

A black and white illustration featuring a wolf in the center, wearing large headphones. The wolf has a calm expression and is surrounded by several sheep. The background shows a field with rolling hills under a cloudy sky. Overlaid on the image is bold, yellow, 3D-style text.

**COUNTING SHEEP?
INSURANCE LIES
WAKE UP!**

Stop Counting Sheep

**Berit Brogaard, PhD, Kristian Marlow,
MA**



Stop Counting Sheep:

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