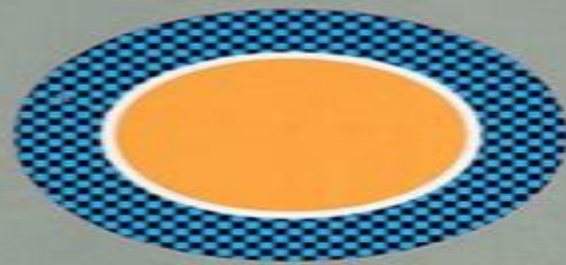
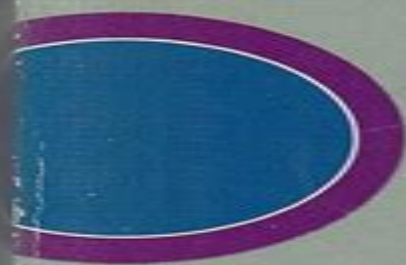


The Power Of Your Plate

*Eating well for better health -
17 experts tell you how!*



**A Plan for Better Living -
By Neal D. Barnard, M.D.**

The Power Of Your Plate Eating Well For Better Health 17 Experts Tell You How

William Shurtleff; Akiko Aoyagi



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