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stolen women

**Reclaiming
Our Sexuality,
Taking Back
Our Lives**



Dr. Gail Elizabeth Wyatt

Stolen Women Reclaiming Our Sexuality Taking Back Our Lives

Karin Nielsen-Saines



Stolen Women Reclaiming Our Sexuality Taking Back Our Lives:

Stolen Women Gail Wyatt, 1997 It does not have to be that way says Dr Wyatt in this long awaited soul shaking book We do not have to remain captive to outdated ways of thinking about our lives We can uncover the myths we absorbed from our favorite media our families schools churches and friends We can discover how they shaped our behavior and stop the cycle that endangers our health and well being At last we can fully understand our essential sexuality and discover the life long rewards of sexual knowledge Drawing upon two decades of pioneering research on black female sexuality plus the wisdom gained as an internationally recognized sex therapist Dr Wyatt brings a vital message of hope healing and responsibility that can literally save our relationships our daughters our granddaughters our lives Stolen Women Gail Elizabeth Wyatt, 2000-05 In a groundbreaking work of uncompromising honesty the nation s leading expert on black female sexuality shatters centuries of myths misconceptions and misinformation Here for the first time is the authentic story of African American women s sexual experience across seven generations Based on in depth interviews with hundreds of women ages 18 to 80 and fascinating case histories from her life experience and clinical practice Dr Gail Elizabeth Wyatt arrives at a major new understanding of sex and the black woman It begins in the distant past even before we were stolen from our homelands forced into slavery robbed of our dignity and our ability to choose our mates It lives deep within us in powerful myths that label us as selfless parodies of the mammies of old wanton she devils or hot mamas or workhorses mules of the world with no needs of our own Perhaps you or someone you know has fallen prey to these myths Acting them out in our homes on television and film or in the workplace we let them diminish our potential for making healthy responsible sexual choices Or fearing and avoiding them we let them limit our possibilities for joy self confidence and sexual fulfillment It does not have to be that way says Dr Wyatt in this long awaited soul shaking book We do not have to remain captive to outdated ways of thinking about our lives We can uncover the myths we absorbed from our favorite media our families schools churches and friends We can discover how they shaped our behavior and stop the cycle that endangers our health and well being At last we can fully understand our essential sexuality and discover the life long rewards of sexual knowledge Drawing upon two decades of pioneering research on black female sexuality plus the wisdom gained as an internationally recognized sex therapist Dr Wyatt brings a vital message of hope healing and responsibility that can literally save our relationships our daughters our granddaughters our lives astonishing findings Dr Gwendolyn Goldsby Grant Advice columnist Essence magazine Dr Wyatt speaks and writes eloquently about the sexual experience of African American women Linda Villarosa Editor of Body Soul *Stolen Women* gives us what Mama couldn t a way to be in charge of our own bodies BEBE MOORE CAMPBELL Author of *Brothers and Sisters* Finally we have the first book that breaks the silence Dr Wyatt presents a well researched and balanced perspective of the sexual experiences of African American women It explodes the myths examines our past and sets the path for our healing and our future survival This is a book that should be read by anyone who knows or

