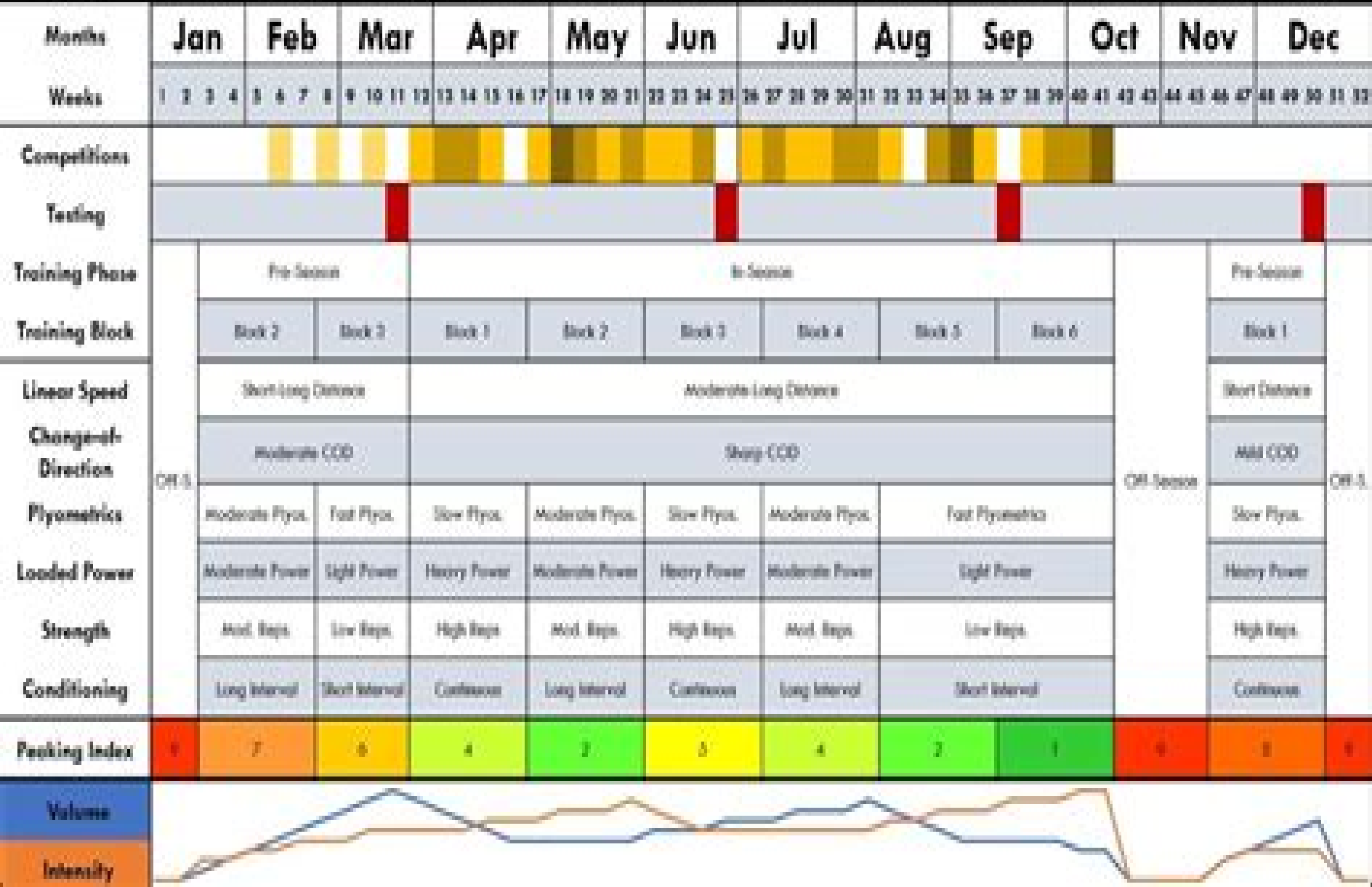


# SOCCER STRENGTH & CONDITIONING



# The Complete Guide To Soccer Conditioning

**Yi-Tong Ma**



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