

THE SNOWBIRD DIET

**12 Days to a Slender
Future—and a Lifetime
of Gourmet Dining!**

**"I don't know of any other
diet book that combines sound
advice with great food."**

**—Paula Wolfert, national
cooking teacher and author of
The Cooking of Southwest France**



**Donald S. Robertson, M.D., M.Sc.,
and Carol P. Robertson**

Snowbird Diet

Lei Shi



Snowbird Diet:

Ignite the flame of optimism with Get Inspired by is motivational masterpiece, **Snowbird Diet** . In a downloadable PDF format (*), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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