

**STILL THE BEST
QUICK WEIGHT LOSS DIET BOOK!**

*******REVISED AND UPDATED*******

THE MILLION-COPY BESTSELLER

STOP DIETING! START LOSING! BY RUTH WEST

**THE FAMOUS REDUCING PLAN
THAT HELPS YOU LOSE SIX POUNDS
IN TWO DAYS, WITHOUT SACRIFICING
THE FOOD YOU LOVE.**

Stop Dieting Start Losing

RJ Alexander



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