

# Soul Connection

Memoir of  
A Birthmother's Healing Journey



by Ann H. Hughes

# Soul Connection Memoir Of A Birthmothers Healing Journey

**Marie Dion**



## **Soul Connection Memoir Of A Birthmothers Healing Journey:**

*Soul Connection* Ann H. Hughes, 1999 *Soul Connection* is about healing through expanded awareness and about using spiritual alignment to create miracles In 1966 a young unmarried woman must surrender her baby for adoption Afterwards she stumbles along a healing path that transforms her understanding of Life She puts this new knowledge to the test in 1989 when she undertakes a search for her birthdaughter using spiritual process An inspiring memoir of inner and outer discovery Back cover *American Book Publishing Record* ,2000 *Time/Sand Memoirs: Healing of My Fractured Soul* Celeste Newhome, 2021-08-05 Celeste Newhome began her incredible spiritual journey as a young child when the voice of spirit spoke to her directly stating she should work with others In *Time Sand Memoirs Healing of My Fractured Soul* she offers an engaging account of her life describing the spiritual journey of a girl a woman a seeker and a seer of knowledge Her story winds through the passages of an abusive childhood and adult life with extensive health challenges As she ventures forward the pathway reveals itself through the countless guidance and love shown by others She moves into the realm of spirituality and finds definition to who she is by recognizing her psychic gifts and tearing down the wall block by block of her old self Weaving poetry and prose *Time Sand Memoirs Healing of My Fractured Soul* presents a compilation of Newhome's struggle abuse illness family marriage relationships hope love spirituality and resilience It shares an unfolding of life in her earliest years and continuing into the present a journey of a woman who shifts from survivor to a liver of life as the journey unfolds

*New Books on Women and Feminism* ,2000 ***Everton's Genealogical Helper*** ,2001 *Following the Tambourine Man* Janet Mason Ellerby, 2007-09-24 Set during the sexual revolution of the sixties this moving work recalls the decade's prodigious effect on a generation of Americans that came of age during that transformative time of changing mores Janet Mason Ellerby follows the crooked path she took from a protected and privileged childhood and early adolescence to her unplanned pregnancy and banishment and to her daughter's birth and adoption She then delves into the complex journey embarked on over the next thirty five years haunted by her first child's memory and attempting to compensate for her loss Ellerby crafts an autoethnography relating and reflecting upon the changes in middle class American attitudes that informed the conservative suburbs of the fifties through the political revolution of the sixties seventies and into today In so doing she provides a personal commentary on the shifts in adoption culture and describes the overlooked heartbreak that many birthmothers endure ***The Lost Coin*** Stephen Rowley, 2023-09-18 In *The Lost Coin* Stephen Rowley shares his lifelong journey searching for his birth parents seeking his true identity and discovering his soul's calling We join him when as a boy growing up in Iowa he visits Chicago for the first time and is shocked by blatant racial segregation and sprawling urban poverty We see Stephen as a young athlete sustaining a life changing injury then becoming radicalized at the University of Wisconsin entering the field of education at Stanford and becoming a visionary school administrator before being fired by a vindictive Silicon Valley school board He plays golf with a Tibetan lama and experiences transcendence in a vivid dream

ultimately becoming a psychotherapist in his sixties We witness the heart rending scene when he and his wife adopt their own son and we join him for a poignant reunion with his birth mother who it turns out had desperately hoped he might appear in her life after she d given him up for adoption As we accompany Stephen Rowley on this adventurous and reflective journey we come to understand more deeply the trauma engendered when separating mother from child and the unspoken restlessness and yearning for connection many adoptees feel It is my hope he writes that we all may discover the unique capacity within us to heal and even thrive not in spite of the wounds we carry but because of them

**Where Two Worlds Touch** River Faire,2023-12-04 2024 IBPA Benjamin Franklin Award winner Independent Book Publishers Association award of excellence Editor s Pick BookLife Reviews by Publishers Weekly Indie Books We Love selection LoveReading The UK s Leading Book Recommendation Website After the fairy tale of Happily Ever After ends in heartbreak what then From award winning author River Faire comes an inspiring account of second chances healing inexplicable magic and following the soul s compass River an alternative healer and Paris trained chef a decidedly reluctant mystic returns to England from America to help his ex partner back from the brink of death Stepping into a London life he left behind haunted by ghosts he finds himself on an unanticipated journey of the heart When the two men relocate to the English countryside he discovers more than a charming pastoral landscape he unexpectedly glimpses the fabric of life itself With disarming honesty and a searching lyrical voice Where Two Worlds Touch is a transcendent narrative about navigating the intricacies of the human heart no matter whom we love An invitation to say yes to uncertainty and vulnerability to trust the unknowable mystery while seeking the place we belong and what is uniquely ours to bring A genre defying memoir one part love story one part celebration of the table one part ode to nature and one part soul guide woven as an indelible offering that lingers long past the final page

