

The Doctor's Book of Vitamin Therapy: Megavitamins for Health

Rosenburg, Harold; Feldzamen, A.N.

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The Doctors Of Vitamin Therapy Megavitamins For Health

Ralph K. Campbell, Andrew W Saul



The Doctors Of Vitamin Therapy Megavitamins For Health:

The Book of Vitamin Therapy Harold Rosenberg,1980 **The Best of Health** Sheldon Zerden,2004 The Best of Health is a compilation and condensation of the best and most important health and nutrition books of the last 50 years It shows the evolution of views on holistic health practices It presents a balanced view of the natural health phenomenon including diet exercise vitamins and minerals specific diseases and the mind body connection Its format of short synopses acts as a guide to the many books on nutrition available This saves the consumer time and money they read the condensations in The Best of Health and use them to evaluate which approaches they wish to study in more depth

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