy Moodley and William West highlight the challenges and

changes in the field of multicultural counseling and psychotherapy by integrating current issues of traditional healing with contemporary practice The book uniquely presents a range of accounts of the dilemmas and issues facing students professional counselors psychotherapists social workers researchers and others who use multicultural counseling or transcultural psychotherapy as part of their professional practice

**Information-including Medicines; Physics and Mechanism of Action (With Emphasis on "Viremedy") A Synopsis ["Version: Dec 2022"]** Kamyar Esmaeili, M.D.

,2022-12-25 Version Dec 2022 OVERVIEW An information including medicine is a material that the rendition of its respective physical information via a certain part of the living system termed parallel body leads to its corresponding biotic qualities in the living being Viremedy homeopathic medicines and the so called intentional healing medicines are among such medicines Viremedy as a basic remedy could raise the vitality of the living creature within the framework of its nature A rise in vitality means a general increase in the fulfillment degree of biotic capabilities such as resistance resilience to exogenous and endogenous stresses in the broad sense This basic remedy improves the natural regulatory and healing operations In this text allowing for the related facts and experiments the Physical Essence and the Mechanisms of the Actions of information including medicines have been generally explicated by putting forward a working theory Additionally Viremedy its Origin and some relevant topics have been presented These topics are also included Some Controlled Experiments Conducted About any Effects of Viremedy on Vitality Some Points About the Holistic Healing Process Actuated by Viremedy Use Some Application Methods of Viremedy The Possible Use of Other Treatments Together With Viremedy What is entitled the Improved Homeopathy has been briefly introduced in this synopsis as well As a rule facts rather than words are the final judge Information including medicines are broadly used in practice in some therapeutic modalities like homeopathy etc There are controversial discussions about such medicines and the related topics For instance in view of the high dilution of homeopathic medicines sometimes beyond Avogadro s Limit some scholars have considered them the inert substances called Placebo having no specific virtue Oppositely some others have counted homeopathy as a credible therapeutic modality Here regarding an interdisciplinary approach the Physical Essence and the Mechanisms of the Actions of information including medicines have been generally clarified by putting forward a comprehensive theory In light of this theory the related facts can be explained and the results of some related experiences can be methodically predicted Allowing for this theory we can also find suitable ways for the reproduction and the reinforcement of the special information including remedy named Viremedy keeping this remedy in appropriate conditions the various methods of Viremedy application and the apposite application of other treatments like homeopathic treatments together with this remedy Viremedy is Not a Monopolistic Production or Finding of any Person or Group Most of all facts like the results of the appropriate controlled experiences suitably designed and performed to correctly evaluate the degree of vitality are the final judge SOME RELATED DOMAINS Health and Medical Sciences Integrative Medicine Holistic Medicine Complementary and Alternative Medicine Parallel Body

Medicine Information Medicine So called Energy Medicine Homeopathy Improved Homeopathy Healing Natural Medicine Naturopathic Med Vitheryapy Holism Information including Medicines Modern Physics Evidence based Medicine

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Robbie Davis-Floyd, Gloria St. John, 1998 Why would a successful physician who has undergone seven years of rigorous medical training take the trouble to seek out and learn to practice alternative methods of healing such as homeopathy and Chinese medicine From Doctor to Healer answers this question as it traces the transformational journeys of physicians who move across the philosophical spectrum of American medicine from doctor to healer Robbie Davis Floyd and Gloria St John conducted extensive interviews to discover how and why physicians make the move to alternative medicine what sparks this shift and what beliefs they abandon or embrace in the process After outlining the basic models of American health care the technocratic humanistic and holistic the authors follow the thoughts and experiences of forty physicians as they expand their horizons in order to offer effective patient care The book focuses on the radical shift from one end of the spectrum to the other from the technocratic approach to holism made by most of the interviewees Because many American physicians find such a drastic change too threatening the authors also address the less radical transition to humanism a movement toward compassionate care arising from within the medical system *Biomedicine and Alternative Healing Systems in America*

Hans A. Baer, 2001 Examining medical pluralism in the United States from the Revolutionary War period through the end of the twentieth century Hans Baer brings together in one convenient reference a vast array of information on healing systems as diverse as Christian Science osteopathy acupuncture Santeria southern Appalachian herbalism evangelical faith healing and Navajo healing In a country where the dominant paradigm of biomedicine medical schools research hospitals clinics staffed by M D s and R N s has been long established and supported by laws and regulations the continuing appeal of other medical systems and subsystems bears careful consideration Distinctions of class Baer emphasizes as well as differences in race ethnicity and gender are fundamental to the diversity of beliefs techniques and social organizations represented in the phenomenon of medical pluralism Baer traces the simultaneous emergence in the nineteenth century of formalized biomedicine and of homeopathy botanic medicine hydropathy Christian Science osteopathy and chiropractic He examines present day osteopathic medicine as a system parallel to biomedicine with an emphasis on primary care chiropractic



naturopathy and acupuncture as professionalized heterodox medical systems homeopathy herbalism bodywork and lay midwifery in the context of the holistic health movement Anglo American religious healing and folk medical systems particularly among racial and ethnic minorities In closing he focuses on the persistence of folk medical systems among working class Americans and considers the growing interest of biomedical physicians pharmaceutical and healthcare corporations and government in the holistic health movement