**Subject Guide to Books in Print** ,1975

**Midwife of the Soul** Shira Friedman,2025-07 There is something deeply powerful about sharing inspirational stories of personal transformation In this autobiographical teaching memoir the reader is given a guided tour into the mind heart and soul of a Highly Sensitive Person HSP Beginning with a collection of touching childhood vignettes traumatic life experiences and prophetic dreams the author reveals her personal healing journey of self discovery her goal to become a midwife of the soul and her ultimate mission to inspire readers to discover what is possible in their own lives Each vignette is followed by a prescriptive narrative or reflection intended to teach the reader how to recognize traumatic experiences as a gateway to spiritual awakening Just as a midwife identifies the signs of impending birth and guides the mother to a safe delivery a midwife of the soul identifies the signs and symptoms of spiritual birth hidden within life s most difficult challenges This teaching memoir will encourage the reader to acknowledge their own inner divinity as the highest priority and purpose in life recognize the soul s cry to be spiritually birthed and nurtured and to develop the qualities needed to become a midwife of their own sacred soul

**Adventures with Spirit** Sue Ostapowich,2012-05 This book tells the true story of how Spirit moved into my life provided me with emotional healing and began answering my life

long questions about purpose and meaning in life You may find this book helpful if you have undergone emotional trauma abandonment or feel hopeless and discouraged about your situation I found Spirit led me to find healing in places I would never have thought to look You too may have such a miraculous experience I invite you to take a look at my journey of healing perhaps you will be inspired to push forward on your own journey And please accept the gift of Hope This is Sue Ostapowich s first in a series of three books which tell of her encounters with Spirit This book The Healing Journey gives vivid details of how Spirit made its first connections with her offering her and others a new way of relating to the world in which we live Growing up in rural Manitoba she spent many hours alone in nature and gained an appreciation for the natural environment Her professional career as a psychiatric nurse focused on the support care and protection of those affected with severe disabilities In retirement she became educated on the scientific aspects of the environment and has answered a spirit call to service She is an avid cyclist and continues to treasure time spent alone listening to nature To learn more about Sue her pursuits and interests visit <http://www.sueostapowich.org>      Rosa's Choice: A Journey to the World of the Spirit Baby and how We Can Build a New Earth, Together Debra Kilby, 2021-05-20 Rosa s Choice Healing the Wounds of the Mother offers a fascinating behind the scenes peek into life before life It reveals the choices made by spirit babies why they choose not to come just yet why they choose not to stay And why your journey to motherhood is part of your soul healing journey The book also reveals how there is a wave of new souls here and waiting to arrive who together with their parents and life guides are playing a much bigger role in building a New Earth This book is therefore not only for women on their journey to motherhood but for all those whose role it is to support them their babies and Mother Earth herself It brings the spiritual and practical together with messages from the spirit baby realm and Divine Masters on the energy of creation and the imbalance between the feminine and masculine It also examines very practically the various thought patterns and beliefs that affect the way we see feel and experience life including the journey to motherhood and how to transform them It is essentially three books in one with each part awakening and opening you up ever deeper into the truth and magnificence of who you are and the role you re here to play In my eyes Rosa is my baby soul in spirit who I said a heart breaking hello and goodbye to on 5th December 2010 in a life changing moment of choice I had no idea at the time in my sense of unworthiness victimhood and grief that she was so much more than that that I was so much more than that That life before whilst here and after is so much more than that Our story I hope will open your hearts and minds to the full glory of this life on earth and beyond and what it means for each and every one of us on an individual collective and spiritual level Saying a heartbreaking hello and goodbye to my daughter Rosa before twenty weeks of pregnancy had passed has been the greatest challenge and the greatest gift I have ever received Biography Debra Kilby is a spirit baby medium conscious conception specialist channel healer and spiritual guide Debra supports women on their journey to motherhood whether they are struggling to conceive have experienced baby loss or a traumatic birth Debra s own challenging journey to motherhood through birth trauma three

miscarriages and a medical termination catapulted her into her spiritual awakening and discovering her life purpose Her Soul s contract is to bring women their babies and future babies together To heal the deep wounds of the Mother and the Divine Feminine within this lifetime and others Through deep loving inner exploration Debra guides women to transform their perception and understanding of themselves and their journey to move from a place of questioning and pain to one of freedom self awareness belief and empowerment To knowing themselves as loving and powerful creators of life with the ability to hold and birth the energy of new life Debra works alongside spirit babies to help their mums see themselves as they see them love