cares about African American women Gloria Johnson Powell M D Professor of Psychiatry Harvard University Ebony, 1997-08 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine *From Menarche to Menopause* Joan Chrisler, 2014-06-11 *From Menarche to Menopause* The Female Body in Feminist Therapy examines the latest research on the menstrual cycle and women s reproductive health This timely volume focuses on women in therapy who are disconnected from or even repelled by their own bodies due to cultural attitudes abuse trauma or the natural aging process Experts in the fields of psychology and women s health unite to celebrate the physical life stages of women and girls and to offer practical advice for therapists to use when addressing negativity caused by appearance age menstrual symptoms or reproductive concerns In this book you will gain new understanding about the effects on a woman s mental health that transitional life stages can cause from preadolescence through the childbearing years to menopause The suggestions in *From Menarche to Menopause* can help women resist the bombardment of negative messages and misleading information they receive about their bodies and their reproductive concerns This helpful resource can also assist you in opening new lines of communication between mothers and daughter women and men and women and other women *From Menarche to Menopause* discusses how to handle topics such as self loathing caused by media and cultural messages that affect women s acceptance of their bodies overcoming a daughter s reluctance to discuss sensitive topics of bodily maturation menstruation and emerging sexual development helping women men and couples cope with infertility assisting women in overcoming a disappointing birth experience providing therapeutic care to women and couples who experience perinatal loss addressing perimenopause in midlife women and the concerns negative attitudes and uncertainty of this transition This unique book fills the gap in feminist therapy literature with practical advice concerning the functions of women s bodies that can be used within the therapy context *From Menarche to Menopause* includes extensive references and several book reviews to further your research and provide reading and other resources you can recommend to your clients This practical resource on women s reproductive health as it relates to mental health is an important addition to the bookshelves of feminist psychologists clinical practitioners social workers and health practitioners as well as faculty and students of these disciplines **Sisterhood Is Forever** Robin Morgan, 2007-11-01 Thirty years after Robin Morgan s groundbreaking anthology *Sisterhood Is Powerful* named by The American Librarians Association one of The 100 Most Influential Books of the Twentieth Century comes this landmark new collection for the twenty first century *Sisterhood Is Forever* with over 60 original essays Morgan commissioned from well known feminist leaders plus energetic Gen X and Y activists is a composite mural of the female experience in America where we ve been where we are where we re going The stunning scope of topics ranges from reproductive health and environmental issues to workplace inequities and the economics of women s unpaid labor from globalization to the politics of aging from cyberspace violence against women and electoral politics to spirituality the law the

media and academia The deliberately audacious mix of contributors spans different generations races ethnicities and sexual preferences CEOs housewives rock stars farmers scientists prostituted women politicians women in prison firefighters disability activists artists flight attendants an army general an astronaut an anchorwoman even a pair of teens who edit a girls magazine Each article celebrates the writer s personal voice her humor passion anger and the integrity of her perspective while offering the latest data on women s status political analysis new how to tools for activism and visionary yet practical strategies for the future strategies needed now more than ever Robin Morgan s own contributions are everything her readers expect prophetic powerfully argued unsentimentally lyrical From her introduction The book you hold in your hands is a tool for the future a future also in your hands Edna Acosta Bel n Carol J Adams Margot Adler Natalie Angier Ellen Appel Bronstein Mary Baird Brenda Berkman Christine E Bose Kathy Boudin Ellen Bravo Vednita Carter Wendy Chavkin Kimberl Crenshaw Gail Dines Paula DiPerna Helen Drusine Andrea Dworkin Eve Ensler Barbara Findlen Mary Foley Patricia Friend Theresa Funciello Carol Gilligan Sara K Gould Ana Grossman The Guerrilla Girls Beverly Guy Sheftall Kathleen Hanna Laura Hershey Anita Hill Florence Howe Donna M Hughes Karla Jay Mae C Jemison Carol Jenkins Claudia J Kennedy Alice Kessler Harris Clara Sue Kidwell Frances Kissling Sandy Lerner Suzanne Braun Levine Barbara Macdonald Catharine A MacKinnon Jane Roland Martin Debra Michals Robin Morgan Jessica Neuwirth Judy Norsigian Eleanor Holmes Norton Grace Paley Emma Peters Axtell Cynthia Rich Amy Richards Cecile Richards Carolyn Sachs Marianne Schnall Pat Schroeder Patricia Silverthorn Eleanor Smeal Roslyn D Smith Gloria Steinem Mary Thom Jasmine Victoria Faye Wattleton Marie Wilson Helen Zia

Women and Leadership Jean Lau Chin, Bernice Lott, Joy Rice, Janis Sanchez-Hucles, 2008-04-15 Over the past thirty years the number of women assuming leadership roles has grown dramatically This original and important book identifies the challenges faced by women in positions of leadership and discusses the intersection between theories of leadership and feminism Examines models of feminist leadership feminist influences on leadership styles and agendas and the diversity of theoretical and ethnic perspectives of feminist leaders Addresses how diverse women lead how feminist principles contribute to leadership the influence of ethnic groups and the barriers that women face as leaders Transforms existing models of leadership by incorporating gender issues Looks to the future of feminist leadership and identifies what must be done to train and mentor the next generation of feminist leaders

