

Protect people from tobacco smoke

KEY MESSAGES

- The number of countries in the WHO European Region in which all public places are completely smoke-free (or at least 90% of the population is covered by subnational smoke-free legislation) increased from four in 2007 to 18 in 2022 (7). Still, two thirds of countries in the Region have more lenient laws that do not adequately protect people from the dangers of second-hand smoke (Fig. 1.).
- Prohibition of smoking, which provides protection from exposure to secondhand smoke, remains insufficient in government facilities, indoor offices, restaurants, pubs and bars and on public transport. Despite evidence that designated smoking rooms (DSR) do not fully protect people in indoor public areas, 12 countries continue to allow them in many venues, especially in the hospitality sector (Fig. 2).
- European countries are increasingly extending smoke-free laws to other public venues. Cultural facilities, such as theatres and cinemas, are the best covered (34 countries), followed by shops (3) countries) and indoor waiting areas for public transport (e.g. train and metro stations 1(30 countries). While most countries now prohibit smoking on aircraft, only 19 have adopted 100% smoking bans in airports, with no DSR. Thus, 34 countries in the Region do not fully protect airport staff and passengers from second-hand smoke. In recognition of the harm of second-hand smoke for children, half of the countries in the Region ban smoking in children's outdoor areas such as playgrounds, and M countries have made smoking in cars with passengers under the age of 18 years illegal (Fig. 3)

Fig. 1. Percentages of countries with bons on smoking in public places in the Wind European Region, 2022

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Fig. 3. Indoor and outdoor smoke-free venues in the WHO European Region, 2022

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Smokefree Guide How To Eliminate Tobacco Smoke From Your Environment

Jessica J Manson

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