

The background image shows a young Black female healthcare professional with glasses and a white lab coat, leaning over to talk to an elderly white female patient. The patient is also wearing glasses and a white top. They are looking at a document together. On the right side, there is a circular inset showing a smiling woman with long dark hair, wearing a grey blazer over a teal top, sitting on a couch. The entire graphic is overlaid with colorful geometric shapes: a yellow rectangle for 'TOP 5', a purple and green rectangle for 'SLEEP DISORDERS', and a yellow rectangle for 'IN CLINICAL PRACTICE'.

TOP 5

SLEEP DISORDERS

**IN CLINICAL
PRACTICE**

Sleep Research And Clinical Practice

Yan Bai



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