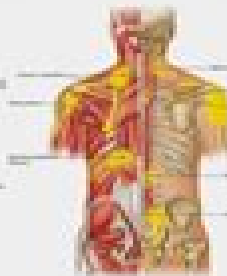


TRIGGER POINTS: HEAD, NECK & TRUNK

Trigger point is a small area of hyperirritable spot that is found in skeletal muscle. It may be associated with a palpable nodule in the muscle tissue.

Symbol	Location
●	Myofascial trigger point (muscle knot)
●	Myofascial trigger point (muscle knot)
●	Myofascial trigger point (muscle knot)
●	Myofascial trigger point (muscle knot)
●	Myofascial trigger point (muscle knot)
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