Constructing Lived Experiences Claudia Bernard, 2017-11-22 This title was first published in 2001 Employing a black feminist standpoint Claudia Bernard offers an in depth study of black mothers responses to the abuse of their children and of the factors which shape their reactions and help seeking behaviour

Progressive Black Masculinities? Athena D. Mutua, 2006-11-06 In the struggle for pride and political agency the imperative to be a man has been central to the lives of black males Yet what it means to be a black man in terms of both racial and gender identity has been subject to continual debate in public and academic spheres alike *Progressive Black Masculinities* brings together leading black cultural critics including Michael Eric Dyson Mark Anthony Neal and

Patricia Hill Collins to examine an alternatively demonized and mythologized black masculinity Collectively they offer a roadmap for new progressive models of black masculinity that may chart the course for the future of black men Health Communication and Breast Cancer among Black Women Annette D. Madlock, 2016-06-23 *Health Communication and Breast Cancer among Black Women* Culture Identity Spirituality and Strength addresses how the discourse of strength constructs the identity of Black women even during times of chronic illness through the lens of Black feminist thought and womanist ideology In doing so Madlock Gatison explores how the narratives surrounding pink ribbon awareness and survivorship culture religion and spirituality and the myth of the strong Black woman impact Black female breast cancer survivors self perceptions views others had of them and their ability to express their needs and concerns including those involving their healthcare This book will be of interest to scholars of public health health communication and sociology *Communicating Intimate Health* Angela Cooke-Jackson, Valerie Rubinsky, 2021-04-14 *Communicating Intimate Health* presents an edited collection of original empirical research personal essays autoethnography critical reviews and theoretical work showcasing advances in intimate health research from the field of communication studies Intimate health includes sexual and reproductive health sexual activity sexuality gender and reproductive justice The contributors vulnerably engage subjects including parent child partner patient provider and larger societal discourse and communication about sexuality education HIV family planning purity pledges in fertility breastfeeding and Black maternal health sexting boundary setting consent border justice trauma contraception and menstruation among others Featuring both new research and vulnerable reflections on the research process *Communicating Intimate Health* showcases the potential of communication scholarship to engage intimately with intimate topics Racetalk Kristen A. Myers, 2005-08-04 Drawing on over 600 incidents of racetalk among whites blacks Latinos and Asians this book examines private racism Using a dialectical analysis this book examines the ways that everyday people help to reproduce racism through their common interactions Visit out website for sample chapters

Love's Revolution Maria P. P. Root, 2001 When the Baby Boom generation was in college the last miscegenation laws were declared unconstitutional but interracial romances retained an aura of taboo Since 1960 the number of mixed race marriages has doubled every decade Today the trend toward intermarriage continues and the growing presence of interracial couples in the media on college campuses in the shopping malls and other public places draws little notice Love's Revolution traces the social changes that account for the growth of intermarriage as well as the lingering prejudices and false beliefs that oppress racially mixed families For this book author Maria P P Root a clinical psychologist interviewed some 200 people from a wide spectrum of racial and ethnic backgrounds Speaking out about their views and experiences these partners family members and children of mixed race marriages confirm that the barriers are gradually eroding but they also testify to the heartache caused by family opposition and disapproving strangers Root traces race prejudice to the various institutions that were structured to maintain white privilege but the heart of the book is her analysis of what happens when

people of different races decide to marry Developing an analogy between families and types of businesses she shows how both positive and negative reactions to such marriages are largely a matter of shared concepts of family rather than individual feelings about race She probes into the identity issues that multiracial children confront and draws on her clinical experience to offer child rearing recommendations for multiracial families Root's Bill of Rights for Racially Mixed People is a document that at once empowers multiracial people and educates those who ominously ask What about the children Love's Revolution paints an optimistic but not idealized picture of contemporary relationships The Ten Truths about Interracial Marriage that close the book acknowledge that mixed race couples experience the same stresses as everyone else in addition to those arising from other people's prejudice or curiosity Their divorce rates are only slightly higher than those of single race couples which suggests that their success or failure at marriage is not necessarily a racial issue And that is a revolutionary idea Author note Maria P P Root Ph D is a clinical psychologist and past President of the Washington State Psychological Association