**Be Feel Think Do** Anne Berube, Ph.D.,2017-05-09 A modern day shaman reflects on her paradigm shifting near death experience offering inspirational advice on how to live fully richly and authentically At the age of twenty three modern day shaman and inspirational speaker Anne B rub s life was interrupted by a near fatal car accident and mystical experience Trapped in the car unable to breathe she had a vision that forever realigned her life s trajectory The following years were marked by chronic pain emotional turmoil and malaise through which her journey of introspection and personal transformation would eventually lead to profound insights around self healing inner peace and soul realization In her inspirational memoir B rub explores her journey of learning how to prioritize being and feeling in order to experience life richly fully and true to her soul s calling B rub opens her heart and her mind to the universe s wisdom providing guidance and comfort to those who feel at the precipice of change and awakening

**Awaken To Your Soul** Mary Anderson Lcsw,2009-05 One May morning several years ago Dr Mary Anderson was visited by an angelic being and a spirit guide who called her to her life s work as a mystic In her captivating spiritual memoir Dr Anderson shares the details of her personal healing journey following her awakening that beautiful spring morning Her world was forever changed in the instant when her vision and hearing expanded to the other side As a seasoned intuitive and psychotherapist she has helped hundreds of clients on their own journeys to remembering their true selves and offers a high level of clarity and wisdom to guide others in their own healing process She explains new theories using personal anecdotes detailed explanations questions and exercises in order to promote healing and to clarify the rich poignant messages from Spirit Included is a map of the chakra system to facilitate a step by step progression into discovering the true essence of a soul Awaken To Your Soul invites all individuals on a journey through life to seek the signs from Spirit and determine an authentic path that will ultimately bring happiness healing and peace

*Tapestry* Aireal Seas,2015-07-07 *Tapestry* The Child Within is a collection of experiences stories and lessons as seen through the eyes of the woman who holds this memory of her childhood inside Therefore this is not a chronological order of events but more the woman finding ways to embrace wholeness inside her changing world and path to wellness Who we are and what we become is not about what is done to us but more about how we use our life experiences and focus to see our own hearts Perceptions can teach us there are different sides to the same picture we hold in our minds eye To change our world we need but change how we perceive our world As we keep in mind that no matter how sincere a

perception is that perception can be sincerely wrong As we stretch our understanding without lingering or getting attached to the fears within us we can become whole and well as a new innocence and strength takes root within our souls light Tucked in these pages as if this book was a box of puzzle pieces you will find many thoughts memories parts of a story and pieces of truths that sometimes seem like they have no connection But much like clothes hung on a clothesline or birds sitting on a wire there is one constant connection That connection is how to be well and how to heal from within You will find pieces and parts that may touch your heart May you also find the connection within your own memories childhood heart and soul come together on your own path to defining what healing and being well means to you As you face your own truths in the light of the sacredness of life I hope you will be well When in doubt I trust you may step back and see the bigger picture and just how amazing and wonderful you and your story are

*Me, My Mother, My Life* Ayomide Adeniola, 2012

*Me My Mother My life* is a poetic journey through the trials of a young woman who longed to break free of the burden of an oppressive family legacy Beautifully narrated the author unblinkingly examines her life experiences telling her story in a way that only one who has deeply experienced life love and God could portray Born in London to Nigerian parents Ayomide spent her childhood and young adulthood in the country of her parent s origin where life for this young British girl was to be grabbed by both hands with spirit good humour and great resolve When she returned to England her faith in God led her on an odyssey to heal the generational issues with which she had long been faced Beyond its value as a beautifully constructed and gripping memoir this book leads the readers into their own private journey of reflection on their personal relationships containing the wisdom of emotional and spiritual healing as well as personal growth Not for the faint hearted *Me My Mother My Life* will deepen your understanding of life love and the value of forgiveness A well written personal tale of a woman s trials of the spirit and her passage to healing Kirkus Adeniola writes well and is a sensitive observer the trajectory of her life from her student days in Nigeria to her professional life in England is genuinely interesting Her writing is informed by her Christian faith but not in a way that puts off more secular readers

BlueInk Culture clash meets generation gap in this memoir by Ayomide Adeniola Adeniola s memoir remains compelling because of the strong family bond that comes through no matter how contentious the conversation With *Me My Mother My Life* Adeniola uncovers the basic truth of many family arguments we wouldn t fight so much if we didn t care so deeply