**Herbal Voices** Ethan B Russo, Anne Dougherty, 2013-10-11  
 Learn how traditional herbal practitioners are responding to the sudden massive popularity of herbal medicine Herbal Voices American Herbalism Through the Words of American Herbalists examines how herbal practitioners who started in the 1960s and 1970s are reacting to the mainstream popularity of herbal medicine today This unique book features interviews with 20 of America's most prominent herbalists focusing on their careers their beliefs and their perspectives on the contemporary herbal product boom in recent years Also included is important information on herbal organizations publications schools and companies where seeds and rootstock of endangered medicinal plants can be obtained as well as a list of the United Plant Savers At Risk and To Watch medicinal plants Herbal Voices synthesizes the words of a representative group of herbalists into a compelling picture of modern American herbalism as they offer their opinions on the roles of science folklore and spirituality in herbal medicine This timely resource addresses controversial issues that arise within the herbal community such as the endangered plant crisis professionalism and licensure and shifting the American consciousness toward a more Earth centered way of life and health In Herbal Voices you'll hear from many well known herbal practitioners including Rosemary Gladstar founder of The California School of Herbal Studies and United Plant Savers co founder of Sage Mountain Herbs and author of Herbal Healing for Women and of the Sage Healing Way series James Green former Director of The California School of Herbal Studies a member of the advisory committee for United Plant Savers and author of both The Herbal Medicine Makers Handbook and The Male Herbal David Hoffmann Fellow of Britain's National Institute of Medical Herbalists former President of the American Herbalists Guild and author of The New Holistic Herbal An Elder's Herbal and Therapeutic Herbalism Richo Cech herbalist owner of Horizon Herbs executive board member of United Plant Savers and author of Growing Your Garden Pharmacy Sharol Tilgner licensed naturopathic physician founder and current President of Wise Woman Herbs Inc editor of Herbal Transitions associate editor of Medical Herbalism and author of Herbal Medicines From the Heart of the Earth For the first time these leading educators clinicians and business owners share the joys and pitfalls of practicing an age old healing tradition in modern America This rich resource of reflections fills a gap in the existing literature that will be useful for herbalists herbal enthusiasts historians anthropologists popular culturists and holistic alternative medical practitioners

**The Healer's Touch: An Exploration into the Deep Legacy of Healing Arts**  
 Pasquale De Marco, 2025-07-20 Embark on a transformative journey into the world of healing with The Healer's Touch An Exploration into the Deep Legacy of Healing Arts a comprehensive exploration of the art and science of restoring well being

Within these pages you will discover a tapestry of ancient wisdom and modern insights unveiling the profound power of healing traditions from around the globe. Delve into the depths of traditional healing practices where ancient healers utilized the healing power of nature herbs and spiritual rituals to restore balance and harmony to the mind body and spirit. Explore the resurgence of holistic healing approaches that blend Eastern and Western philosophies emphasizing the interconnectedness of all aspects of our being. Discover the profound impact of the mind on healing as we delve into the realm of mind body medicine. Learn how stress emotions and beliefs influence our health and explore powerful techniques for harnessing the mind's innate healing abilities. Discover the benefits of meditation mindfulness and guided imagery in promoting relaxation reducing stress and enhancing overall well being. Unravel the mysteries of energy healing modalities such as acupuncture Reiki and pranic healing which aim to restore balance and harmony to the body's energy systems. Explore the role of energy flow in promoting physical emotional and spiritual healing and learn how to harness these energies for self care and well being. Immerse yourself in the cultural diversity of healing traditions as we journey through different regions of the world uncovering unique healing practices and beliefs. From ancient shamanic rituals to modern community based healing initiatives discover how cultural factors shape our understanding of health and illness and how healing practices evolve within different societal contexts.

*The Healer's Touch: An Exploration into the Deep Legacy of Healing Arts* is an invitation to embark on a transformative journey of healing and self discovery. Through its pages you will gain a deeper understanding of the profound power of healing arts empowering you to take an active role in your own well being and cultivate a life of vitality and balance. If you like this book write a review.

*The Healing Power of African-American Spirituality* Stephanie Rose Bird, 2022-02. The essential resource and guide to African American spirituality and traditions. This is a fabulous resource for anyone who wants to understand African American spirituality shamanism and indigenous spiritual practices and beliefs. It is designed to be informative while providing hands on recipes rituals projects and resources to help you become an active participant in its wonderfully soulful traditions. Inside you will find:

1. A celebration of healing magic and the divination traditions of ancient African earth based spirituality.
2. An explanation of how these practices have evolved in contemporary African American culture.
3. A potpourri of recipes rituals and resources that you can use to heal your life.

Among the topics covered: African spiritual practices of Santeria Obeah Lucumi Orisa and Quimbois Hoodoo and how to use it to improve your health. Ancient healing rituals and magical recipes of Daliluw. Talking drums spiritual dancing clapping tapping singing and changing over objects tricks and mojo bats and herbal remedies. Previously published as *The Big Book of Soul*.

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### **The Holistic Healers Introduction**

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