The Black Woman's Guide to Overcoming Domestic Violence Shavonne J. Moore-Lobban, Robyn L. Gobin, 2022-06-01 Black women experience domestic violence and abuse at a disproportionately high rate Grounded in cognitive behavioral therapy CBT this first of its kind book addresses the unique struggles faced by Black women who have experienced domestic violence and empowers them to understand and heal their trauma leave harmful situations and regain a sense of safety and freedom

Mental Health Care in the African-American Community Sadye Logan, Ramona Denby, Priscilla A Gibson, 2013-01-11 Over the course of an African American's lifetime mental health care needs change according to an individual's unique interactions with his or her environment Mental Health Care in the African American Community uses this perspective to provide a deeper analysis of factors and issues affecting the mental health of African Americans This comprehensive text provides a current and historical analysis of the impact of mental health research policy community and clinical practice from a life course perspective Stressing evidence based practice as an expanded way to think and talk about individualizing and translating evidence into a given practice situation this valuable book provides a social work context for all helping professions Mental Health Care in the African American Community provides the helping community with non traditional expanded ways of thinking and intervening in the mental health needs and care of African Americans Organized logically this complex subject presents data in a user friendly way that engages the reader and provides chapter summaries and suggested group classroom activities to facilitate understanding This text is extensively referenced and includes figures and tables to clearly illustrate data Topics in Mental Health Care in the African American Community include a historical overview of African Americans mental health care a conceptual and theoretical framework for African Americans mental health current issues affecting mental health intervention for African Americans mental health in group homes and foster care depression substance abuse poverty ADHD suicide mental health in elderly African Americans mental health policy rural African American mental health needs kinship care multiethnic families and children much much

more Mental Health Care in the African American Community is a valuable textbook for practitioners administrators researchers policymakers educators and students in social work psychology mental health services case management and community planning *Eating the Black Body* Carlyle Van Thompson,2006 Textbook **The Sex Education Debates** Nancy Kendall,2024-05-31 Educating children and adolescents in public schools about sex is a deeply inflammatory act in the United States Since the 1980s intense political and cultural battles have been waged between believers in abstinence until marriage and advocates for comprehensive sex education In *The Sex Education Debates* Nancy Kendall upends conventional thinking about these battles by bringing the school and community realities of sex education to life through the diverse voices of students teachers administrators and activists Drawing on ethnographic research in five states Kendall reveals important differences and surprising commonalities shared by purported antagonists in the sex education wars and she illuminates the unintended consequences these protracted battles have especially on teachers and students Showing that the lessons that most students teachers and parents take away from these battles are antithetical to the long term health of American democracy she argues for shifting the measure of sex education success away from pregnancy and sexually transmitted infection rates Instead she argues the debates should focus on a broader set of social and democratic consequences such as what students learn about themselves as sexual beings and civic actors and how sex education programming affects school community relations *Human Behavior in the Social Environment from an African-American Perspective* Letha A See,2013-02-01 *Human Behavior in the Social Environment from an African American Perspective* Second Edition is an updating of the classic text that presents leading black scholars discussing complex human behavior problems faced by African Americans in today s society This new edition provides fresh theories and the latest practical interventions not in the first edition that show for example how to enhance a client s coping strategies and resilience by focusing on their strengths rather than their weaknesses This edition includes a new foreword by former Surgeon General Dr Joycelyn Elders *Human Behavior in the Social Environment from an African American Perspective* Second Edition acquaints practitioners with the Black experience and provides the latest innovative methods of working with this diverse population This edition also offers new insights on evaluating practice initiatives Experts and scholars explore and interpret individual and group behaviors the strength and resilience of the black family the stresses and problems affecting children the significant problem of the affects of colorism the self esteem and identity issues of biracial children violence in the criminal justice system the HIV AIDS pandemic the stress and behaviors resulting from belonging to the armed services and other behavior stemming from progression through the life cycle Chapters include charts and tables of data extensive references and study questions for deeper study for students *Topics in Human Behavior in the Social Environment from an African American Perspective* Second Edition include the importance of the consideration of the black experience in analyzing black behavior behavior as a response to a hostile social system the black church s role in leading African Americans resiliency