ForeWord Clarion *Journey of a Red Soul* Marie Dion, 2017-11-06

What Spirit has revealed to me through personal past life experiences and shared stories creates a broad picture of how we return to life again and again to experience the world from different perspectives We have the chance either to heal and grow or to fail to learn and inflict harm on others Which of these scenarios occurs depends on the choices we make and the consequences manifest in this life and our lives to come To know yourself is to know your connection with the divine and your purpose This can only become clear when you mature and grow physically mentally and spiritually Once you are ready synchronicities happen in your life that you cannot explain but they serve as validation that you are moving in the right

direction and that you are fulfilling your purpose These events not only validate your path forward but also make the path easier for you Because a soul s evolution is both a personal and interconnected experience there is no avoiding a challenge either personally or on a global and societal scale in life For an individual soul to grow or for all of our souls to grow as a collective people we have to go through the dark times and challenges and make it to the other side to develop clarity and healing This is not an easy task It takes a lot of courage and faith both of which are lacking in the society we live in now However this does not mean things are hopeless for all people A lot of the things we are dealing with in our world now are a reflection of the collective and are happening so that we will once again find our faith We will once again find connection to the unseen world Our country needs to heal its past with the First People for us all to prosper This book is a courageous step in that process Jayne Gabrielle Psychic Counselor and Reiki Master Healer      **Soul and Shadow** Kathy Jones,2017-07

**Soul Freedom** Shelby Miles,2011-10-03 Have you ever felt like a prisoner in your own Mind Body or Spirit Have you felt like there was something more in the deep recesses of your soul but you couldn t access it This is a personal story depicting actual events about how one woman came through the most difficult of adversities facing her own inner demons She embarked on a 48 day journey of forgiveness hoping that her life of bondage would finally be set free Little did she know she would get swept in by a psychic vampire that would make her journey even more difficult She was unaware that journaling her experience would create so much controversy At the darkest of her hours she knew the truth of her story would set her free However the outside world wasn t so sure Join Shelby in the beginning stages of her Dark Night of the Soul as she struggles to figure out the meaning of love and trust but most importantly the meaning of pure self discovery      **Mothers Circle** Romina Cavagnola,Fiona Louise,Erena Oliver,Dania Foster,Sunita Pamamull,2021-11-24 A mothers circle is an intimate gathering where women find compassion validation and acceptance through sharing their stories and experiences with other mothers who can truly offer understanding and support These days mothers have all but lost the networks that were organically put in place in early cultures They say it takes a village to raise a child and this was certain It also takes a village to initiate and support a woman into motherhood but not all mothers have access to a village The mothers in this book all found themselves seeking support that was simply not there at least not in the form of a sisterhood a circle that would hear them and hold them as they moved through the challenges and joys of motherhood They share their personal motherhood stories to gift hope healing empowerment and inspiration to other mothers who do not have a circle to hold them This foundational volume of Mothers Circle sets the stage for a movement to empower mothers through the most natural mode of connection stories As we share our struggles and our triumphs mother to mother we bring ourselves together and call in others who need the sisterhood of aligned souls walking beside them on their motherhood journeys Mamas this is the birth of YOUR sacred village



The book delves into Soul Connection Memoir Of A Birthmothers Healing Journey. Soul Connection Memoir Of A Birthmothers Healing Journey is an essential topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Soul Connection Memoir Of A Birthmothers Healing Journey, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
    - Chapter 1: Introduction to Soul Connection Memoir Of A Birthmothers Healing Journey
    - Chapter 2: Essential Elements of Soul Connection Memoir Of A Birthmothers Healing Journey
    - Chapter 3: Soul Connection Memoir Of A Birthmothers Healing Journey in Everyday Life
    - Chapter 4: Soul Connection Memoir Of A Birthmothers Healing Journey in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, the author will provide an overview of Soul Connection Memoir Of A Birthmothers Healing Journey. This chapter will explore what Soul Connection Memoir Of A Birthmothers Healing Journey is, why Soul Connection Memoir Of A Birthmothers Healing Journey is vital, and how to effectively learn about Soul Connection Memoir Of A Birthmothers Healing Journey.
  3. In chapter 2, the author will delve into the foundational concepts of Soul Connection Memoir Of A Birthmothers Healing Journey. The second chapter will elucidate the essential principles that need to be understood to grasp Soul Connection Memoir Of A Birthmothers Healing Journey in its entirety.
  4. In chapter 3, the author will examine the practical applications of Soul Connection Memoir Of A Birthmothers Healing Journey in daily life. This chapter will showcase real-world examples of how Soul Connection Memoir Of A Birthmothers Healing Journey can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Soul Connection Memoir Of A Birthmothers Healing Journey in specific contexts. This chapter will explore how Soul Connection Memoir Of A Birthmothers Healing Journey is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, the author will draw a conclusion about Soul Connection Memoir Of A Birthmothers Healing Journey. This chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Soul Connection Memoir Of A Birthmothers Healing Journey.

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### **Soul Connection Memoir Of A Birthmothers Healing Journey Introduction**

In this digital age, the convenience of accessing information at our fingertips has become a necessity. Whether its research papers, eBooks, or user manuals, PDF files have become the preferred format for sharing and reading documents. However,

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