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COOKBOOK AND COMPANION GUIDE

Based on the diet principles found in
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ELLEN C. BRENNAN and THEODORE M. BRENNAN
of world-famous

BRENNAN'S RESTAURANT IN NEW ORLEANS
and co-authors of the best-selling cookbook
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Ellen C. Brennan was the author of the Foreword,
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Sugar Bust For Lifewith The Brennans Part Ii Cookbook And Companion Guide

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