perspective as a positive force the use of strength behaviors for socialization and survival strategies to strengthen roles of fathers in African American families military culture as a microcosm of the wider society the psychological effects of skin color on self esteem the No Child Left Behind Act of 2001 and its effects refreshing social work practice to better meet the needs of African American girls examination of a study on the help seeking behaviors of young African American males empirically based creative intervention strategies to alleviate black on black crime analysis of street gang behaviors with a program to address it influences of hip hop culture strategies to lessen substance abuse in children practices that help assist administrators and social workers to lessen school violence Human Behavior in the Social Environment from an African American Perspective Second Edition is a supplementary text that is valuable for undergraduate and graduate students human service practitioners mental health and medical counselors policymakers school officials and criminal justice personnel

Fight Like a Girl Megan Seely, 2007-01-15 A blueprint for the next generation of feminist activists Fight Like a Girl offers a fearless vision for the future of feminism By boldly detailing what is at stake for women and girls today Megan Seely outlines the necessary steps to achieve true political social and economic equity for all Reclaiming feminism for a new generation Fight Like a Girl speaks to young women who embrace feminism in substance but not necessarily in name With an eye toward what it takes to create actual change Seely offers a practical guide for how to get involved take action and wage successful events and campaigns The book is full of valuable resources for novice and committed activists alike including such features as How to Write a Press Release Guidelines to a Good Media Interview A Feminist Shopping Guide and a list of over 100 Fabulous Feminist Resources including organizations websites and events to attend Each chapter is full of ideas both big and small for ways to get involved get active and make a difference Exploring such issues as body image and self acceptance education and empowerment health and sexuality political representation economic justice and violence against women Fight Like a Girl looks at the challenges that women and girls face while emphasizing the strength that they independently and collectively embody Seely delves into the politics of the feminist movement exploring both women s history and current day realities with easy to follow lists and timelines like those on Women Who Made a Difference Chronology of the U S Women s Movement and Do s and Don ts for Young Feminists A Third Wave manifesto as well as an introduction to feminism for a new generation Fight Like A Girl is a powerful blueprint for young women today Women Who Love Sex Gina Ogden, 2007-09-11 Wonderful sex does more than melt both body and soul it brings power energy and deep satisfaction to all aspects of our lives In this unique book women who consider themselves highly sexually responsive talk in intimate detail about what gives them the greatest pleasure They redefine sex based on how women really experience sexual pleasure confirming what every woman knows instinctively while creating a new language that every woman will understand Based on extensive one on one interviews conducted by Dr Ogden with hundreds of women this thought provoking wise and unprecedented book transforms how we view sex by giving us new ways to think about sexual pleasure

To learn more about the author Gina Ogden go to www.ginaogden.com **Ebony** ,2001-07 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine

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Table of Contents Stolen Women Reclaiming Our Sexuality Taking Back Our Lives

1. Understanding the eBook Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - The Rise of Digital Reading Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Advantages of eBooks Over Traditional Books
2. Identifying Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - User-Friendly Interface
4. Exploring eBook Recommendations from Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Personalized Recommendations
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives User Reviews and Ratings
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives and Bestseller Lists
5. Accessing Stolen Women Reclaiming Our Sexuality Taking Back Our Lives Free and Paid eBooks

- Stolen Women Reclaiming Our Sexuality Taking Back Our Lives Public Domain eBooks
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives eBook Subscription Services
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives Budget-Friendly Options
6. Navigating Stolen Women Reclaiming Our Sexuality Taking Back Our Lives eBook Formats
- ePub, PDF, MOBI, and More
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives Compatibility with Devices
 - Stolen Women Reclaiming Our Sexuality Taking Back Our Lives Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Highlighting and Note-Taking Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Interactive Elements Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
8. Staying Engaged with Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
9. Balancing eBooks and Physical Books Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
- Setting Reading Goals Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
- Fact-Checking eBook Content of Stolen Women Reclaiming Our Sexuality Taking Back Our Lives
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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